



 PONANT

# SUMMER 2023

*March • November cruises*

ARCTIC & AMERICAN FAR NORTH • NORTHERN EUROPE & ATLANTIC  
MEDITERRANEAN • ASIA, OCEANIA & POLYNESIA





## Humanist travellers

Whether it is curiosity, a personal quest, or perhaps a deep need to see somewhere new - whatever the reason for travelling a stone's throw from home or taking part in distant epic travel to explore the unknown or to return to a place you love, travelling is always an exquisite experience. From the excitement of departure to the memories that stay forever, from the adrenaline of the first step taken on another continent in discovery of different cultures, it reminds us of the importance to be enriched with new knowledge, being touched by universality and grace.

This is what motivates us as a cruise company, a leader of polar and tropical expeditions, explorers at heart - to offer you getaways that open the doors to new worlds. Worlds that are polar, underwater and filled with knowledge. This season, escape to the wild region of Kimberley - on the cover of this brochure, to the Arctic, the most beautiful ports of the Mediterranean or the idyllic islands of Polynesia.

Our teams have created original itineraries that will enchant and surprise you. The opportunity to discover new places in Malta or Italy, to embark on a crossing of the Atlantic in Napoleon's footsteps on St. Helena, or to marvel at unknown and unusual Japanese landscapes on three expedition cruises that are world firsts.

On board our ships as well as on land, you will be accompanied by our partners, experts, guides, lecturers, or invited guests who love to share what they are passionate about. During *Le Commandant Charcot* cruises, you will be accompanied by scientists and will be able to participate in certain experiences that support the PONANT Science Project for Knowledge together with other travellers.

See you on board soon,

*Hervé Gastinel*

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# Explore the world with PONANT



**Get a real feel:** experience our destinations as if you were actually there!

Aim the QR code scanner of your smartphone at this pictogram (most are compatible) or go to: [en.ponant.com/immersion-360](https://en.ponant.com/immersion-360).



Geographic North Pole



# Itinerary calendar

	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA		PAGE
MAR.	24th March 2023	<i>Le Soléal</i>	Keelung • Osaka	7	SO240323	ASIA	NEW	134
APRIL	1st April 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	14	PG010423	POLYNESIA		137
	4th April 2023	<i>Le Dumont-d'Urville</i>	Las Palmas • Las Palmas	9	EU040423	ATLANTIC		85
	10th April 2023	<i>L'Austral</i>	Lisbon • Bordeaux	9	AU100423	ATLANTIC	WINE & GASTRONOMY	84
	11th April 2023	<i>Le Soléal</i>	Otaru • Himeji	11	SO110423	ASIA	NEW	133
	11th April 2023	<i>Le Bellot</i>	Ponta Delgada • Ponta Delgada	7	EE110423	ATLANTIC		86
	15th April 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	11	PG150423	POLYNESIA		135
	15th April 2023	<i>Le Champlain</i>	Aqaba • Valletta	10	EC150423	MEDITERRANEAN		116
	18th April 2023	<i>Le Lyréal</i>	Las Palmas • Málaga	8	LY180423	ATLANTIC		85
	18th April 2023	<i>Le Lyréal</i>	Las Palmas • Valletta	29		GRAND VOYAGE		147
	18th April 2023	<i>Le Bellot</i>	Ponta Delgada • Lisbon	7	EE180423	ATLANTIC		86
	20th April 2023	<i>Le Dumont-d'Urville</i>	Casablanca • Lisbon	7	EU200423	MEDITERRANEAN		119
	24th April 2023	<i>Le Lapérouse</i>	Broome • Darwin	10	ER240423	AUSTRALIA		132
	26th April 2023	<i>Le Lyréal</i>	Málaga • Nice	8	LY260423	MEDITERRANEAN		102
	26th April 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	10	PG260423	POLYNESIA		136
	26th April 2023	<i>Le Jacques-Cartier</i>	Athens • Valletta	9	EX260423	MEDITERRANEAN		114
	27th April 2023	<i>L'Austral</i>	Dublin • Glasgow	7	AU270423	NORTH EUROPE	MUSIC	83
	27th April 2023	<i>Le Bougainville</i>	Athens • Valletta	7	EG270423	MEDITERRANEAN		112
	MAY	1st May 2023	<i>Le Commandant Charcot</i>	Brest • Reykjavik	4	CC010523	OCEAN VOYAGE	
3rd May 2023		<i>Le Bellot</i>	London • Fairlie	8	EE030523	NORTH EUROPE		83
4th May 2023		<i>L'Austral</i>	Glasgow • Longyearbyen	13	AU040523	ARCTIC		81
4th May 2023		<i>Le Lyréal</i>	Nice • Civitavecchia	6	LY040523	MEDITERRANEAN		104
4th May 2023		<i>Le Bougainville</i>	Valletta • Valletta	7	EG040523	MEDITERRANEAN		118
4th May 2023		<i>Le Lapérouse</i>	Darwin • Broome	10	ER040523	AUSTRALIA		132
5th May 2023		<i>Le Commandant Charcot</i>	Reykjavik • Reykjavik	10	CC050523	ARCTIC		66
5th May 2023		<i>Le Dumont-d'Urville</i>	London • Glasgow	8	EU050523	NORTH EUROPE		88
6th May 2023		<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG060523	POLYNESIA		136
8th May 2023		<i>Le Boréal</i>	Honfleur • Bergen	11	BO080523	NORTH EUROPE	MUSIC	80
8th May 2023		<i>Le Boréal</i>	Honfleur • Longyearbyen	29		GRAND VOYAGE		148
10th May 2023		<i>Le Lyréal</i>	Civitavecchia • Valletta	7	LY100523	MEDITERRANEAN		107
10th May 2023		<i>Le Champlain</i>	Valletta • Lisbon	11	EC100523	MEDITERRANEAN		103
11th May 2023	<i>Le Bellot</i>	Fairlie • Honfleur	8	EE110523	ATLANTIC		83	
13th May 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG130523	POLYNESIA		136	

\*This reference number allows you to easily find the cruise on our website [www.ponant.com](http://www.ponant.com).





## POLAR EXPEDITION



## TROPICAL EXPEDITION

	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
MAY	15th May 2023	<i>Le Soléal</i>	Osaka • Fukuoka	7	SO150523	ASIA	<b>  NEW  </b> 134
	15th May 2023	<i>Le Commandant Charcot</i>	Reykjavik • Reykjavik	10	CC150523	ARCTIC	66
	17th May 2023	<i>L'Austral</i>	Longyearbyen • Longyearbyen	7	AU170523	ARCTIC	55
	17th May 2023	<i>Le Lyréal</i>	Valletta • Nice	7	LY170523	MEDITERRANEAN	106
	17th May 2023	<i>Le Jacques-Cartier</i>	Valletta • Nice	7	EX170523	MEDITERRANEAN	106
	19th May 2023	<i>Le Boréal</i>	Bergen • Longyearbyen	11	BO190523	NORTH EUROPE	81
	20th May 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	11	PG200523	POLYNESIA	135
	24th May 2023	<i>L'Austral</i>	Longyearbyen • Longyearbyen	7	AU240523	ARCTIC	55
	24th May 2023	<i>Le Lapérouse</i>	Darwin • Broome	10	ER240523	AUSTRALIA	132
	25th May 2023	<i>Le Commandant Charcot</i>	Reykjavik • Reykjavik	14	CC250523	ARCTIC	66
	29th May 2023	<i>Le Lyréal</i>	Nice • Venice	10	LY290523	MEDITERRANEAN	107
	29th May 2023	<i>Le Champlain</i>	London • Stockholm	11	EC290523	NORTH EUROPE	82
	30th May 2023	<i>Le Boréal</i>	Longyearbyen • Longyearbyen	7	BO300523	ARCTIC	55
	31st May 2023	<i>L'Austral</i>	Longyearbyen • Longyearbyen	7	AU310523	ARCTIC	55
31st May 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	10	PG310523	POLYNESIA	136	
JUNE	1st June 2023	<i>Le Bougainville</i>	Valletta • Athens	7	EG010623	MEDITERRANEAN	112
	3rd June 2023	<i>Le Lapérouse</i>	Broome • Darwin	10	ER030623	AUSTRALIA	132
	4th June 2023	<i>Le Bellot</i>	Reykjavik • Reykjavik	7	EE040623	ARCTIC	54
	6th June 2023	<i>Le Boréal</i>	Longyearbyen • Longyearbyen	7	BO060623	ARCTIC	55
	6th June 2023	<i>Le Soléal</i>	Kobe • Darwin	13	SO060623	OCEAN VOYAGE	149
	7th June 2023	<i>L'Austral</i>	Longyearbyen • Longyearbyen	7	AU070623	ARCTIC	55
	7th June 2023	<i>Le Jacques-Cartier</i>	Venice • Venice	7	EX070623	MEDITERRANEAN	110
	8th June 2023	<i>Le Lyréal</i>	Venice • Venice	7	LY080623	MEDITERRANEAN	110
	8th June 2023	<i>Le Commandant Charcot</i>	Reykjavik • Reykjavik	14	CC080623	ARCTIC	66
	8th June 2023	<i>Le Bougainville</i>	Athens • Athens	7	EG080623	MEDITERRANEAN	113
	10th June 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG100623	POLYNESIA	136
	11th June 2023	<i>Le Bellot</i>	Reykjavik • Reykjavik	7	EE110623	ARCTIC	54
	13th June 2023	<i>Le Boréal</i>	Longyearbyen • Longyearbyen	7	BO130623	ARCTIC	55
	13th June 2023	<i>Le Lapérouse</i>	Darwin • Broome	10	ER130623	AUSTRALIA	132
	14th June 2023	<i>L'Austral</i>	Longyearbyen • Longyearbyen	7	AU140623	ARCTIC	55
14th June 2023	<i>Le Jacques-Cartier</i>	Venice • Venice	7	EX140623	MEDITERRANEAN	110	
15th June 2023	<i>Le Lyréal</i>	Venice • Venice	7	LY150623	MEDITERRANEAN	110	
15th June 2023	<i>Le Bougainville</i>	Athens • Athens	7	EG150623	MEDITERRANEAN	113	

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	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
JUNE	17th June 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG170623	POLYNESIA	136
	17th June 2023	<i>Le Dumont-d'Urville</i>	Bergen • Glasgow	7	EU170623	NORTH EUROPE	88
	19th June 2023	<i>Le Soléal</i>	Darwin • Broome	10	SO190623	AUSTRALIA	132
	21st June 2023	<i>L'Austral</i>	Longyearbyen • Longyearbyen	7	AU210623	ARCTIC	55
	21st June 2023	<i>L'Austral</i>	Longyearbyen • Kangerlussuaq	34		GRAND VOYAGE	146
	21st June 2023	<i>Le Jacques-Cartier</i>	Venice • Venice	7	EX210623	MEDITERRANEAN	110
	22nd June 2023	<i>Le Lyréal</i>	Venice • Venice	7	LY220623	MEDITERRANEAN	MUSIC   110
	22nd June 2023	<i>Le Commandant Charcot</i>	Reykjavik • Longyearbyen	18	CC220623	ARCTIC	NEW   69
	24th June 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG240623	POLYNESIA	136
	24th June 2023	<i>Le Dumont-d'Urville</i>	Glasgow • Bergen	9	EU240623	NORTH EUROPE	88
	26th June 2023	<i>Le Bougainville</i>	Athens • Valletta	6	EG260623	MEDITERRANEAN	NEW   109
	27th June 2023	<i>Le Boréal</i>	Longyearbyen • Longyearbyen	7	BO270623	ARCTIC	55
	28th June 2023	<i>L'Austral</i>	Longyearbyen • Kangerlussuaq	14	AU280623	ARCTIC	56
	28th June 2023	<i>Le Jacques-Cartier</i>	Venice • Athens	7	EX280623	MEDITERRANEAN	115
	29th June 2023	<i>Le Lyréal</i>	Venice • Athens	7	LY290623	MEDITERRANEAN	GEOPOLITICS   115
	29th June 2023	<i>Le Soléal</i>	Broome • Darwin	10	SO290623	AUSTRALIA	132
	1st July 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	11	PG010723	POLYNESIA	135
	2nd July 2023	<i>Le Bougainville</i>	Valletta • Nice	10	EG020723	MEDITERRANEAN	KID'S CLUB     NEW   105
	3rd July 2023	<i>Le Dumont-d'Urville</i>	Bergen • Oslo	7	EU030723	NORTH EUROPE	80
	3rd July 2023	<i>Le Lapérouse</i>	Darwin • Broome	10	ER030723	AUSTRALIA	132
4th July 2023	<i>Le Boréal</i>	Longyearbyen • Longyearbyen	7	BO040723	ARCTIC	55	
5th July 2023	<i>Le Jacques-Cartier</i>	Athens • Athens	7	EX050723	MEDITERRANEAN	KID'S CLUB   113	
6th July 2023	<i>Le Lyréal</i>	Athens • Istanbul	7	LY060723	MEDITERRANEAN	KID'S CLUB   114	
9th July 2023	<i>Le Soléal</i>	Darwin • Broome	10	SO090723	AUSTRALIA	132	
10th July 2023	<i>Le Commandant Charcot</i>	Longyearbyen • Longyearbyen	17	CC100723	ARCTIC	67	
10th July 2023	<i>Le Dumont-d'Urville</i>	Oslo • Bergen	7	EU100723	NORTH EUROPE	80	
12th July 2023	<i>L'Austral</i>	Kangerlussuaq • Kangerlussuaq	13	AU120723	ARCTIC	59	
12th July 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	10	PG120723	POLYNESIA	136	
12th July 2023	<i>Le Bougainville</i>	Nice • Valletta	10	EG120723	MEDITERRANEAN	KID'S CLUB     NEW   105	
12th July 2023	<i>Le Jacques-Cartier</i>	Athens • Athens	7	EX120723	MEDITERRANEAN	113	
13th July 2023	<i>Le Lyréal</i>	Istanbul • Istanbul	11	LY130723	MEDITERRANEAN	KID'S CLUB   116	
17th July 2023	<i>Le Dumont-d'Urville</i>	Bergen • Oslo	7	EU170723	NORTH EUROPE	80	
19th July 2023	<i>Le Soléal</i>	Broome • Darwin	10	SO190723	AUSTRALIA	132	
19th July 2023	<i>Le Jacques-Cartier</i>	Athens • Athens	7	EX190723	MEDITERRANEAN	KID'S CLUB   113	
22nd July 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG220723	POLYNESIA	136	
22nd July 2023	<i>Le Bougainville</i>	Valletta • Nice	10	EG220723	MEDITERRANEAN	KID'S CLUB     NEW   105	
23rd July 2023	<i>Le Lapérouse</i>	Darwin • Broome	10	ER230723	AUSTRALIA	132	
24th July 2023	<i>Le Lyréal</i>	Istanbul • Istanbul	11	LY240723	MEDITERRANEAN	KID'S CLUB   116	
24th July 2023	<i>Le Champlain</i>	Helsinki • Copenhagen	9	EC240723	NORTH EUROPE	89	

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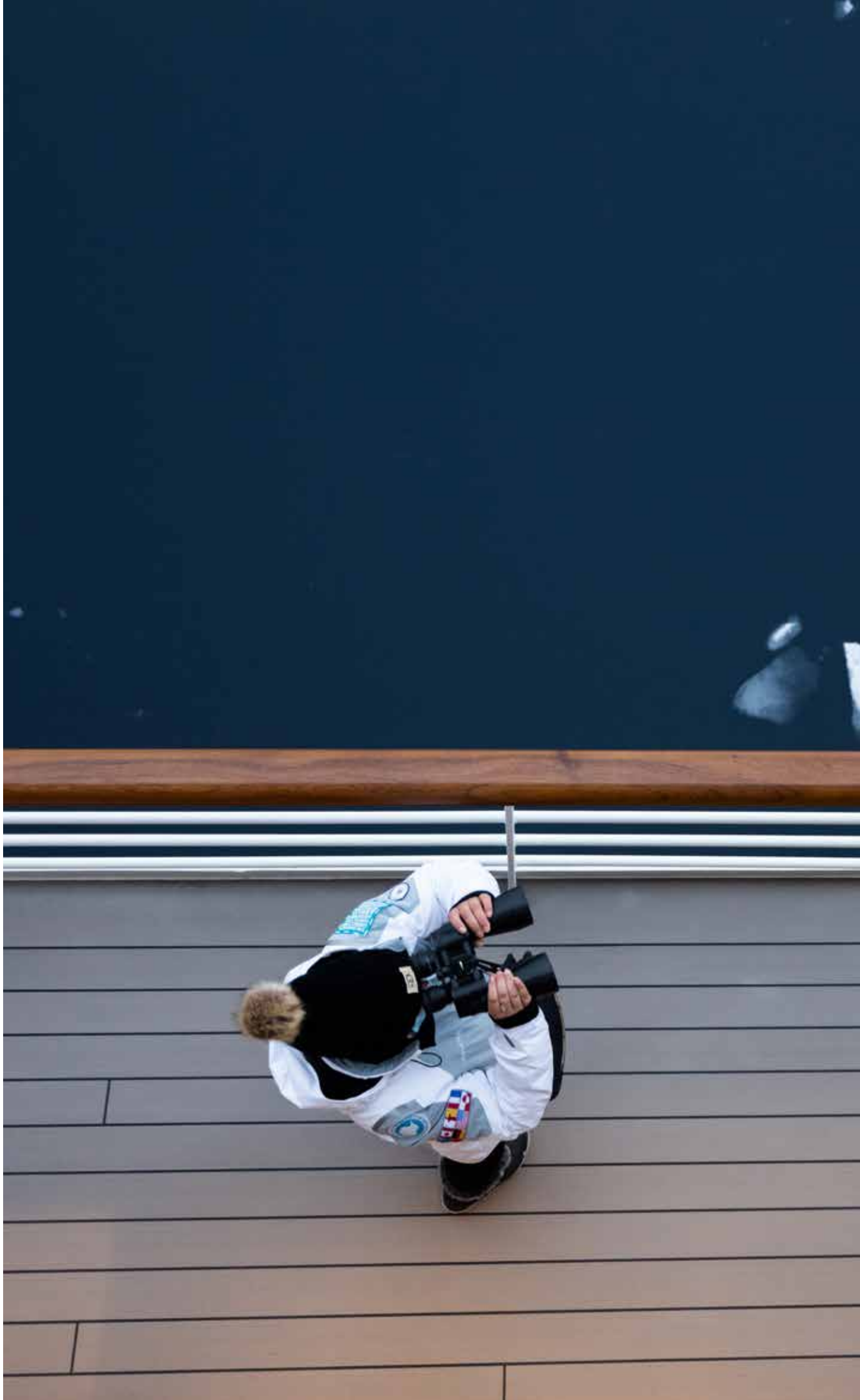
	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
JULY	24th July 2023	<i>Le Dumont-d'Urville</i>	Oslo • Bergen	7	EU240723	NORTH EUROPE	80
	25th July 2023	<i>L'Austral</i>	Kangerlussuaq • Kangerlussuaq	16	AU250723	ARCTIC	58
	26th July 2023	<i>Le Jacques-Cartier</i>	Athens • Athens	7	EX260723	MEDITERRANEAN   KID'S CLUB	113
	27th July 2023	<i>Le Commandant Charcot</i>	Longyearbyen • Longyearbyen	15	CC270723	ARCTIC	67
	29th July 2023	<i>Le Soléal</i>	Darwin • Broome	10	SO290723	AUSTRALIA	132
	29th July 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	14	PG290723	POLYNESIA	137
	31st July 2023	<i>Le Boréal</i>	Reykjavik • Reykjavik	11	BO310723	ARCTIC	55
AUGUST	1st August 2023	<i>Le Bougainville</i>	Nice • Valletta	10	EG010823	MEDITERRANEAN   KID'S CLUB     NEW	105
	2nd August 2023	<i>Le Jacques-Cartier</i>	Athens • Istanbul	7	EX020823	MEDITERRANEAN   KID'S CLUB	114
	4th August 2023	<i>Le Lyréal</i>	Istanbul • Venice	9	LY040823	MEDITERRANEAN   KID'S CLUB	115
	6th August 2023	<i>Le Bellot</i>	Reykjavik • Reykjavik	7	EE060823	ARCTIC	54
	7th August 2023	<i>Le Dumont-d'Urville</i>	Oslo • Bergen	8	EU070823	NORTH EUROPE	80
	8th August 2023	<i>Le Soléal</i>	Broome • Darwin	10	SO080823	AUSTRALIA	132
	10th August 2023	<i>L'Austral</i>	Kangerlussuaq • Kangerlussuaq	16	AU100823	ARCTIC	58
	10th August 2023	<i>Le Champlain</i>	Stockholm • Copenhagen	8	EC100823	NORTH EUROPE	89
	11th August 2023	<i>Le Boréal</i>	Reykjavik • Reykjavik	7	BO110823	ARCTIC	54
	11th August 2023	<i>Le Commandant Charcot</i>	Longyearbyen • Longyearbyen	15	CC110823	ARCTIC	67
	11th August 2023	<i>Le Bougainville</i>	Valletta • Nice	10	EG110823	MEDITERRANEAN   KID'S CLUB     NEW	105
	12th August 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	14	PG120823	POLYNESIA	137
	12th August 2023	<i>Le Lapérouse</i>	Darwin • Broome	10	ER120823	AUSTRALIA	132
	13th August 2023	<i>Le Bellot</i>	Reykjavik • Reykjavik	7	EE130823	ARCTIC	54
	15th August 2023	<i>Le Dumont-d'Urville</i>	Bergen • Toronto	13	EU150823	OCEAN VOYAGE	149
	18th August 2023	<i>Le Boréal</i>	Reykjavik • Kangerlussuaq	13	BO180823	ARCTIC	56
	18th August 2023	<i>Le Soléal</i>	Darwin • Broome	10	SO180823	AUSTRALIA	132
	18th August 2023	<i>Le Champlain</i>	Copenhagen • Oslo	10	EC180823	NORTH EUROPE   NEW	82
	20th August 2023	<i>Le Lyréal</i>	Venice • Venice	7	LY200823	MEDITERRANEAN   KID'S CLUB	110
	20th August 2023	<i>Le Bellot</i>	Reykjavik • Toronto	15	EE200823	ARCTIC   NEW	61
	22nd August 2023	<i>Le Lapérouse</i>	Broome • Darwin	10	ER220823	AUSTRALIA	132
	26th August 2023	<i>Le Commandant Charcot</i>	Longyearbyen • Reykjavik	15	CC260823	ARCTIC	67
	26th August 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG260823	POLYNESIA	136
	27th August 2023	<i>Le Lyréal</i>	Venice • Athens	7	LY270823	MEDITERRANEAN	115
	28th August 2023	<i>Le Soléal</i>	Broome • Darwin	10	SO280823	AUSTRALIA	132
	28th August 2023	<i>Le Bougainville</i>	Barcelona • Nice	7	EG280823	MEDITERRANEAN	102
	28th August 2023	<i>Le Champlain</i>	Oslo • Edinburgh	2	EC280823	OCEAN VOYAGE	149
	28th August 2023	<i>Le Dumont-d'Urville</i>	Toronto • Milwaukee	7	EU280823	AMERICAN FAR NORTH	60
	29th August 2023	<i>Le Jacques-Cartier</i>	Venice • Venice	7	EX290823	MEDITERRANEAN	110
	31st August 2023	<i>Le Boréal</i>	Kangerlussuaq • Nome	24	BO310823	ARCTIC	63

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	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
SEPTEMBER	1st September 2023	<i>Le Lapérouse</i>	Darwin • Broome	10	ER010923	AUSTRALIA	132
	2nd September 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	7	PG020923	POLYNESIA	136
	3rd September 2023	<i>Le Lyréal</i>	Athens • Athens	7	LY030923	MEDITERRANEAN	113
	4th September 2023	<i>Le Bellot</i>	Toronto • Milwaukee	7	EE040923	AMERICAN FAR NORTH	60
	4th September 2023	<i>Le Bougainville</i>	Nice • Livorno	7	EG040923	MEDITERRANEAN	104
	7th September 2023	<i>Le Soléal</i>	Darwin • Broome	10	SO070923	AUSTRALIA	132
	9th September 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	11	PG090923	POLYNESIA	135
	10th September 2023	<i>Le Lyréal</i>	Athens • Athens	7	LY100923	MEDITERRANEAN	113
	11th September 2023	<i>Le Commandant Charcot</i>	Reykjavik • Nome	24	CC110923	ARCTIC	68
	11th September 2023	<i>Le Bellot</i>	Milwaukee • Toronto	7	EE110923	AMERICAN FAR NORTH	60
	17th September 2023	<i>Le Lyréal</i>	Athens • Venice	7	LY170923	MEDITERRANEAN	118
	17th September 2023	<i>Le Soléal</i>	Broome • Darwin	10	SO170923	AUSTRALIA	132
	18th September 2023	<i>L'Austral</i>	Nome • Vancouver	14	AU180923	ARCTIC	62
	20th September 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	10	PG200923	POLYNESIA	136
	20th September 2023	<i>Le Champlain</i>	Honfleur • Lisbon	11	EC200923	ATLANTIC	84
	21st September 2023	<i>Le Lapérouse</i>	Darwin • Broome	10	ER210923	AUSTRALIA	132
	24th September 2023	<i>Le Lyréal</i>	Venice • Civitavecchia	7	LY240923	MEDITERRANEAN	MUSIC    NEW   111
	26th September 2023	<i>Le Jacques-Cartier</i>	Athens • Valletta	7	EX260923	MEDITERRANEAN	112
	27th September 2023	<i>Le Soléal</i>	Darwin • Broome	10	SO270923	AUSTRALIA	132
	30th September 2023	<i>Le Paul Gauguin</i>	Papeete • Papeete	14	PG300923	POLYNESIA	137
OCTOBER	1st October 2023	<i>Le Lyréal</i>	Civitavecchia • Málaga	7	LY011023	MEDITERRANEAN	MUSIC   110
	1st October 2023	<i>Le Champlain</i>	Lisbon • Barcelona	7	EC011023	MEDITERRANEAN	102
	1st October 2023	<i>Le Lapérouse</i>	Broome • Darwin	10	ER011023	AUSTRALIA	132
	7th October 2023	<i>Le Soléal</i>	Broome • Darwin	10	SO071023	AUSTRALIA	MAJOR MEDIA   132
	8th October 2023	<i>Le Lyréal</i>	Málaga • Dakar	6	LY081023	OCEAN VOYAGE	149
	8th October 2023	<i>Le Champlain</i>	Barcelona • Civitavecchia	8	EC081023	MEDITERRANEAN	119
	9th October 2023	<i>Le Bellot</i>	Milwaukee • Toronto	7	EE091023	AMERICAN FAR NORTH	60
	9th October 2023	<i>Le Dumont-d'Urville</i>	Toronto • Milwaukee	7	EU091023	AMERICAN FAR NORTH	60
	14th October 2023	<i>Le Lyréal</i>	Dakar • Santos	20	LY141023	SOUTH AMERICA	HISTORY    NEW   87
	16th October 2023	<i>Le Bellot</i>	Toronto • Gloucester	14	EE161023	AMERICAN FAR NORTH	59
	16th October 2023	<i>Le Champlain</i>	Civitavecchia • Athens	6	EC161023	MEDITERRANEAN	109
	16th October 2023	<i>Le Dumont-d'Urville</i>	Milwaukee • Toronto	7	EU161023	AMERICAN FAR NORTH	60
	22nd October 2023	<i>Le Champlain</i>	Athens • Athens	7	EC221023	MEDITERRANEAN	113
	23rd October 2023	<i>Le Dumont-d'Urville</i>	Toronto • Gloucester	14	EU231023	AMERICAN FAR NORTH	59
	24th October 2023	<i>Le Jacques-Cartier</i>	Nice • Antalya	10	EX241023	MEDITERRANEAN	108
	25th October 2023	<i>Le Bougainville</i>	Athens • Athens	7	EG251023	MEDITERRANEAN	MUSIC   113
29th October 2023	<i>Le Champlain</i>	Athens • Aqaba	10	EC291023	MEDITERRANEAN	117	
NOV.	3rd November 2023	<i>Le Jacques-Cartier</i>	Antalya • Aqaba	9	EX031123	MEDITERRANEAN	117

\*This reference number allows you to easily find the cruise on our website [www.ponant.com](http://www.ponant.com).







*The cruise of*  
**TOMORROW**

Discover the pleasure of sailing aboard mid sized ships, in complete safety and with the greatest respect for the regions visited.

# For a more responsible tourism

It is a case of opposing forces: to experience grandiose and memorable adventures, evidence of our passage in the places we visit must be minimal and transitory. This is why, for 30 years, we have worked every day with the aim of undertaking responsible and sustainable tourism.

To find out more, visit  
[en.ponant.com/sustainable-development](https://en.ponant.com/sustainable-development).







All the ships in the Explorers series and *Le Commandant Charcot* are equipped with SCR (selective catalytic reduction), which eliminates more than 85% of the nitrogen oxide produced



10 fewer plastic bottles per guest, per cruise, thanks to the distribution of water containers on board



1<sup>st</sup> cruise company in the world to **abandon heavy fuel oil**



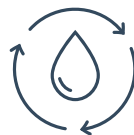
10,000 kg of single-use plastics avoided in 2019



75% electricity savings thanks to LED bulbs on board



All our ships are fitted with, or are in the process of being fitted with, **electrical connections** for linking to local networks at the quayside, and to **avoid any emissions into the atmosphere**



100% of waste and wastewater sorted and treated on board



Read about our environmental commitments from A to Z



## The environment and the people at the heart of our commitments

### Respect and humility

Environmental issues are at the heart of our concerns, and thus enshrined in the company's legal statutes, which define our activity. We are the only cruise company to carry out environmental and social impact studies. Before the marketing of each new route, our experts go there to study the environments we will visit and meet the people who live there.

We make every effort to take into account the cultural heritage of the areas visited. Dialogue with local communities about the planning of excursions makes it possible to choose the aspects they wish to share with guests. We encourage traditional know-how and craftsmanship and prefer to use local products and services. All our landings are subject to a rigorous protocol. This innovative approach involves a dedicated team that ensures there is no impact on the ecosystem visited.



### The PONANT Foundation

By booking your cruise, you are supporting the PONANT Foundation. It was created to support projects whose objective is to contribute to the preservation of the oceans, to support the acquisition of scientific knowledge on the polar environment and to promote interactions between peoples and cultures. Today, by supporting various associations, the Foundation is contributing

in particular to the construction of a school in the Bijagos archipelago; to the preservation of coral in New Caledonia; to the study of humpback whales in the southern hemisphere, and to the fight against plastic pollution in the oceans.

For more information, go to [en.ponant.com/foundation](https://en.ponant.com/foundation).



## The preservation of the polar regions

For several years, we have actively supported Le Cercle Polaire®, a think tank that works to promote the preservation of the polar environments. Personalities from *L'Appel des Pôles* and members of the NGO *Cercle Polaire* thus regularly participate in our polar cruises.



We are a member of International Association of Antarctic Tour Operators (IAATO), and Association of Arctic Expedition Cruise Operators (AECO). As such, we comply with strict rules concerning the number of guests authorised to disembark, the distance from wildlife, the training of our expedition teams, and even emergency and medical evacuation plans.



## Recognised commitment

Our commitment is regularly praised by various reference organisations.

- **All our vessels are Clean Ship and Clean Ship Super certified**, the highest certifications awarded by Bureau Veritas.
- The German NGO NABU awarded us the title of **the most environmentally friendly cruise company**.
- PONANT is the first European cruise line to obtain the **North American Green Alliance certificate**. It attests to the adoption of environmentally friendly practices and technologies by its members.
- We also received the **Palmes du Tourisme durable prize**, 'Travel' category for the total elimination of heavy fuel oil in favour of low sulphur marine diesel (LSMGO).

# Sail with confidence

From the start of the health crisis, we have reinforced our protocol and implemented a process to reassure guests before, during and after the cruise. Rigorous and proven, it is constantly updated based on recommendations from public authorities.



## Compliance with regulations

Each country determines its own regulations for access across its borders. As these regulations do change, we shall inform you of the necessary formalities to ensure you are permitted to enter all countries on your cruise schedule and to 'have access them on board'. We also comply rigorously with all local regulations to ensure we are allowed to operate.

We also take into account the protocols issued by international health authorities: the WHO, the CDC (Centers for Disease Control and Prevention) and the French Ministry of Health as well as the the CLIA (Cruise Line International Association).

## Your safety on board

Since the beginning of the health crisis, we have implemented best practice on board to maintain the safety of our passengers and crew members. These actions include social distancing, the wearing of masks, the disinfection of common areas and cabins, the monitoring of temperatures and air exchange. In all situations, our goal is to exceed the industry standards.

As the health situation continues to evolve, we may have to adapt our onboard protocols to ensure we maintain best practice.



## Increased vigilance

The company's medical department keeps careful track of the health situation in the destination countries. A doctor and a nurse are always present on all our ships, throughout the duration of the cruise. They accompany you on excursions and can be contacted 24 hours a day. They have access to our on-board hospitals, equipped with the latest technology, for any small operations or to conduct tests in case of concern.

To find out more about our health protocol,  
scan the QR pictogram or go to  
**[en.ponant.com/sail-with-confidence](https://en.ponant.com/sail-with-confidence)**.







*The*  
**PONANT**  
*universe*

Art of living, gastronomy, areas for relaxation and cultural enrichment: our cruises are designed to offer you a serene break in a refined atmosphere, whether you opt for the calm of a yachting cruise or the adventure of an expedition cruise.

# The fleet

The strength and uniqueness of our latest generation fleet lies in the ships' sleek lines and innovative technologies. Designed to blend in with the scenery whilst retaining a high level of sophistication and luxury, our environmentally friendly ships play an important part in the success of your cruise.





"Promoting sustainable tourism means planning for ships to be environmentally friendly before they are even constructed."

Mathieu Petiteau, New Build Director at PONANT



## Modernity

As well as being the leader in the expedition cruise market, PONANT has the newest fleet. Whether brand new like our extreme polar exploration ship *Le Commandant Charcot*, or vintage, like the company's iconic yacht *Le Ponant* (which has taken to sea again in 2022 after two years of work), they have all benefited from a recent renovation and refitting. New technologies and equipment are used to provide comfort on board and even offer unprecedented sensory immersion.



## Eco-friendliness

We only protect that with which we are familiar. It is with this idea in mind that PONANT has always had the desire to take its cruise guests to explore what are very often inaccessible ecosystems. Our intimately sized ships encourage interaction and communication between people on board and during ports of call and shore excursions in small groups on land. Through the use of clean technologies (hybrid, electric or sail-powered), recycling circuits and non-polluting materials, the only traces we will leave behind will be the stories and images from our guests: conduits of knowledge and awareness about the natural environments we need to protect.



## Elegance

Our ships, which have been designed by the French interior architect and designer Jean-Philippe Nuel, are carrying on the heritage of a certain 'French chic'. The understated luxury, the fine materials used, the soft colours, the harmonious forms, that certain poetic *je ne sais quoi*: all these things combine to revitalise your energy and inspire you to contemplation. From your cabin opening out onto views of the horizon you get to enjoy the benefits of personalised service, making life easier for you on board and leaving you free to concentrate on the essentials: discovering and exploring new cultures and landscapes.

## The French flag

The French flag is considered one of the safest in the world. PONANT is the only cruise ship owner to bear it, and it's a guarantee of environmental quality, vessel safety and labour law.

The fleet is monitored by the PACA Corse Ship Safety Centre (CSN) located in Marseille, as well as by the CSN in Caen. Safety equipment is checked and approved annually by the French authorities. Each ship is ISM certified (International Safety Management), which is a very strict international regulation.

Bureau Veritas regularly certifies the entire PONANT fleet and has, in particular, validated the sanitary protocol implemented by the Company.

# Gastronomy

Healthy, gourmet, elegant, responsible. PONANT puts gastronomy in the spotlight all day long, whatever the destination. Savour the pleasures of top-of-the-range cuisine prepared by talented chefs.



## The French art of cuisine

Our chefs and their team share with guests their passion for the French culinary heritage, enriched with the products and traditions of the countries visited.

Fresh produce and carefully selected ingredients, mature cheeses, fine wines and the cellar of grand crus all contribute to making each meal a feast for the eyes and the taste buds alike.

*Our French baker prepares and bakes your bread on board each day. Organic baguettes, sandwich loaves and special breads enrich the buffets of your breakfasts, lunches and dinners.*

## The restaurants

On board, we offer you two different catering concepts. In the gourmet restaurant, *à la carte* meals are served at the table. During lunch, a selection of contemporary French brasserie-inspired dishes is served. At dinner, make way for the great tradition of French gastronomy.

At the grill restaurant, a buffet creates a more relaxed atmosphere.

*“Being a chef on the water is unique. We head to Australia, and next month we are in Japan. Of course, the meals are different and the chef must carefully select local products to highlight them to the guests.”*

Philippe Tremel, PONANT Corporate Chef

*In pursuit of our desire to work for reasoned and responsible tourism, wherever possible, we source our supplies directly from the places where we dock while making a commitment to respect local resources.*

## The Ducasse Conseil expertise

In our continued pursuit of excellence on board our ships, we have partnered with Ducasse Conseil, the expert catering centre of chef Alain Ducasse, since 2016. From the design of the culinary offer to the training of the Company's chefs, we continue to raise the bar of culinary standards of PONANT. On board *Le Commandant Charcot*, we are pushing our collaboration further. The signature dishes of Alain Ducasse are the finishing touch to a menu specially designed by the Michelin-starred chef.

*“Our partnership is based on a common notion of good living and good eating, centred on French excellence, and driven by the constant desire to go where others dare not.”*

Jérôme Lacressonnière, Director of DUCASSE Conseil





## Life on board

On board, top-of-the-range amenities, services and equipment contribute to your getaway, while creating an atmosphere conducive to relaxation.

Pamper yourself in the wellness area including a spa, a hammam (aboard the Sisterships), a sauna (aboard the PONANT Explorers and *Le Commandant Charcot*), a hairdressing salon and a fitness area. Special areas where you can share an experience, piano-bar, theatre, library, lounges, boutique and photo or video areas offer different ambiances available at any time of the day.

8:00 a.m.

12:00 a.m.

## *A journey with Ponant*

From morning to night, build treasured experiences, according to your desires.

### A gentle awakening

Enjoy your breakfast in the restaurant, outdoors or in your cabin with room service. Lenôtre pastries, fresh bread, homemade cakes and muffins, pancakes, waffles, eggs, cheeses and cold meats accompanied by hot and cold drinks, including the detox juices of the day.

### On with the adventure!

Your cruise director will attend to the smooth running of your activities, and will notify you of the departure for your booked excursions, or for zodiac outings on an expedition cruise.

### Gourmet interlude

On board you can enjoy a varied buffet. Among the wide choice of salads, meats, fish, desserts and pastries, you will find a starter, a main course and a dessert cooked according to the theme of the day: Mediterranean, Asian, Italian, etc.





2:00 p.m.

4:00 p.m.

## Relaxation on board

In between ports of call and shore excursions, make the most of our onboard facilities. Attend the conference of one of our honoured guests, book a massage at the Spa, relax by the swimming pool, keep in shape in the Fitness room or select the photos of the cruise taken by the Studio PONANT teams.

## New discoveries

Your afternoon continues with land visits or, on an expedition cruise, with your naturalist guides, to explore new territories.

## Tea time

- At around 4 p.m., after enjoying mini pastries served to music in the Grand Salon, get ready for dinner. Our Hairdresser Consultants offer you personalised services.
- Enjoy the tranquillity of your cabin to watch one of the available films, to book an excursion through the app or to immerse yourself in a book on your balcony.
- Stroll through the Boutique, the Panoramic Lounge or the *Blue Eye* on the PONANT EXPLORERS, accompanied by a glass of Champagne.

9.00 p.m.

## A gourmet dinner

Your day ends in front of a magnificent sunset to the tinkling of the ivories and an aperitif. Discover a new cocktail each day. Dinner follows, prepared by our chefs, ever respectful of the great French cuisine.

## An evening of entertainment

Your evening continues with entertainment in the Grand Salon or the Theatre. A dance evening, classical concert or show is provided by our revue dancers and our on-board artists.



# Cultural enrichment

In the wake of intrepid archaeologists, in the footsteps of the great thinkers of yesteryear and in the discoveries by artists and works that have survived the ages, our thematic cruises build bridges between civilisations and make travel, culture and history resonate as one.



## Travel and passions

Every season our themed cruises pay tribute to music, the arts, history or geopolitics.

We have always offered our guests exclusive concerts on our musical cruises. Many well-known artists give you an enchanting experience with opera, piano recitals and concerts at sea and on land. This season we add jazz to this offering thanks to a new cruise (p.111).

Men and women from the world of culture, plus journalists, writers and philosophers share their passions during fascinating conferences and discussions.

Driven by a desire to constantly surprise you and offer innovative experiences, we have established an artist residency programme. On some cruises we will welcome a variety of talented artists from disciplines such as dance or video. We hope this will help them to develop their creativity as they share their skills with you. These are great opportunities to explore new perspectives, make discoveries and share knowledge.



## Earthy treasures

High-quality excursions are on offer at every port of call. From emblematic archaeological sites to natural treasures and cultural traditions, our teams have created very varied programmes for you. The enjoyment continues on board with conferences led by specialists who share their knowledge about the places you visit.

## Esteemed guests

Each year, some 50 or so personalities do us the honour of coming on board to share their insights, their art or their passion at meetings and conferences.



Christophe Barbier



Alain Duault



Maud Fontenoy



Alain Frachon



Élodie Garamond



Franz-Olivier Giesbert



Christian Makarian



Yann Queffélec



Malene Rydahl



Éric-Emmanuel Schmitt



## Committed partners and guests

Each season, we offer you a selection of cruises featuring itineraries enhanced by the presence of select partners and guests. Museums, institutions, and even major media providers come together to honour the values upon which we plan journeys, offering a clear sense of direction. These are represented, both on board and on land, by guests who have been selected on account of their inspiring personalities, and their desire to share their expertise, or their passion, providing you with unparalleled experiences in the process. There are many highlights that will take your cruise to a new level.

### Culture

Resonate to the sound of a concerto, take in a work of art through the prism of history, set off in pursuit of the greatest or most unusual museum collections, or discover contemporary artists: with PONANT, the 'art of travel' is by no means an empty phrase. We organise our themed cruises working alongside major cultural institutions, such as the **Musée du quai Branly – Jacques Chirac** and the **Museum of European and Mediterranean Civilisations** (Mucem). For several years, **Radio Classique** has been setting many of our cruises to music, with the help of renowned musicians and vocalists, personally invited by Alain Duault. For the first time, next summer, we will also be paying tribute to jazz, with the **Marseille Jazz from the Five Continents Festival** and its line-up of numerous virtuosic performers (page 111). Literature is not overlooked, thanks to a cruise with novelist and theatre actor **Éric-Emmanuel Schmitt**, who will perform two of his plays on board and will also run a writing workshop. There will also be a superb history review with **Franck Ferrand** and the leading specialists within the field, in particular, during a cruise that retraces the Napoleonic Saga (page 89).

### Geopolitics

On certain departures, we offer you the chance to explore the visited region with experts on hand to help you decipher its cultural, civilisational and geopolitical mysteries. Our partnering media outlets, such as **Le Point** or **Paris Match**, along with journalists, essayists, diplomats, historians, members of the Institut Montaigne or researchers from the French Institute for International Relations offer in-depth analyses of changes within our society, making intelligent contributions to topical debates. Personalities such as **Christian Makarian**, **Alain Frachon**, **Christophe Barbier**, **Franz-Olivier Giesbert**, or indeed **Hubert Védrine**, are guaranteed to provide quality perspective on current international affairs. During conferences or more informal discussions, they will help you to grasp what is going on behind the scenes of the often highly complex international geopolitical stage. Natural resources, energy production, maritime space and border management, the globalisation of trade: each topic addressed has the potential to spark passionate debate.





## Smithsonian Journeys and PONANT Enrich your mind, inspire your spirit



PONANT and Smithsonian Journeys, the travel program of the Smithsonian Institution, the world's largest museum, education and research complex, are embarking toward a new frontier together, with a collection of unique travel experiences focused on culture, history and the natural world that launches in 2022. These curated itineraries celebrate our instinct to explore.

On each departure, Smithsonian Journeys Experts will host a series of enlightened conversations onboard. These passionate professionals – chosen for their expertise and ability to inspire – will explore the core themes of the Smithsonian and destinations with fellow travellers. Bespoke shore excursions are included in each port of call, providing enrichment for every program.

### Planet

In addition to carrying out its profession in a responsible manner and realising its commitment to promote sustainable tourism, our company is invested in the protection of the oceans and polar regions, through the specific initiatives of its foundation, and those of PONANT Science, a programme that contributes to research and scientific understanding. This commitment is shared with prestigious partners, such as the **Institut océanographique de Monaco**, which is committed to “loving, knowing, and protecting” the ocean on a larger scale. We also put together specific itineraries with major media outlets such as **NATIONAL GEOGRAPHIC** or **GÉO**, offering a different perspective on travel and the exploration of the world around us. You thus benefit from the support of the **NATIONAL GEOGRAPHIC** experts and photographers, or can participate in photo workshops and the creation of a mini-magazine with **GÉO**, with a view to fully immersing yourself in the visited regions.

### Lifestyle

The cruise is an excellent way to take time out in order to look after yourself and get back to basics. Between wisdom, hedonism and epicureanism, we offer experiences that are 100% geared towards switching off and combining both healthy and gourmet cuisine with physical activity, as well as workshops exploring the world teachings and spiritualities. Speakers such as Élodie Garamond, founder of the **Tigre Yoga Club**, or philosopher Cynthia Fleury, will help you to familiarise yourself with your body map, as well as your energy fields and physiological characteristics, with a view to identifying the keys to joyful introspection. With **Cuisine et Vins de France**, French cuisine will be showcased by the Michelin-starred chefs present on board – through gala dinners, culinary demonstrations and fine wines. The **Gastronomy, vineyards & grand crus** cruise (p.84) will lead you on a journey of discovery, encountering superb wines all along the Atlantic coast, in exclusive partnership with Château Latour. The Kids' Club concept has been completely redesigned by Maud Fontenoy with a view to helping your children get the most from all that is available on board, while raising their awareness regarding the protection of the oceans.

Discover these, and many other themed cruises, at [www.ponant.com](http://www.ponant.com).

# The expedition

Choosing a PONANT Expedition cruise, whether in a polar region or tropical zone, is opting for a way of thinking: the alliance of elegance and authenticity, exploration and great comfort, adventure and refinement, with respect for local populations and the most remote areas.



*"All expedition cruises stem from the dream of travelling to incredible places. The teams then set to work for two years to make this dream come true for passengers."*

José Sarica, Expedition Experience Director



## The polar expedition

As a leader in expeditions to the polar zones and an expert with more than 20 years visiting these destinations (Arctic, Antarctic, Sub-Antarctic Islands), we offer you the chance to make your dream of adventure come true, with the serious and the responsible approach for which we are known. In Antarctica, explore the icy vastness and fauna of the White Continent. In the Arctic, special meetings with the Inuit complement the grandiose scenery created by the fjords, glaciers and icebergs, not to mention polar bears, polar foxes, walruses, orcas and whales.



## The tropical expedition

In the tropics, adventure also comes with its share of encounters. Getting close to rarely visited places by sea allows a firsthand exploration of little-known cultures and populations living in a traditional way, often on the lands of their ancestors. In Oceania, Aboriginal, Maori and Papuan tribes warmly welcome you to interact with them, made possible thanks to the bonds of trust woven cruise after cruise by the PONANT crews.



## Expert naturalist guides

Our expedition leaders are specialists who will share their knowledge of flora and fauna, local cultures and natural phenomena with you. They organise safe disembarkations and shore excursions according to the opportunities afforded at each expedition. On board, the enjoyment is extended by cultural, scientific and historical conferences.



## On an Expedition cruise, everything is included

Once on board, you are free to experience the adventure with complete peace of mind. Everything is included in our services: fast and secure zodiac outings and landings, conferences, as well as parkas and the rental of boots on a polar expedition.

During certain stopovers, you will be offered a land activity accompanied by your naturalist guides and local guides, to sites accessible only via local infrastructure (one activity included per day and per person). During some cruises, optional paid excursions are also offered to round off your discovery.

# NATIONAL GEOGRAPHIC and PONANT: unique and immersive expedition cruises

PONANT and NATIONAL GEOGRAPHIC have joined forces to offer the spirited adventure traveller a unique opportunity to embark on a selection of new expedition cruises to some of the most intriguing and remote destinations on the planet. Together we will take you further.





## EXPEDITIONS

### Discover our difference

PONANT, leader in polar expeditions for almost 20 years, boasts the world's most modern fleet of expedition ships. Designed to sail distant seas in comfort and safety, their small size and manoeuvrability helps reach the most remote lands. Our cruises go above and beyond environmental regulations, using research and innovation to help us minimise our impact on the remote places we visit.

Exploration has always been part of the NATIONAL GEOGRAPHIC DNA – and it is this deep-rooted drive for discovery that spurred the creation of NATIONAL GEOGRAPHIC EXPEDITIONS. We offer unique travel experiences that aim to inspire people to care about the planet by providing meaningful opportunities to explore it, and we're committed to sustaining the character and integrity of each destination we visit.

Now, you can travel with NATIONAL GEOGRAPHIC and PONANT to the furthest corners of the world, far from the usual tourist bubbles. Enjoy our new, unique and enriching expedition cruises to some of the world's most intriguing, remote and pristine destinations, in the very places where some of the pages of exploration were written.



### Let our experts guide you

Our expedition cruises give you access to an unparalleled team of experts. You will be enriched by the knowledge of the PONANT expedition team and by NATIONAL GEOGRAPHIC experts and photographers. You'll be surrounded by people who are steeped in knowledge and insights about the places we go and they're passionate about sharing that knowledge with you.



### Exploration happens because of you

When you travel with NATIONAL GEOGRAPHIC and PONANT, you help further the work of our scientists, explorers and educators around the world. Every year, we distribute a portion of our proceeds to the National Geographic Society that works to preserve, protect and better understand our planet and its people.

To date, the NATIONAL GEOGRAPHIC SOCIETY has given out almost 14,000 grants to scientists and conservationists, whose work is making a significant difference around the world. It has supported critical projects such as the Pristine Seas project, which has already helped to protect more than five million square kilometres of the ocean's last wild places.





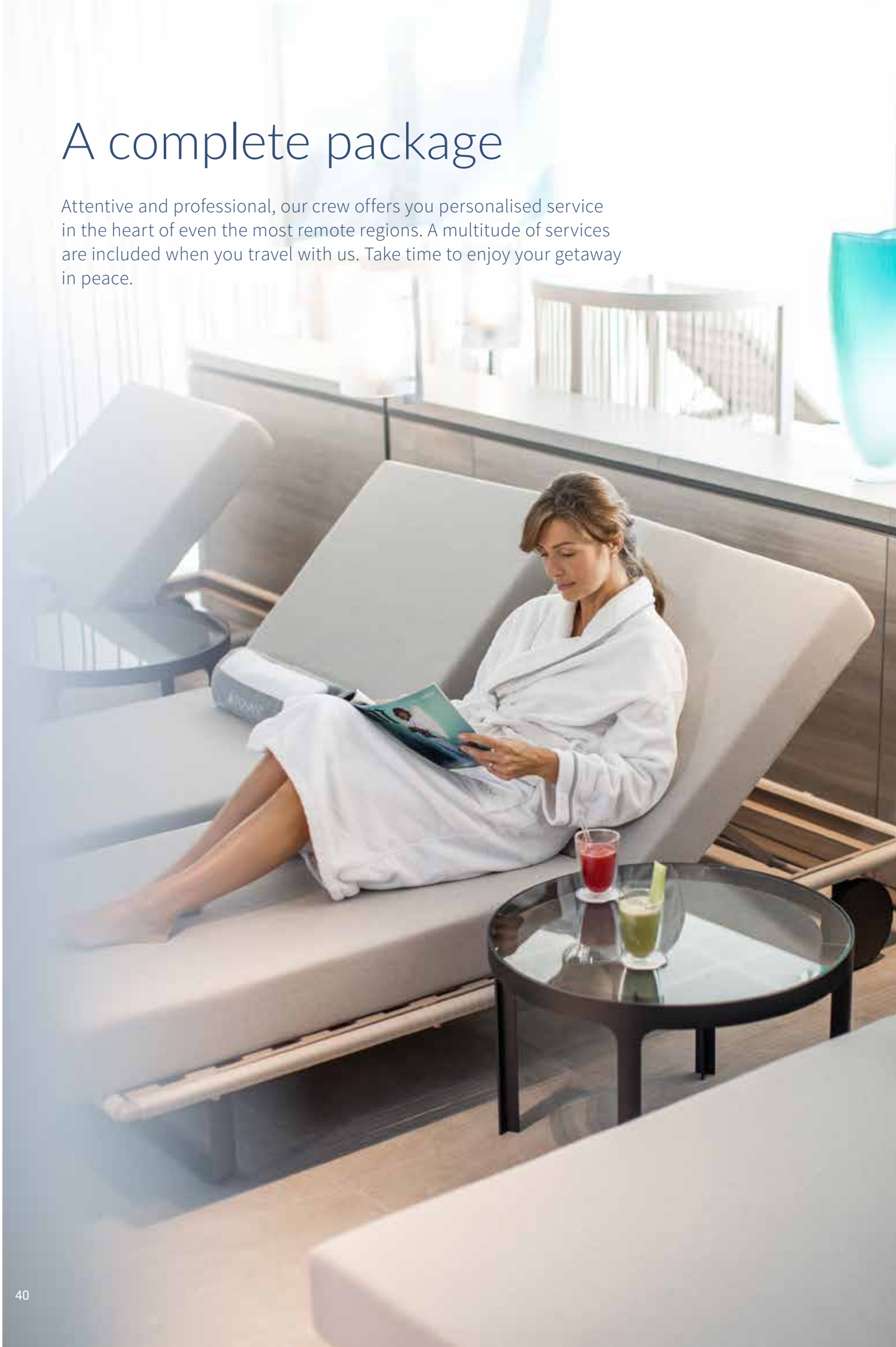


*Your*  
**PONANT**  
*advantages*

To help you organise your cruise, to offer you personalised support, to ensure you have the best possible conditions and opportunities for your trip: we guarantee a tailor-made response to meet your desire to escape.

# A complete package

Attentive and professional, our crew offers you personalised service in the heart of even the most remote regions. A multitude of services are included when you travel with us. Take time to enjoy your getaway in peace.





*“We ensure the everyday wellbeing of our guests. From the welcome and the dishes we serve, to the comfort of the cabins and the implementation of protocols: we ensure compliance with the top-quality PONANT standards.”*

Frédéric Zana, Director of onboard hospitality

## Services included

The French art of living, attentive service, fine dining, activities, wellness spaces: allow yourself to be carried along the water, between moments of relaxation, adventure and discovery, thanks to all the services reserved for you on board.

These include:

- All inclusive from arrival to departure
- Fine dining in all the restaurants
- All drinks in restaurants, bars and minibars
- 24 hour room service
- Butler service in some suites
- Free and unlimited Wi-Fi service on board
- Parties, shows and other activities
- Access to the fitness centre and steam room or sauna, depending on the ship
- Conferences
- Non-motorized water sports activities, such as kayaking or stand-up paddling (diving not included)
- Taxes for national parks and conservation areas
- All port and security fees



## On an expedition cruise

Polar and tropical expedition cruises require specific support which includes additional services, such as:

- Zodiac trips and landings
- All excursions
- Conferences and information sessions on board with naturalist guides
- Parkas provided for polar expeditions
- Rental of rubber boots for polar expeditions



*All beverages are included (champagne, selection of wines and spirits, beers, cocktails, water, soft drinks, hot drinks). Excluding premium à la carte beverages. Butler service is available for the following suites: Le Boréal, L'Austral, Le Soléal and Le Lyrial: all suites on Deck 6, PONANT Explorers: Owner's Suite, Grand Deluxe Suites, Privilege and Prestige Suites on Deck 6, Le Commandant Charcot: Owner's Suite, Duplex Suites, Privilege and Prestige Suites, Le Paul Gauguin: Owner's Suites, Grand Suites, A Veranda Suites and B Veranda Staterooms. Please note that the Wi-Fi connection may be slow and possibly interrupted depending on the geographical area or in circumstances beyond our control.*



## Your tailor-made cruise

Get away the stress-free way: we offer a range of services that will facilitate the organisation of your trip and allow you to personalise your cruise.

*Help and assistance from start to finish*

From the booking of your cruise to your embarkation, we will accompany you every step of the way.

### Booking your cruise

In the days following your booking, you'll receive an email that will enable you to complete your My Ponant account with the required information for your stay with our company. You can download the PONANT app, which will guide you in your travel preparations and during your cruise.

### 24 to 12 months before your departure

You will be notified of the opening of pre- and post-cruise programmes sales and the possibility to book your flights and transfers.

You will have the opportunity to book the regular airline flights corresponding to your cruise with our Travel Consultants. For some hard-to-reach destinations, we offer private flights. Transfers between the airport and the port of embarkation or disembarkation are also possible, as is pick-up from your home.

### 12 to 6 months before your departure

We will ask you to fill in your passport number or inform you that your passport has expired, in order to complete the necessary formalities for your departure.





## 6 to 3 months before your departure

Essential documents, clothing, first-aid kit... You will receive our advice on how to pack for your chosen destination.

We invite you to discover and pre-book the excursions available on your itinerary (excluding expedition cruises).

## 1 month before your departure

You will receive a folder with your personalised travel diary, luggage tags and boarding tickets.

We will remind you of your departure date as you prepare for your trip and your stay on board.

We will provide you with a telephone number to contact in case of emergency.

## 3 days before your departure

You will receive a text message with all the information you need to board.

## Departure of your cruise

### Our à la carte service

Opt for a completely personalised stay. Our dedicated advisors are at your service and will tailor your trip to suit your wishes before, during and after your cruise. You will be able to take advantage of additional tours, private excursions and overnight stays in hotels as you wish.

### Land itineraries

During your cruise: discover your destination in greater depth by choosing excursions selected by our experts to learn more about the cities, monuments or natural sites visited (excluding expedition cruises). They are available for pre-booking two months before your departure.

Before or after your cruise: various programmes and stays are on offer. A safari in South Africa, an escapade in the Galapagos Islands or Machu Picchu... Our teams take care of all the organisation, even once your cruise is over.



## Reductions and special offers

Journeys can be shared or experienced in complete privacy. It is the opportunity to create a bond, make friends or to discover the world and, through it, discover yourself and others. It brings people together, no matter their age. While travel shapes young people, it also sustains the inner flame of seasoned adventurers. Because you trust us to pamper you in these moments, we have developed several benefits for you.

### Single Privilege Offer

We have selected a number of itineraries with no 'single supplement': enjoy a double stateroom at no extra cost.

### Family & Friends

From the fifth person in the same booking, the whole party benefits from a 5% discount on the same port/port cruise (excluding port taxes).

*Children and teenagers up to the age of 17 sharing a stateroom with two adults are also free.*

### With PONANT for the first time

We have not yet had the pleasure of welcoming you on board one of our ships. To help you discover the world of PONANT, we are offering €250 per guest on your first cruise with us.





## Honeymoon & wedding anniversary

Sharing sweet moments together on a cruise is the greatest gift of all. PONANT offers you the opportunity to open a gift list for your wedding or civil union with our reservation service or your travel agency.

For all cruises made within 12 months of the celebration of your marriage or civil union<sup>(1)</sup>, PONANT offers you:

- 5% discount on your cruise;
- A bottle of Champagne;
- A photographer's appointment with five couple's photos<sup>(2)</sup>;
- Two Spa treatments: maximum amount per treatment: €120<sup>(2)</sup>.

Onboard *Le Paul Gauguin*, enjoy a traditional Polynesian benediction and a photography of this special moment.

For each multiple of five years of marriage or civil union<sup>(1)</sup>: if you book a cruise during the anniversary year, you will receive a discount of €200 per cabin or suite.

(1) Offers valid on presentation of proof and applicable only once per anniversary year, cumulative with other offers. (2) Except on board Le Ponant.

## Consecutive Cruises

Continue the fun by combining several cruises and benefit from the following offers:

- On all our cruises: 10% off all consecutive cruises.
- On a particular selection of cruises:
  - 20% off when the cruise is 2nd
  - 30% off when the cruise is 3rd
  - 40% off when the cruise is 4th

Discount applicable on the port/portcruise fare only, excluding port taxes, not applicable on sea voyages. Sea trips are not included in the calculation of the cruise position.

## Refer your friends and family

Because you like to sail with us, let others discover PONANT! As a referrer, you will receive a €500 discount per stateroom on your next cruise (as soon as your referral is booked). Your referral benefits from a €500 reduction on their first cruise. As the number of referrals is not limited, you can accumulate your discounts: [en.ponant.com/ponant-benefits](https://en.ponant.com/ponant-benefits)





# PONANT Yacht Club

Extend the pleasure of travelling with us by joining the PONANT Yacht Club on your second cruise. As a member, you benefit from special attention, exclusive services on board and on land, and privileged services.

# Find out about your advantages



	MAJOR	ADMIRAL	GRAND ADMIRAL	COMMODORE
	After you confirm your 2nd cruise	After you confirm your 4th cruise	After you confirm your 7th cruise	After you confirm your 20th cruise
Discount on your future bookings (see opposite)	5%	7.5%	10%	12,5%
Discount for all onboard expenses, except excursions		20%	25%	25%
Onboard credit	€50	€100	€150	€200
Complimentary onboard laundry service	✓	✓	✓	✓
The opportunity to join the PONANT Yacht Club's Loyalty cruises	✓	✓	✓	✓
Complimentary upgrade		✓	✓	✓
Change your choice of cruise without incurring charges			✓	✓
Dedicated phone line				✓
Priority boarding				✓

## Your PONANT Yacht Club exclusive benefits


- As *Le Paul Gauguin* has joined the PONANT family, your cruises on board this ship count towards your loyalty programme.
- Explore your own private Facebook group: get sneak previews of the latest news, never-before-seen photos and share your experiences with other PONANT Yacht Club members.
- The PONANT passport, which you receive with your membership card: take it with you on your next cruise and have the different theme pages stamped, depending on your destination, the ship or your loyalty status.

To find out more about the Ponant Yacht Club, point the QR code scanner of your smartphone at the icon opposite (most are compatible) or visit [en.ponant.com/ponant-benefits](https://en.ponant.com/ponant-benefits).









# The Arctic & the American Far North

After the long winter, these lands partly shed their coat of ice and metamorphose in the summer season.

# Not to be missed

The Arctic regions undergo incredible transformations as the summer solstice approaches.

The sun gradually emerges from its hiding place, creating seemingly endless sunsets displaying spectacular shapes and colours. The abundant wildlife becomes more active and may sometimes be seen and observed. The raw beauty of these lands bursts forth in all its splendour, presenting itself in the form of myriad landscapes bedecked in thousands of colours.



## Arctic hospitality

Few cultures in the world attract as much interest and fascination as the indigenous inhabitants of the polar regions. The 40 or so different ethnic groups making them up, such as the Inuit, the Sámi, the Aleuts, the Tlingit and the Yupiks, are fragments of a mosaic of vast and diverse cultures that have existed for thousands of years in extreme isolation. Though now connected to the latest technologies, they nevertheless strive to keep their traditional cultures alive. Having the chance to meet these indigenous peoples is an exceptional opportunity. With hospitality forming part of their customs, they are very welcoming, and willing to share their traditions, their craft techniques and some of the words and chants found in their native languages. Meeting these peoples also provides an opportunity to observe the close links they maintain with the land through fishing, hunting and reindeer herding.

## The thousand different facets of the Arctic Circle

To sail through this region of the world is to experience a voyage of prodigious proportions. There is an incredibly rich variety of landscapes and scenery to admire. Here, a majestic dazzling iceberg rising up in the middle of a sea of ice displaying thousands of shades of white and blue. There, a vertiginous fjord coming into view, encircled by steep cliffs of dark basalt. Further in the distance, a sparkling river snaking its way through a wide glacial valley. And over there, wild tundra covered in a luxurious blanket of softly coloured lichens, mosses and grasses. Whether on foot, in snowshoes, from a zodiac inflatable, or on board the ship, exploring the Arctic Circle is an experience of continual amazement.

## Hide-and-seek in the Far North

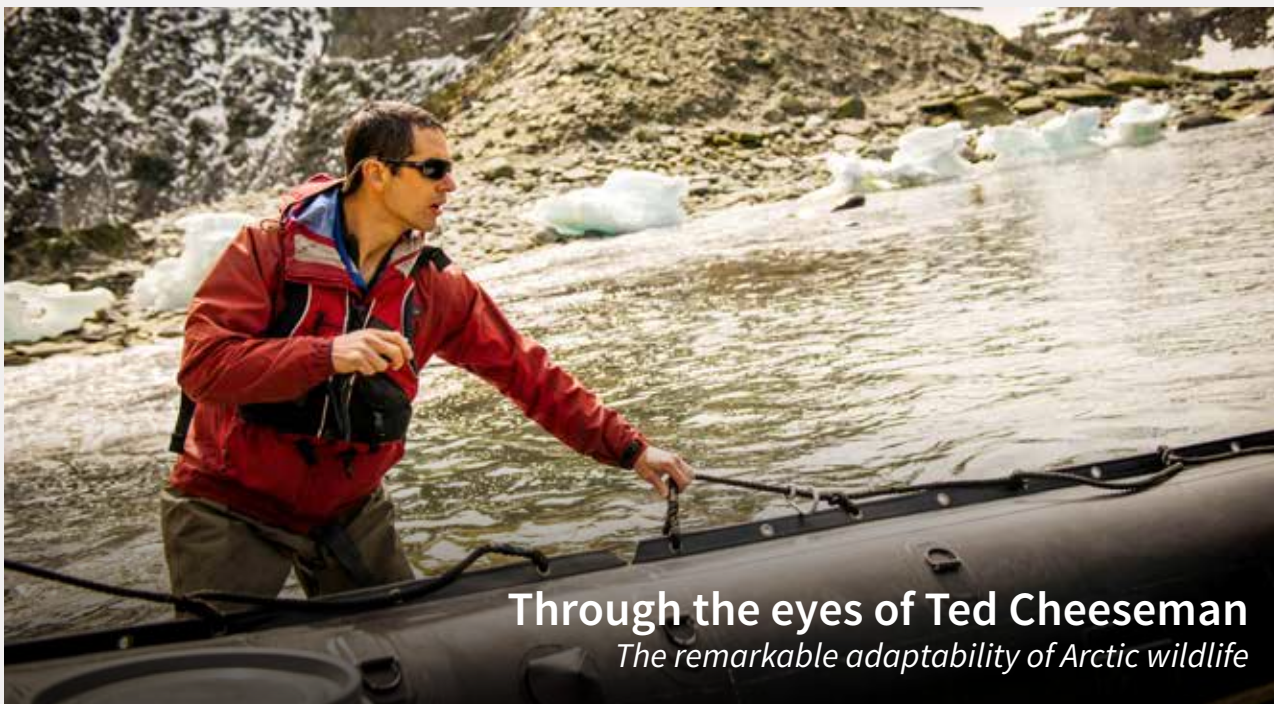
It is of course his majesty the polar bear who reigns supreme in the Far North. His kingdom, however, is also populated with walrus, whales, narwhals, seals, Svalbard reindeer, sea otters, small rorquals, Arctic foxes and around 300 species of birds. Nonetheless, you need to arm yourself with patience and keep your eyes peeled to spot and discover this fascinating wildlife; because the reason it's able to survive in one of the most hostile environments in the world is basically because it's learned to make it its own and blend in with it. The ship's onboard naturalists know what signs and indications to look for and can find out where these creatures – expert hide-and-seek players that they are – are located, thus guiding the wildlife watching experience. A unique quest for no less unique discoveries.

A large, textured iceberg with a bird flying in the distance.

## *Things to see, do and experience*

- ✓ **The narwhal, or 'unicorn of the sea'**, which can be seen only in the waters of the Arctic. The males of the species are adorned with a tusk, which can grow to more than three metres in length in some cases.
- ✓ **The islands of Saint Pierre and Miquelon**, the last remaining vestiges of New France, the only French territory in America.
- ✓ **The sail amongst the icebergs in Tsaa fjord**, from where there are views of Guyot Glacier; or in Icy Bay in Alaska, as both time and the succession of landscapes pass gently by.
- ✓ **The last remaining hunters of the North Pole** in the Baffin Sea in Greenland, who continue to keep the Inuit's ancient traditions alive.
- ✓ **The sculptures of the indigenous peoples of the Far North**, who create veritable works of art with their ivory and wood engraving techniques.
- ✓ **The chiselled coast of Spitzbergen**, the last island before the North Pole, where there are remains of ancient whaling ships to be seen.
- ✓ **The world's tallest totem pole** (measuring 60 metres high), located in the Tlingit village of Kake on the northern part of America's west coast.

# Ports of call and places to explore



**Through the eyes of Ted Cheeseman**  
*The remarkable adaptability of Arctic wildlife*

Ocean biologist at the Sorbonne Marine Ecology Research Center, Ted Cheeseman has been travelling, guiding and studying in the Arctic for almost 10 years. In 2015, he founded *Happywhale*, a participatory research tool dedicated to the study of whales.

"My PhD work on humpback whales has me studying Arctic waters as whale populations are still responding to 20th century industrial whaling and climate change is causing the retreat of sea ice changing habitats. Arctic marine fauna is unique because at such high latitudes species have evolved to deal with the most seasonal environment on the planet. There is, high above the Arctic circle, one day and one night per year. Animals must therefore migrate or learn to live with the extreme polar night, creating remarkable adaptations. When in the Arctic I like to think of the explorers, hunters,

sealers and whalers who came into these waters in the 1600s — and of indigenous peoples who made homes at extreme latitudes from thousands of years ago... We travel in great comfort with our down and tech clothing compared to those who came before us! By bringing teams of experienced naturalist guides on board (even a science platform aboard *Le Commandant Charcot*), PONANT voyages give guests a unique access to a depth of experience and learning that very much complements an adventure into extreme latitudes."

## Iceland, land of fire and ice

In this wild, untamed land, one of the most volcanic in the world, and which has just two inhabitants per square kilometre, time seems to be standing still. The Icelanders call it "the country of the creation of the world". The landscapes of water, ice, lava, black sand and rocks are barely troubled by the presence of sheep and wild horses. The nature has a raw and powerful beauty. Behind this imposing glacier, the biting wind blows with all its force. Close to the spectacular waterfalls, nothing can stop the roar of the wild, tumbling water. The hot water springs, for their part, offer the unique spectacle of geysers in action. All around you, in every direction, there is a strong sense of freedom.





## In the footsteps of Erik the Red

More than 1,000 years ago, Erik the Red, banished from his Icelandic homeland and forced to seek exile, landed in the south of Greenland. He there discovered a land of welcoming landscapes of fjords and green, fertile valleys, and named it Greenland. It was then summer in this region constituted of the largest network of fjords in the world – Scoresby Sound. Over the course of this short season, just as a thousand years ago, nature reveals a finery impossible to imagine at the heart of summer: the mountains become green, the meltwaters and the waters of the waterfalls join together, the flowers bloom, the animals come out to play, the birds criss-cross the skies in all directions, and the seas come alive with breaching whales and leaping fish.



## The secrets of the Baffin Sea

A place at the very limits of extreme lands, where the sea ice briefly fragments over the space of a short summer; a place of ice deserts, virgin lands from the first dawns of the world, and the vast immensities of the polar ocean: welcome to the Baffin Sea. Take the time to look and observe. You will discover the hidden part of a preserved treasure: polar bears, humpback whales, seals and migrating birds have all chosen to make this their home. We offer several excursions by zodiac inflatable boat, giving you the opportunity to immerse yourself in the heart of this unique scenery and observe this exceptional wildlife.



## The immensity of the Great Lakes

It needed the melting of glaciers 14,500 years ago to form the Great Lakes of North America as we know them today. Straddling both the United States and Canada, these giant inland seas make up the world's largest group of freshwater lakes and account for 20% of all the planet's fresh water. There is a myriad of breathtaking sights to see when sailing lakes Ontario, Erie, Huron and Michigan, and the St. Lawrence Seaway. Amongst the must-see places to visit of the North American and Canadian landscapes are the UNESCO-inscribed Georgian Bay Littoral Biosphere Reserve and the famous Niagara Falls.



## The art of the totem pole on the west coast

We usually associate totem poles with Native American culture. This is an inaccurate generalisation however. These poles carved from large cedars and painted in vivid colours (and subsequently displaced to museums and national parks from their original locations by Europeans) are part of the traditional culture of the indigenous peoples of the northern part of the west coast. Totem poles recount the beliefs and familial and cultural ancestry of a nation, a family or an individual. Carrying depictions of people, animals or supernatural beings, they are usually placed facing river banks or the ocean, as attested by the poles at Sitka National Historical Park in Alaska, which are the work of Tlingit Indians.

# Icelandic mosaic

**REYKJAVÍK • REYKJAVÍK** 8 days/7 nights  
**LE BELLOT** 4th and 11th June, 6th and 13th August 2023  
**LE BORÉAL** 11th August 2023  
**From € 6,010**



## Grundarfjörður

This secret boreal hideaway is located at the foot of the Kirkjufell, on Snæfellsnes peninsula. Arriving by boat means you get an up-close view of the lava-stone rock standing like a sentinel at the entrance to the bay; Grundarfjörður lies sheltered behind this cone-shaped rock. A stone's throw from the jetty, crystal-clear waters, tundra and beaches give into the cerulean waters of Breiðafjörður. Scattered with its emerald-coloured lawns, this town, with its buildings that merge into the surrounding countryside, will most certainly win your favour. Three excursions are available in this stopover: a journey through the several small fishing villages and the volcanic landscapes of the Snæfellsnes peninsula; a tour among caves, craters and coves; finally, a walk at the foot of the Snæfellsjökull. The latter, a common link between all these excursions, is one of the most famous volcanos of Iceland: one of its craters is home to the passage leading to the depths of the planet in Jules Verne's novel *Journey to the Centre of the Earth*.



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Reykjavík (Iceland)</b> <i>Embarkation from 16.00 to 17.00</i>	
2	<b>Grundarfjörður (Iceland)</b>	<i>Afternoon</i>
3	<b>Grímsey (Iceland)</b>	<i>Afternoon</i>
4	<b>Akureyri (Iceland)</b>	<i>Full day</i>
5	<b>Ísafjörður (Iceland)</b>	<i>Full day</i>
6	<b>Heimaey, Westman Islands (Iceland)</b>	<i>Afternoon</i>
7	<b>Reykjavík (Iceland)</b>	<i>Full day and evening</i>
8	<b>Reykjavík (Iceland)</b> <i>Disembarkation</i>	



See website for an enriched departure round-trip from Reykjavík on 13th August **in alliance with Smithsonian Journeys**. Two Smithsonian Journeys experts will join this departure.

### Highlights:

- Optional Golden Circle excursion: the three most emblematic sites in Iceland.
- Discover Reykjavík, capital of Iceland.
- Landscapes: vast glaciers, breathtaking fjords, volcanic rock, basalt pillars, jagged cliffs and geysers.
- Wildlife: Atlantic puffins\*, Northern gannets\*, Arctic terns, Minke whales, humpback whales, Icelandic horses.
- A passionate lecturer on board.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed. \*Except for August departures.*

# Icelandic nature and traditions

REYKJAVÍK • REYKJAVÍK

LE BORÉAL 12 days/11 nights  
31st July 2023

From € 7,150



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Reykjavík (Iceland)</b> - Embarkation from 16.00 to 17.00	
2	Sailing around Surtsey Island Heimaey, Vestmannaeyjar (Iceland)	Morning Afternoon
3	Grundarfjörður (Iceland)	Afternoon
4	Ísafjörður (Iceland)	Full day
5	Djúpavík (Iceland)	Full day
6	Siglufjörður (Iceland) Grímsey (Iceland)	Morning Afternoon
7	Akureyri (Iceland)	Full day
8	Húsavík (Iceland)	Morning
9	Seyðisfjörður (Iceland)	Full day
10	Hornafjörður (Iceland)	Full day
11	At sea	
12	<b>Reykjavík (Iceland)</b> - Arrival: 07.00 Disembarkation	

## Highlights:

- A circumnavigation of Iceland, a land of extremes and contrasts at the limit of the Arctic Circle, to discover a wild and grandiose nature.
- Discover Reykjavík, capital of Iceland with its many cultural riches.
- Possibility of discovering Iceland's fishing-based culinary customs, culture and traditions.
- Possibility of an excursion to the Skálanes nature reserve and explore the Jökulsárlón glacial lake and Diamond Beach.
- A passionate lecturer on board.
- Landscapes: glaciers, fjords, icebergs, volcanic rock, basalt pillars, jagged cliffs, geysers, waterfalls, lava fields, black sand beaches, caves, geothermal field, lake.
- Wildlife: seabirds, Minke whales, humpback whales, killer whales, porpoises, dolphins, Icelandic horses.

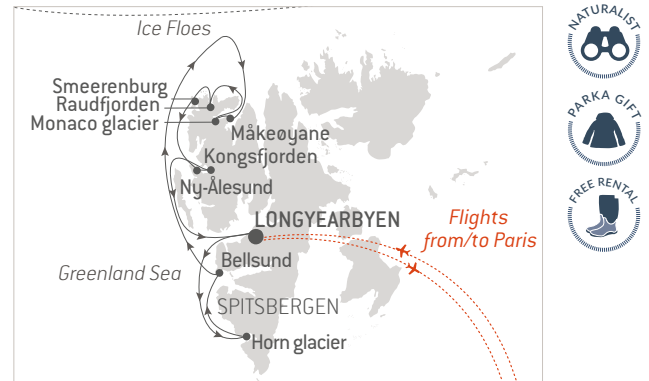
# Fjords and glaciers of Spitsbergen

LONGYEARBYEN • LONGYEARBYEN 8 days/7 nights

L'AUSTRAL 17th, 24th and 31st May, 7th,  
14th and 21st June 2023

LE BORÉAL 30th May, 6th, 13th and 27th June  
and 4th July 2023

From € 7,990



DAY	ITINERARY
1	<b>Flight Paris/Longyearbyen, Spitsbergen (Norway)</b> Welcome and transfer. Embarkation from 16.00 to 17.00.
2	Hornsund (Norway)
3	Bellsund, Spitsbergen (Norway)
4	Sailing toward the ice floes
5	Måkeøyane, Spitsbergen (Norway) Monaco Glacier, Spitsbergen (Norway)
6	Raudfjorden, Spitsbergen (Norway) Smeerenburg, Spitsbergen (Norway)
7	Ny-Ålesund, Spitsbergen (Norway) Kongsfjorden (King Bay), Spitsbergen (Norway)
8	<b>Longyearbyen, Spitsbergen (Norway)</b> - Arrival: 08.00 Disembarkation and transfer. <b>Flight Longyearbyen/Paris.</b>



See website for an enriched departure on 14th June  
in alliance with Smithsonian Journeys.  
Two Smithsonian Journeys experts will join this departure.

## Highlights:

- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Hiking opportunity.
- Discover Ny-Ålesund, the starting point of many expeditions to the North Pole since 1926 with Nobile and Amundsen.
- Enjoy intense sailing experiences in the search for pack ice.
- Landscapes: ice floes, jagged mountains, icebergs, ice caps, steep-sided valleys, sheer cliffs, huge glaciers.
- Wildlife: polar bears, walruses, Arctic foxes, Svalbard reindeer, cetaceans, seabirds.

Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.

# Expedition to the edge of the Ice Sheet

**REYKJAVÍK • KANGERLUSSUAQ**  
**LE BORÉAL** 14 days/13 nights  
 18th August 2023  
**From € 9,000**



DAY	ITINERARY
1	<b>Reykjavík (Iceland)</b> - Embarkation
2	Reykjavík (Iceland)
3	At sea
4	Tasiilaq (Greenland) - Sermilik Fjord (Greenland)
5	Skjoldungen (Greenland)
6	Augpilatok (Greenland)
7	Hvalsø (Greenland) - Narsaq Fjord (Greenland)
8	Ivigut (Greenland)
9	Nuuk (Greenland)
10	Sisimiut (Greenland)
11	Paul-Émile Victor Base Camp, Eqi Glacier (Greenland)
12	Disko Bay (Greenland)
13	Itilleq (Greenland)
14	<b>Kangerlussuaq (Greenland)</b> - Arrival: 07.00 Disembarkation and transfer. <b>Flight Kangerlussuaq/Paris.</b>

## Highlights:

- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Hiking opportunity.
- UNESCO World Heritage Site: Ilulissat Icefjord.
- Visit traditional villages and Nuuk, the capital of Greenland, and meet the Inuit people.
- Following in the footsteps of the Vikings, from the east coast of Greenland to Hvalsø, home to ancient remains.
- Discover the Eqi Glacier, at the bottom of Disko Bay, where the Paul-Émile Victor base marked the departure of many expeditions to the ice cap.
- Landscapes: fjords, iridescent glaciers and icebergs, wild tundra, lakes, and mountain ranges.
- Wildlife: humpback whales, orcas, seals, musk oxen, Arctic foxes.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*

# Greenland of great explorers

**LONGYEARBYEN • KANGERLUSSUAQ**  
**L'AUSTRAL** 15 days/14 nights  
 28th June 2023  
**From € 13,230**



DAY	ITINERARY
1	<b>Flight Paris/Longyearbyen, Spitsbergen (Norway)</b> Welcome and transfer. Embarkation from 16.00 to 17.00.
2	Stellingfjellet, Svalbard (Norway) - Isbukta, Spitsbergen (Norway)
3	At sea
4	Jan Mayen Island, Svalbard (Norway)
5	At sea
6	Watkins Fjord (Greenland)
7	Tugtilik (Greenland) - Storo Island (Greenland)
8	Sermilik Fjord (Greenland) - Tasiilaq (Greenland)
9	Qingminguartalik (Greenland) - Nansen Harbor (Greenland)
10	Skjoldungen (Greenland)
11	Prins Christian Sund (Greenland) - Augpilatok (Greenland)
12	Igaliku (Greenland) - Narsaq Fjord (Greenland)
13	At sea
14	Evighedsfjorden (Greenland)
15	<b>Kangerlussuaq (Greenland)</b> - Arrival: 07.00 Disembarkation and transfer. <b>Flight Kangerlussuaq/Paris.</b>

## Highlights:

- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides; hiking opportunity.
- Exploring the East coast of Greenland and its pristine territories once trodden by the first French explorers Jules de Blommeville, Jean-Baptiste Charcot and Paul-Émile Victor.
- Visiting traditional villages and meeting the Inuit people.
- Landscapes: fjords, rugged mountains, glaciers, icebergs, wild tundra, sheer cliffs, polar ice cap, ice floes.
- Wildlife: Arctic terns, musk oxen, Arctic foxes and hares, whales, seals and orcas.
- Sail along the Prins Christian Sund, a narrow, 100-km long passage that winds its way through cliffs and glaciers.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*





# The mystical Far North

## KANGERLUSSUAQ • KANGERLUSSUAQ

L'AUSTRAL 17 days/16 nights

25th July and 10th August 2023

From € 16,240



## Isabella Bay, Nunavut

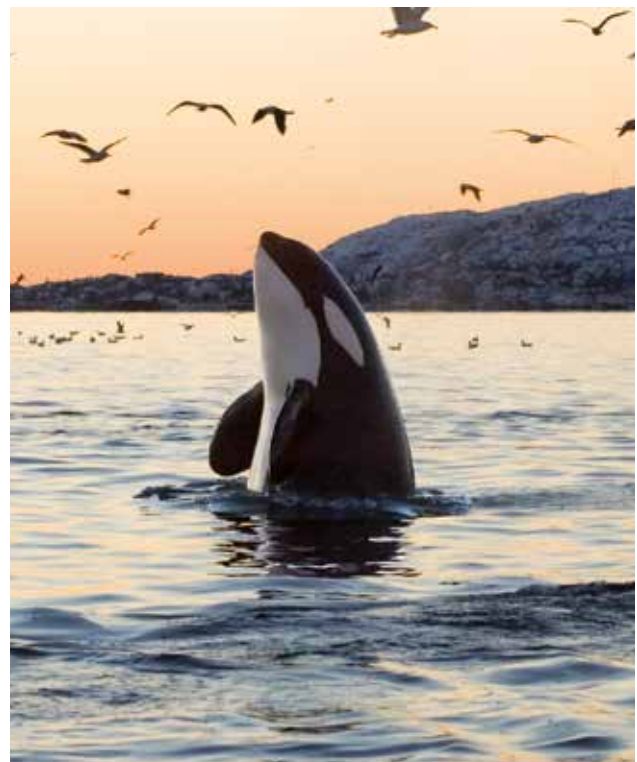
Welcome to the kingdom of the cetaceans! Here, those who love the giants of the Arctic won't know where to look. With undersea faults over 300 metres deep, Isabella Bay, located on the north-east coast of Baffin Island, attracts cetaceans that come here to feed. The bay is in fact part of the Ninginganiq National Wildlife Area, one of the finest places to observe bowhead whales, the uncontested stars of these parts. From your ship, watch the sumptuous ballet performed by these impressive mammals. The Ninginganiq Wildlife Area is also home to other species, such as ringed seals, narwhals, polar bears, king eiders, little auks and northern fulmars.

DAY	ITINERARY
1	<b>Flight Paris/Kangerlussuaq (Greenland)</b> Welcome and transfer. Embarkation from 16.00 to 17.00.
2	Sisimiut (Greenland)
3	Disko Bay (Greenland)
4	Paul-Émile Victor Base Camp, Eqi Glacier (Greenland)
5	Kuannit Coast (Greenland)
6	Akulleq (Greenland) - Karrat Fjord (Greenland)
7	Kullorsuaq (Greenland)
8	Savissivik (Greenland)
9,10	Thule Region (Greenland)
11	Pond Inlet, Nunavut (Canada)
12	Icy Arm Fjord (Canada)
13	Isabella Bay, Ninginganiq National Wildlife Area (Canada)
14	Sam Ford Fjord, Nunavut (Canada)
15	At sea
16	Evighedsfjorden (Greenland)
17	<b>Kangerlussuaq (Greenland) - Arrival: 07.00</b> Disembarkation and transfer. <b>Flight Kangerlussuaq/Paris.</b>

### Highlights:

- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Disko Bay, listed as a UNESCO World Heritage Site, to see the Northern Hemisphere's largest icebergs.
- Sail between the ice floes and icebergs in the region of Thule.
- Discover of traditional villages among the northernmost in the world.
- Encounters with the Inuit people.
- Landscapes: tundra, ice cap, glaciers, icebergs, ice floe.
- Wildlife: polar bears, humpback whales, Arctic terns, belugas, bearded seals, orcas and narwhals.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*



# Baffin Bay secrets

**KANGERLUSSUAQ • KANGERLUSSUAQ**  
**L'AUSTRAL** 14 days/13 nights  
 12th July 2023  
 From € 15,020



DAY	ITINERARY
1	<b>Flight Paris/Kangerlussuaq (Greenland)</b> Welcome and transfer. Embarkation from 16.00 to 17.00.
2	Sisimiut (Greenland)
3	Disko Bay (Greenland)
4	Paul-Émile Victor Base Camp, Eqi Glacier (Greenland)
5	Akulleq (Greenland) - Karrat Fjord (Greenland)
6	Kullorsuaq (Greenland)
7	Savissivik (Greenland)
8	Pond Inlet, Nunavut (Canada)
9	Icy Arm Fjord (Canada)
10	Isabella Bay, Ninginganiq National Wildlife Area (Canada)
11	Sam Ford Fjord, Nunavut (Canada)
12	At sea
13	Evighedsfjorden (Greenland)
14	<b>Kangerlussuaq (Greenland) - Arrival: 07.00</b> Disembarkation and transfer. <b>Flight Kangerlussuaq/Paris.</b>

## Highlights:

- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Hiking opportunity.
- Visit traditional villages and encounter the Inuit people.
- Disko Bay, listed as a UNESCO World Heritage Site, to see the Northern Hemisphere's largest icebergs.
- Landscapes: ice floes, jagged mountains, icebergs, ice caps, steep-sided valleys, sheer cliffs, huge glaciers.
- Wildlife: polar bears, Arctic terns, walruses, whales, musk oxen.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*

# From Canada to the American East Coast

**TORONTO • GLOUCESTER** 15 days/14 nights  
**LE BELLOT** 16th October 2023  
**LE DUMONT-D'URVILLE** 23rd October 2023  
 From € 9,000



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Toronto (Canada) - Embarkation from 16.00 to 17.00</b> Sailing Lake Ontario (United States)		
2	Sailing River Saint Lawrence and going through its locks (Canada)		
3	Montreal (Canada)		Full day
4	Québec (Canada)		Full day
5	Saguenay (Canada)		Afternoon and evening
6	Tadoussac (Canada)		Full day
7	At sea		
8	Percé (Canada)		Morning
9	Cap-aux-Meules, Magdalen Islands (Canada)		Full day
10	Baddeck (Canada)		Full day
11	Louisbourg (Canada)		Morning
12	Lunenburg (Canada)		Afternoon
13	At sea		
14	Bar Harbor (United States)		Morning
15	<b>Gloucester (United States) - Arrival: 07.00. Disembarkation.</b>		



See website for an enriched departure on 16th October **in alliance with Smithsonian Journeys**. Join two Experts, including conductor of the Boston Pops **Keith Lockhart** and maritime historian **Eric Roorda**.

## Highlights:

- UNESCO World Heritage Site: the old towns of Lunenburg and Québec.
- Sailing on the St. Lawrence, home to a rich ecosystem.
- Visiting national parks, such as Acadia and Saguenay Fjords National Parks, and fishing villages that have kept their authentic charm, such as Provincetown.
- Observation of marine mammals at the mouth of the Saguenay River.

# Great Lakes of North America

**TORONTO • MILWAUKEE** 8 days/7 nights

LE BELLOT 4th September 2023

LE DUMONT-D'URVILLE 28th August and 9th October 2023

From € 4,200

**MILWAUKEE • TORONTO** 8 days/7 nights

LE BELLOT 11th September and 9th October 2023

LE DUMONT-D'URVILLE 16th October 2023

From € 4,200



## Parry Sound, Lake Huron

Following in the footsteps of Samuel de Champlain, who was the first European to explore and map the area, you will discover the charms of Georgian Bay, a UNESCO Biosphere Reserve. East of the bay, the charming city of Parry Sound enjoys an exceptional natural setting, adorned with blazing colours during the Second summer. The city and its surroundings offer a condensed version of all that the Great Lakes region has to offer: windswept forests of conifers, rocky shores characteristic of the Canadian Shield, beaches of fine sand, clear and calm waters producing magnificent reflections that change with the time of day and luminosity... A real paradise for fauna and flora, the place will delight fans of nature and photography.

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Milwaukee</b> (United States) - Embarkation from 16.00 to 17.00	
2	Sailing Lake Michigan (United States) Mackinac Island (United States)	Afternoon
3	Sault Ste. Marie (Canada)	Full day
4	Little Current (Canada)	Full day
5	Parry Sound (Canada) Sailing Lake Huron (Canada)	Afternoon
6	Sailing St. Clair River (Canada) Sailing through Detroit (United States)	
7	Sailing Lake Erie (Canada) Port Colborne (Canada)	Afternoon
8	<b>Toronto</b> (Canada) - Arrival: 07.00 Disembarkation	



See website for an enriched departure on 28th August and 9th October **in alliance with Smithsonian Journeys**. Two Smithsonian Journeys experts will join these departures.

### Highlights:

- UNESCO World Heritage Site: Biosphere Reserve of Georgian Bay.
- An itinerary combining nature and culture: picturesque landscapes and geological curiosities, the history of the Native Americans inhabiting the region before European colonisation, charming villages, and metropolises bearing witness to North American economic vitality.
- Possibility of excursion to Niagara Falls.
- Charming port of call on Mackinac Island, with its preserved Victorian buildings.
- Opportunity to visit Chicago before your cruise.



# Greenland & Canada via Saint Pierre and Miquelon

NEW

REYKJAVÍK • TORONTO

LE BELLOT 16 days/15 nights

20th August 2023

From € 7,830



## A far-off French territory

Off the Canadian coast, discover Saint Pierre, one of the two main islands of the Saint Pierre and Miquelon archipelago, the only French territory in North America. Endowed with a natural harbour, the island, whose name is a reference to the patron saint of fishermen, developed around the fishing industry. It is also renowned for the observation of exceptional fauna including, among others, whales, fin whales, dolphins, seals, puffins and petrels. At the entrance of the Gulf of Saint Lawrence, not far from the Grand Banks of Newfoundland, Miquelon will delight those with a love of wide open space. Made up of three peninsulas connected by long sand spits, this wild land is famous for being home to France's only boreal forest. The rich and varied wildlife is the promise of fine encounters, whether inland, populated with white-tailed deer and bald eagles, or on the coast, home to many seabirds and grey seals.

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Reykjavík</b> (Iceland) - Embarkation from 16.00 to 17.00	
2	At sea	
3	Prins Christian Sund (Greenland) - Kujalleq Glacier (Greenland)	
4	Augpilatok (Greenland)	Full day
5,6	At sea	
7	L'Anse-aux-Meadows, Newfoundland (Canada)	Morning
8	Saint-John's, Newfoundland (Canada)	Afternoon
9	Saint Pierre Island, Saint Pierre and Miquelon (France)	Afternoon and evening
10	Miquelon Island, Saint Pierre and Miquelon (France)	Morning
11	Cap-aux-Meules, Magdalen Islands (Canada)	Morning
12	Percé (Canada)	Morning
13	Tadoussac (Canada)	Afternoon
14	Québec (Canada)	Full day
15	Sailing River Saint Lawrence and going through its locks	
16	<b>Toronto</b> (Canada) - Arrival: 08.00 Disembarkation	

### Highlights:

- UNESCO World Heritage Site: L'Anse-aux-Meadows, a Viking archaeological site from the 11th century; the old city of Québec.
- Wildlife: seabirds, caribous, musk oxen, whales and orcas.
- Sail along the Prins Christian Sund, a narrow, 100-km long passage that winds its way through cliffs and glaciers.
- Percé, one of the most scenic villages of Québec, close to a National Park famed for its natural, historical and geological heritage.
- The opportunity to observe marine mammals in Tadoussac, at the mouth of the Saguenay River.
- Travelling up the St. Lawrence River, one of the largest rivers in the world, with an immense and wild shoreline.



# Alaska and its fur traders

**NOME • VANCOUVER**

**L'AUSTRAL** 15 days/14 nights

18th September 2023

**From € 10,060**



## Icy Bay, Alaska

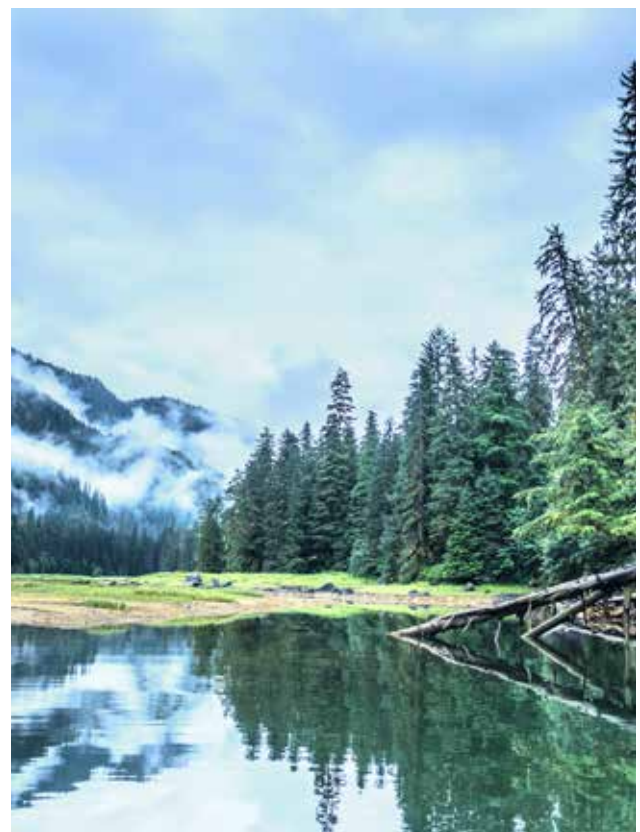
Formed by the retreat of the Guyot, Yahtse and Tyndall glaciers over the past hundred years, Icy Bay is one of those timeless places where silence reigns supreme. Let yourself be enthralled by landscapes of breathtaking beauty, enhanced by magnificent views over the Saint Elias Mountains. The bay, several kilometres wide, is often scattered with icebergs sliding on clear and deep waters. It grants you access to several sounds, among which are the Tsaa fjord, very close to the Guyot glacier. Many marine mammals and sea birds have chosen to live on this territory with very few visitors in the south of Alaska.

DAY	ITINERARY
1	<b>Flight Seattle/Nome, Alaska</b> (United States) Welcome and transfer. Embarkation from 16.00 to 17.00.
2	At sea
3	Saint Matthew Island (United States)
4	Saint Paul Island, Pribilof Islands (United States)
5	Dutch Harbor, Unalaska (United States)
6	Unga Island, Alaska (United States)
7	Geographic Harbor, Alaska (United States)
8	At sea
9	Tsaa Fjord, Icy Bay, Alaska (United States)
10	Sitka, Alaska (United States)
11	Kake, Alaska (United States)
12	Prince Rupert (Canada)
13	At sea
14	Alert Bay (Canada) - <i>Sailing in the Johnstone Strait (Canada)</i>
15	<b>Vancouver</b> (Canada) - Arrival: 07.00 Disembarkation

### Highlights:

- Shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Hiking opportunity.
- Visit traditional villages and encounter the indigenous peoples of the Far North: the Aleuts, Tlingits, Kwakwaka'wakws, Yupiks, and Haidas.
- Landscapes: fjords, tall mountains, huge glaciers, primary forest, jagged cliffs.
- Wildlife: brown bears, grizzlies, Arctic terns, common seals, whales and orcas.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*



# The Northwest Passage, in the wake of Roald Amundsen

KANGERLUSSUAQ • NOME

LE BORÉAL 25 days/24 nights

31st August 2023

From € 21,930



## To the boundaries of the Far North

Set sail for an adventure lasting more than three weeks, among the labyrinthine channels of the mythical Northwest Passage. Along the west coast of Greenland, monumental icebergs criss-cross the Labrador Sea as you travel towards Baffin Bay. In Gjoa Haven, you will discover the wintering site of the expedition Amundsen undertook between 1903 and 1906 – he was the first to pave the way on this northern route between the Atlantic and the Pacific oceans. On Beechey Island, you will retrace the steps of the Franklin expedition, before marvelling at the sublime canyon at Fury Beach.

Throughout your trip, you will enter majestic fjords and sail at the edge of the ice floes, in the hope of glimpsing the polar bear, the lord of the Far North. Try to spot bowhead whales in the Beaufort Sea; as for grey whales, these occupy the waters of the Bering Strait before they migrate towards the south of the continent. This exceptional journey takes in the emblematic fauna of the Far North and offers unforgettable encounters with the people of the North, who perpetuate their ancestral traditions in harmony with dreamlike landscapes.

### Highlights:

- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- The possibility of meeting Greenlandic and Canadian Inuit peoples to share a unique connection in Holman and Gjoa Haven.
- In the footsteps of the great polar explorers, the discovery of Amundsen's wintering site in Gjoa Haven, right near the mythical shipwrecks of John Franklin's *HMS Erebus* and *HMS Terror*.
- The western coast of Greenland, bathed by Baffin Bay, and its traditional villages surrounded by icebergs, glaciers, tundra and spectacular mountains.
- Disko Bay, listed as a UNESCO World Heritage Site.
- Landscapes: ice pack, jagged islands, fjords, glaciers, mountain chains, monumental icebergs.
- Wildlife: Arctic foxes, seabirds, belugas, narwhals, bowhead whales, humpback whales, muskox, walrus and the possibility of seeing polar bears.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*

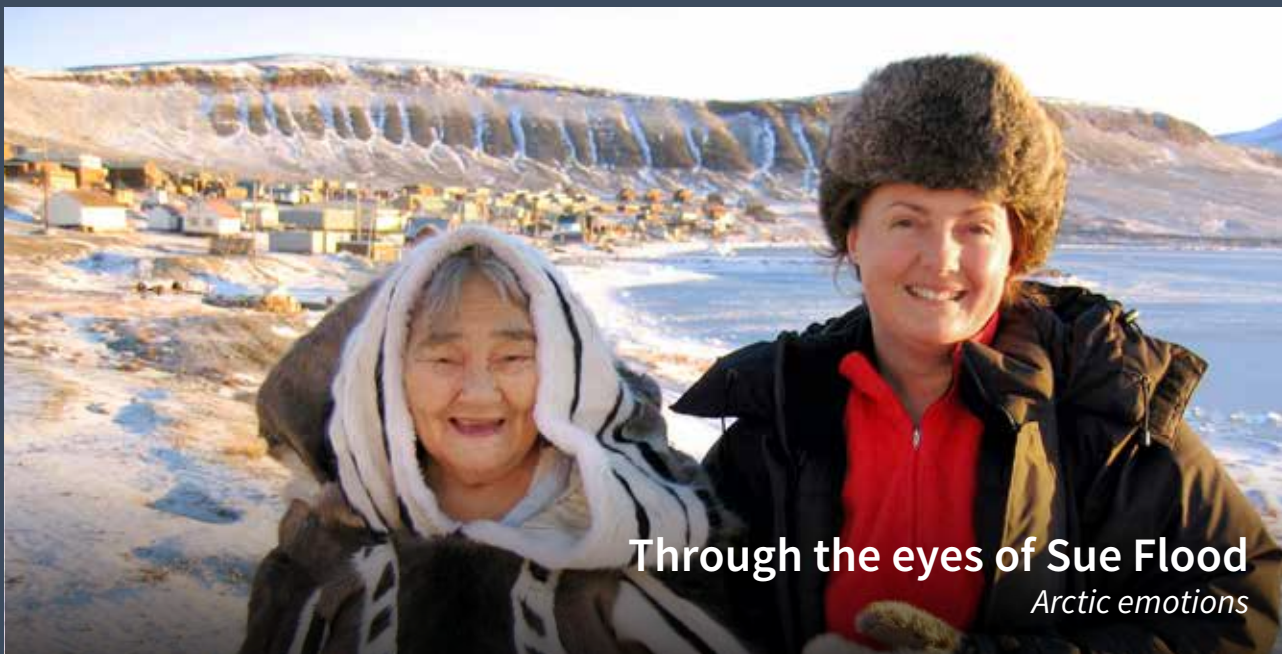
DAY	ITINERARY
1	<b>Flight Paris/Kangerlussuaq</b> (Greenland) <i>Welcome and transfer. Embarkation from 16.00 to 17.00.</i>
2	<i>At sea - Sisimiut</i> (Greenland)
3	<i>Kitsissuarsuit (Dog's Island)</i> (Greenland)
4	<i>Disko Bay</i> (Greenland)
5	<i>Qeqertarsuaq</i> (Greenland)
6	<i>Paul-Émile Victor Base Camp, Eqi Glacier</i> (Greenland)
7	<i>Upernavik Fjord</i> (Greenland)
8	<i>Kullorsuaq</i> (Greenland)
9	<i>Savissivik</i> (Greenland)
10	<i>Pond Inlet, Nunavut</i> (Canada)
11	<i>Beechey Island, Nunavut</i> (Canada)
12	<i>Fury Beach, Nunavut</i> (Canada)
13	<i>Fort Ross, Nunavut (Canada) - Bellot Strait</i> (Canada)
14	<i>Gjoa Haven, Nunavut</i> (Canada)
15	<i>At sea</i>
16	<i>Edinburgh Island, Nunavut</i> (Canada)
17	<i>Holman (Ulukhaktok)</i> (Canada)
18	<i>Smoking Hills</i> (Canada)
19	<i>Jesse Harbour</i> (Canada)
20	<i>Franklin Bay</i> (Canada)
21	<i>Herschel Island</i> (Canada)
22,23	<i>Beaufort Sea</i>
24	<i>Beaufort Sea - King Island, Alaska</i> (United States)
25	<b>Nome, Alaska</b> (United States) - Arrival: 08.00 <i>Disembarkation and transfer. Flight Nome/Seattle.</i>



LE COMMANDANT CHARCOT

## Ports of call and places to explore

Embark for the most extreme latitudes of the Far North and sail amidst the ice on board *Le Commandant Charcot*, the first ever extreme polar exploration cruise ship. Discover unexplored territories and meet peoples who are the guardians of an ancient way of life.



**Through the eyes of Sue Flood**  
*Arctic emotions*

Sue Flood originally trained as a Zoologist, before joining the BBC Natural History Unit as a wildlife filmmaker. She changed direction to become a professional photographer and has been working in the Arctic and Antarctic for over 25 years. This has included many trips to the Arctic – filming and photographing polar bears, belugas, narwhals, bowhead whales and other Arctic wildlife alongside the Inuit. She is now a PONANT Photo Ambassador.

“The Arctic has a special place in my heart due to the incredible wildlife, spectacular landscapes and wonderful people. I have had the privilege of spending a lot of time with the Inuit of the Canadian High Arctic, and made a film about Inuit traditional knowledge. So I love to return whenever I can. I feel honoured to travel to such a remote wilderness and experience the majestic nature found here! There is nowhere like it! My adventures in the Arctic have included camping on the sea ice with Inuit hunters, swimming with narwhals and belugas at the floe edge in Nunavut, and eight trips to the North Pole. The sights and sounds are captivating and stay with you forever. Listening to the sea ice creaking beneath you, or

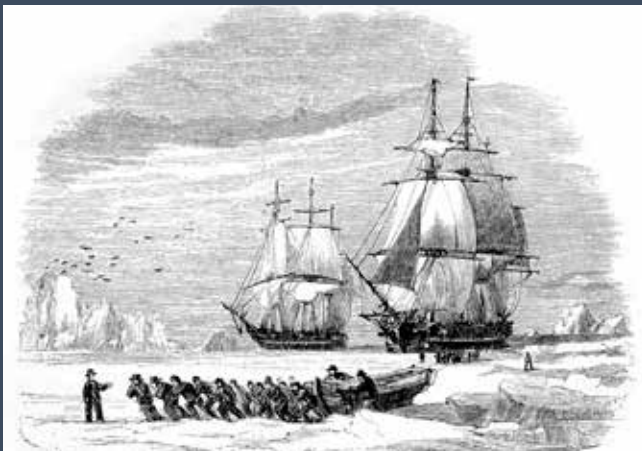
travelling in a zodiac along the edge of a glacier and listening to the bubbles of air as they are released from the brash ice is magical. For me, to see a polar bear hunting for ringed seals, or a mother playing with her young cub, is a very moving experience. The Inuit have a special word – *ilira* – for the feeling of excitement you experience when you see a polar bear. People make the mistake of thinking that ice is white, but you can see so many different colours – blue, turquoise, green. I like to try to capture the stunning light, sense of scale and hopefully a special moment – whether wildlife, scenery or people. Perhaps all three!”





## Polar immersion

The activities offered on board *Le Commandant Charcot* promise a completely immersive experience, a voyage back in time to ancient traditions, such as an excursion by kayak, a boat invented by the Inuit around 4,000 years ago as a way of getting around and hunting and fishing. Ice fishing trips are another Inuit tradition conducive to meditation and quiet contemplation. You need to arm yourself with plenty of patience to have any hope of catching an Arctic grayling. An ancient practice, snowshoe hiking offers an experience filled with a sense of freedom and fulfilment, especially when it enables you to reach areas where human beings have rarely set foot. Finally, the polar plunge (wearing ordinary swimming costumes) and the drysuit swim promise adventures of an invigorating and ultra-sensory kind.



## Follow in the path of the polar explorers

Since the Greek Pytheas left Marseille in 330 BC and arrived at the boundaries of the known world, probably Iceland, followed in around 1,000 AD by the longboats of the intrepid Vikings, the ice continent has been a major magnet for explorers, the final frontier... Barents, Baffin, Bering, many would beat a path through these unknown lands that bear their names today. It was not until the beginning of the 20th century that Amundsen would finally cross the Northwest Passage (in 1906) and fly over the Geographic North Pole (in 1926). Aboard *Le Commandant Charcot*, the figures of these legendary explorers are present in every moment. In their wake lie infinite possibilities for an extraordinary adventure.



## A voyage to the ephemeral

Sheets of sea ice and pressure ridges sometimes several metres high, ice-free channels and nilas, fine layers of solid seawater... Before reaching the North Pole, the most northerly point on the planet, you first have to make your way through the meanderings of the Arctic Ocean. Many are the explorers who've dedicated their lives to discovering it. Reaching it, even today, is still a rare and moving privilege. The opportunity is ephemeral by definition, with the sea ice stretching as far as the eye can see and, like its occupants (gulls, fulmars, seals and sometimes even polar bears), in a state of constant motion. An experience as transient as it is memorable.



## Inuit springtime traditions

In early spring, the Inuit live by the rhythm of the pack ice. After the long months of the Arctic winter's polar night – a time of rest for them – daylight returns. During this period, the ice and pack ice have not yet gone. It becomes a space for interaction, a 'village square' of conviviality for the communities who live here. This is the time for taking out their dog sleds, tracking bears with dogs and hunting seals, just the way their ancestors always did: dressed in white, crawling over the ice pack, hidden behind a wooden frame covered with a white sheet. By showing you this way of life and having you take part in some of their activities, PONANT offers you genuine interaction with this culture.

# Inuit encounters and spring traditions

**REYKJAVÍK • REYKJAVÍK**  
**LE COMMANDANT CHARCOT**  
 11 days/10 nights 5th and 15th May 2023  
**From € 14,220**



DAY	ITINERARY
1	<b>Reykjavik (Iceland)</b> - Embarkation from 16.00 to 17.00
2	At sea
3	Nansen Harbor (Greenland)
4 to 6	Ammassalik Region (Greenland)
7	Storo Island (Greenland)
8	Kangerlussuaq (East Greenland) (Greenland)
9	Exploration of Blosseville Coast (Greenland)
10	At sea
11	<b>Reykjavik (Iceland)</b> - Arrival: 06.30. Disembarkation

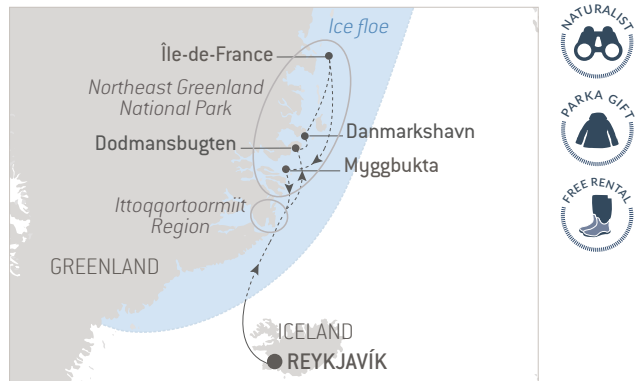
## Highlights:

- Meet the Inuit people at the end of the winter and share unique moments related to their spring traditions on the ice floe and in broad daylight, including dog sledding, an activity designed with our hosts.
- Set off on the trail of the great explorers who attempted to navigate the eastern coast of Greenland, a region that long remained isolated due to being hard to reach.
- Outings and shore visits in a zodiac inflatable or hovercraft\* with a team of experienced naturalist guides.
- The landscapes: alpine landscapes, polar ice cap, fjords, icebergs, glaciers, patches of ice floe drifting from the North Pole.
- The wildlife: polar bears, seals, Arctic foxes and hares, seabirds.
- Many brand-new activities: kayaking, hiking or snowshoeing, ice fishing, polar diving, cold-water swimming, dog sledding, participative science.

*Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.  
 \*Subject to the regulations in force.*

# Exploring Northeast Greenland National Park

**REYKJAVÍK • REYKJAVÍK**  
**LE COMMANDANT CHARCOT**  
 15 days/14 nights 25th May and 8th June 2023  
**From € 19,900**



DAY	ITINERARY
1	<b>Reykjavik (Iceland)</b> - Embarkation from 16.00 to 17.00
2,3	At sea
4 to 6	Ittoqqortoormiit Region (Greenland)
7	Dodmansbugten (Greenland)
8	Danmarkshavn (Greenland)
9,10	Exploration of Northeast Greenland National Park (Greenland)
11	Île de France (Greenland)
12	Myggbukta (Greenland)
13,14	At sea
15	<b>Reykjavik (Iceland)</b> - Arrival: 06.00. Disembarkation

## Highlights:

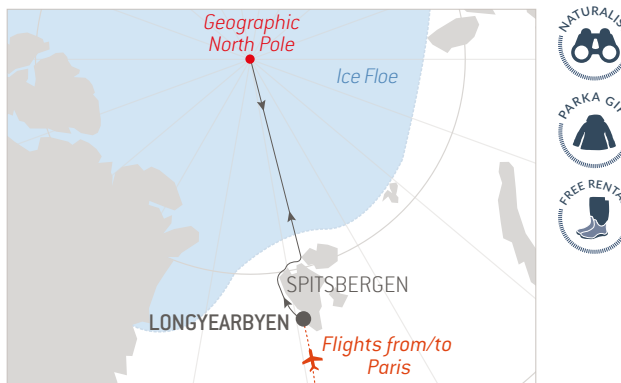
- Discover the largest national park in the world – a UNESCO Biosphere Reserve – at the magical moment when nature wakes up.
- Outings and shore visits in a zodiac inflatable or hovercraft\* with a reinforced team of naturalist guides.
- Visit the old Norwegian trapper cabins that added a special flavour and richness to Jørn Riel's series of *Arctic tales* about the people of Greenland.
- The landscapes: mountains striped with multi-coloured strata, fjords, jagged mountains, glaciers, icebergs, ice floes, hummocks, wild tundra, sheer cliffs, polar ice cap.
- The wildlife: polar bears, narwhals, seals, musk oxen, Arctic foxes and hares, orcas, seabirds.
- Many brand-new activities: kayaking, hiking or snowshoeing, ice fishing, polar plunge, ice floating, dog sledding, participative science.

*Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.  
 \*Subject to the regulations in force.*

# The Geographic North Pole

**LONGYEARBYEN • LONGYEARBYEN** 27th July and 11th August 2023  
**LONGYEARBYEN • REYKJAVÍK** 26th August 2023  
**LE COMMANDANT CHARCOT** 16 days/15 nights  
**From € 29,720**

**LONGYEARBYEN • LONGYEARBYEN** 10th July 2023  
**LE COMMANDANT CHARCOT**  
 18 days/17 nights  
**From € 34,530**



DAY	ITINERARY
1	<b>Flight Paris/Longyearbyen, Spitsbergen (Norway)</b> <i>Welcome and transfer. Embarkation from 16.00 to 17.00.</i>
2	<i>At sea along Spitsbergen (Norway)</i>
3 to 7	<i>Sailing ice floes</i>
8	<b>Geographic North Pole</b>
9 to 13	<i>Sailing ice floes</i>
14, 15	<i>At sea along Spitsbergen (Norway)</i>
16	<b>Longyearbyen, Spitsbergen (Norway) - Arrival: 06.00</b> <i>Disembarkation and transfer. Flight Longyearbyen/Paris.</i>

10th July departure: an 18-day cruise with 3 days devoted to the discovery of the Nordvest-Spitsbergen National Park, a former home to whalers and territory that bore witness to the first expeditions towards the North Pole.

## Highlights:

- Be among the few people in the world to go in search of the Geographic North Pole.
- Outings and shore visits in a zodiac inflatable or hovercraft\* with a team of experienced naturalist guides.
- Landscapes: ice floes, with varied textures and glints. In Spitsbergen, jagged mountains, steep-sided valleys, sheer cliffs.
- Wildlife: polar bears, Northern fulmar, ivory gull, seals, whales.
- Many brand-new activities: kayaking, hiking or snowshoeing, ice fishing, polar plunge, ice floating, participative science.

Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.  
 \*Subject to the regulations in force.

## To the edges of the Earth

The North Pole has been a source of inspiration, fascination and attraction since the dawn of time. This impossible and mythical 'elsewhere' begs to be admired. What if *Le Commandant Charcot* achieved this absolute pinnacle adventure, by enabling you, perhaps, to reach this virtually unattainable point? Following in the footsteps of the explorers who once tried to approach these elusive parts, where the infinite ice floes unfold and 700 kilometres (435 miles) from any land, you will be part of the chosen few to attempt the odyssey. From Spitsbergen, you will sail the northern waters, where the landscapes change constantly depending on the ice and the plays of light. Nature reigns supreme here, sheltering abundant wildlife: polar bears, seals or even whales will be your hosts. Your discovery of this silent world, frozen by the cold, will continue as you attempt to reach the grail of all polar explorers: the North Pole! Swept by the winds and the currents, the ice floe is constantly drifting and the master of your ship will have to manoeuvre carefully and with great humility in an attempt to reach the northernmost point of our planet.



# The Northwest Passage

REYKJAVÍK • NOME

LE COMMANDANT CHARCOT

25 days/24 nights 11th September 2023

From € 35,650



## An extreme sea route between two oceans

Explore the expanse of the Arctic world during extraordinary polar odyssey from Iceland to Alaska, via the mythical Northwest Passage. *Le Commandant Charcot* will take you to a literal labyrinth of icy channels. The Hudson Strait, Foxe Basin, Fury and Hecla Strait, all legendary names, follow one another and will plunge you, like modern-day explorers, into one of the most mythical sagas of polar exploration. On your route, you will visit an Inuit village and witness Banks Island, famous for the wreck of *HMS Investigator* lying offshore and for its National Park with its abundant fauna including the world's largest concentration of musk oxen. Beyond the Arctic Circle, your senses will further be ignited as the sight of the glistening ice floes, blue-tinged glaciers and rolling tundra captivate you. Long fantasised about before being discovered at the beginning of the 20th century, the Northwest Passage promises you a trip that is synonymous with going back to basics.

DAY	ITINERARY
1	<b>Reykjavík (Iceland)</b> - Embarkation from 16.00 to 17.00
2	<i>At sea</i>
3, 4	<b>Southern coast of Greenland (Greenland)</b>
5, 6	<i>At sea</i>
7 to 9	<b>Hudson Strait (Canada)</b>
10, 11	<b>Foxe Basin (Canada)</b>
12	<b>Fury and Hecla Strait (Canada)</b>
13 to 18	<b>Ice crossing of the Northwest Passage</b>
19, 20	<b>Banks Island (Canada)</b>
21 to 24	<b>Sailing ice floes in Beaufort Sea</b>
25	<b>Nome, Alaska (United States)</b> - Arrival: 06.00 Disembarkation and transfer. <b>Flight Nome/Seattle.</b>

### Highlights:

- The crossing of the Northwest Passage by a unique maritime route, never used and only accessible thanks to *Le Commandant Charcot*, capable of sailing into the very heart of the ice.
- Outings and shore visits in a zodiac inflatable or hovercraft\* with a team of experienced naturalist guides.
- The crossing of unexplored passages in Foxe Basin and the Fury and Hecla Strait, bound by ice and impassable for traditional ships.
- The encounter with a Canadian Inuit community at the entrance to the Fury and Hecla Strait.
- Fauna: polar bears roaming the ice floe, Arctic foxes, seabirds, belugas, bowhead whales, walrus.
- Many brand-new activities: kayaking, hiking or snowshoeing, ice fishing, polar plunge, ice floating, participative science.

Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.  
\*Subject to the regulations in force.



# In the ice of the Arctic, from Greenland to Svalbard

NEW

**REYKJAVÍK • LONGYEARBYEN**  
**LE COMMANDANT CHARCOT**  
 19 days/18 nights 22nd June 2023  
 From € 26,600



## Scoresby Sound

Covering an area of 13,700 km<sup>2</sup> (5,290 mi<sup>2</sup>), Scoresby Sound is the largest and deepest fjord system in the world. Named after the explorer and whale hunter William Scoresby, who mapped the region in 1822, it opens onto the Greenland Sea to the north of the Blossville Coast. This wild and desert region offers untouched panoramas of infinite beauty, with high snow-capped peaks rising tall alongside icebergs immersed in clear, blue-tinged waters. Rode Fjord and its cliffs coloured red by iron ore provide a fascinating setting you will not want to miss. Discovering these stunning places in the wake of great explorers like Captain Charcot, who was deeply attached to the land of the Inuit, inspires a profound reverence.

DAY	ITINERARY
1	<b>Reykjavík (Iceland)</b> - Embarkation from 16.00 to 17.00
2,3	At sea
4,5	Scoresby Sound (Greenland)
6	Exploration of Northeast Greenland National Park (Greenland)
7	Dodmansbugten (Greenland)
8	Danmarkshavn (Greenland)
9	Exploration of Northeast Greenland National Park (Greenland)
10	Myggbukta (Greenland)
11,12	At sea
13	Sailing ice floes
14 to 16	Nordaust-Svalbard Nature Reserve (Norway)
17	Sailing in the Hinlopen Strait (Norway)
18	Nordvest-Spitsbergen National Park (Norway)
19	<b>Longyearbyen, Spitsbergen (Norway)</b> - Arrival: 08.00 Disembarkation and transfer. <b>Flight Longyearbyen/Paris.</b>

### Highlights:

- An exploration between the territories of Greenland and Svalbard, to discover the history of the great explorers and Norwegian trappers, in landscapes that are as majestic as they are unexplored.
- Outings and shore visits in a zodiac inflatable or hovercraft\* with a reinforced team of naturalist guides.
- The Northeast Greenland National Park, the largest in the world and a UNESCO Biosphere Reserve.
- Circumnavigation around Nordaustlandet, the largest ice cap in Europe, connected to Spitsbergen via the Hinlopen Strait.
- Wildlife: polar bears, narwhals, seals, musk oxen, Arctic foxes and hares, walruses, orcas, Svalbard reindeer, seabirds.
- Many brand-new activities: kayaking, hiking or snowshoeing, ice fishing, polar plunge, ice floating, dog sledding, participative science.

*Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.  
 \*Subject to the regulations in force.*



# Excursions during your cruise

On the majority of your ports of call, we invite you to enhance your trip with specially designed, high-quality optional excursions. Whether cultural (visits of sites, monuments and museums that are emblematic of the region) or sporty (hikes, excursions on bikes or kayaks), you will certainly find something to suit you among the wide range we offer.



1. Icelandic landscape, Thingvellir region.  
2. The majestic Saguenay fjord, Québec, Canada.

## Overlands with reservation and pre-payment

Reykjavík, Iceland

### Glacier adventure *(9 h 30, price per person: € 320)*

On board an all-terrain vehicle specially equipped to cross the snow, head to Thingvellir, Iceland's foremost national park set amidst an awe-inspiring natural landscape where the oldest parliament in history once sat. Then take the road up to the Kaldidalur valley through a succession of high plateaus that stretch between Mount Ok, capped with its eternal snow, and the Langjökull glacier, the second largest ice field in the world. Stop off at Deildartunguhver, where you'll discover Europe's largest hot springs. Your tour ends with a drive along the magnificent mountain roads, flanked with lakes and valleys, and overlooking the country's most beautiful fjords.

Disko Bay, Greenland

### Helicopter flight over the glacier

*(2 h, price per person: consult us)*

You'll set off for an hour's flight in a helicopter. Flying over the Kangia Fjord you will enjoy a spectacular view of the huge icy expanse, before heading towards the famed Sermeq Kujalleq glacier, which features on the UNESCO World Heritage List and has spawned some majestic icebergs.

Reykjavík, Iceland

### Inside the volcano *(5 h 30, price per person: € 320)*

Thríhnúkagígur is a dormant volcano, the last eruption of which dates back over 4,000 years. Its name — unpronounceable for a non-native — translates as “Three Peaks Crater”. Its beauty lies in the diversity of colours found inside, and in its breathtaking size. Once there, you'll set off on an easy, exceptionally scenic hike through the lava fields, to reach to opening of the crater. At the base camp, you'll take an open lift that descends 120 metres into volcano. After the 7-8 minute descent, you'll spend around 30 minutes on the ground of the magma chamber.

Saguenay, Canada

### Saguenay fjord by floatplane

*(45 min, price per person: consult us)*

Embark on an unforgettable experience aboard a seaplane and a flight over the majestic Saguenay Fjord. You'll spot the villages of Saint-Fulgence and Sainte-Rose-du-Nord, where the river becomes a fjord, and soar over the impressive Cap Trinité and Cap Éternité headlands. Your flight will end in Ha! Ha! Bay, where you'll be set down on dry land.

*Reservation and payment of these excursions must be made when booking your cruise or at least 60 days prior to your cruise. Prices can be changed. A minimum of participants is required to confirm.*

## Canada

### L'Anse-aux-Meadows, Newfoundland

- Viking experience (2 h 30) € € €

### Cap-aux-Meules, Magdalen Islands

- Acadian culture & heritage (4 h) € €

### Little Current

- Georgian Bay by helicopter (30 min) € € € €
- Hiking the Cup & Saucer trail (3 h 30) € €
- Horseback riding in Honora Bay (3 h) € €
- Kayaking on Kagawong River (3 h 30) € €
- Traditions of Manitoulin Island (3 h 30) € €

### Louisbourg

- Fortress of Louisbourg (3 h) € €

### Montréal

- Historical Montreal on foot (3 h) € €

### Parry Sound

- Flying over Georgian Bay (30 min) € € €
- Killbear Park (3 h) € €

### Percé

- Gannet colony walk on Bonaventure island (3 h 30) € €
- Sea kayaking at Percé rock (3 h) € €

### Port Colborne

- Niagara falls & Niagara-on-the-Lake (4 h 30) € €
- Niagara falls & Welland canal centre (4 h 30) € €

### Québec

- Historic Québec city (3 h) € €

### Saguenay

- Hiking Saguenay National Park (4 h) € €
- *La Fabuleuse* cultural show (2 h) INCLUDED

### Saint-John's, Newfoundland

- Discover Saint-John's (3 h) € €

### Sault Ste. Marie

- Lake Superior coastal highlights (9 h) € € € €
- Sugar shack & canoe (8 h 30) € € € €

### Tadoussac

- Tadoussac on foot (3 h) € €
- Whale watching by zodiac (3 h 30) € € €

## Greenland

### Disko Bay

- Evening cruise & icebergs (2 h) € € €
- Sermermiut & the Ice Fjord (2 h) INCLUDED
- The Ice Fjord by the sea (2 h) € € €

## Iceland

### Akureyri

- Charms of Mývatn region (8 h 15) € € €
- Goðafoss & Akureyri (4 h) € €
- Thermal bath & Goðafoss (5 h) € € €



- The splendors of Lake Mývatn (7 h 30) INCLUDED
- The thermal baths of Húsavík (5 h) INCLUDED

### Grundarfjörður

- Caves, craters & coves (5 h) € € € €
- The Snæfellsnes peninsula (4 h 45) € € € €
- Top of the Diamond (3 h 15) € € € € €
- Whales of the Snæfellsnes peninsula (4 h) INCLUDED

### Hafnarfjörður

- Iceland's Golden Circle (9 h) INCLUDED
- Reykjavík whale watching (4 h) INCLUDED

### Heimaey, Vestmannaeyjar

- Circumnavigation of Heimaey (2 h) € €
- Eldfell volcano hike (3 h 15) € €
- Heimaey, Pompeii of the North (3 h) € € €
- Beluga whale sanctuary (1 h 30) INCLUDED
- The volcanic island of Heimaey (3 h) INCLUDED

### Isafjörður

- Calm fjord kayaking (2 h) € € €
- Charm of the secluded valley (2 h 30) € €
- History of Hesteyri (4 h 30) € € € €
- Icelandic encounters (2 h) € € € €
- Traditions of the Westfjords peninsula (3 h) INCLUDED
- The abandoned village of Hesteyri (4 h 30) INCLUDED

### Reykjavík

- Sky Lagoon experience (3 h 15) € € € €
- The Golden Circle (9 h) € € € €
- Volcanic landscape & Viking history (4 h) € €

## United States

### Bar Harbor

- Acadia National Park & Cadillac Mountain (2 h 30) € € € €
- Gilded Age walking tour (2 h) €

### Sitka, Alaska

- Sea otter & wildlife quest (3 h) INCLUDED

Prices: € = less than €50, € € = from €50 to 100, € € € = from €100 to 150, € € € € = more than €150

Full tour programme is available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure. You can also pre-book your PONANT shore-excursions up to 2 months before your cruise, and have them billed on board. Final programme will be sent with your cruise documents.

# Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT.

Please find below samples of the programmes available in the Arctic and the American Far North for Summer 2023 season.

## From Reykjavík, Iceland Icelandic adventure and wellness

*(3 nights, price: consult us)*

Set off to discover the Thórsmörk glacial valley, in a remote and wild part of Iceland where humans are nature's mere guests. Aboard a fourwheel drive vehicle, you will explore this nature reserve in southern Iceland, composed of numerous small valleys, birch forests, spectacular gorges and stunning waterfalls. Enjoy the unique and spectacular sight of water merging with the earth and the sky. Then, you will take the famous Golden Circle route, which includes the island's iconic sites: Gullfoss or the 'golden falls', Thingvellir National Park, and the Secret Lagoon hot springs. Back in Reykjavík, you will have some free time to visit the city before taking a scenic bus tour prior to boarding your ship.

This programme is available before your cruise from Reykjavík, Iceland. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Reykjavík, Iceland Relax at the Blue Lagoon

*(1 night, price: consult us)*

Relax on a two-day programme at the beautiful The Retreat at Blue Lagoon Hotel. The rooms have contemporary decor, open entirely on the outside, for an exclusive view of the black lava fields. The spa, which is carved into the volcanic rock, guarantees a timeless moment of relaxation. A free afternoon and morning will also allow you to explore the Icelandic capital. As an option, you will have the opportunity to discover Iceland from the air on a helicopter flight. Fly over Glymur, Iceland's highest waterfall, the sumptuous Thingvellir National Park, and enjoy two exceptional landings, on the Thórisjökull Glacier and in the Hengill geothermal area.

This programme is available before and after your cruise from Reykjavík, Iceland. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Milwaukee, United States Chicago world's class art and architecture

*(2 nights, price: consult us)*

This comprehensive package will introduce you to Chicago and its major sights and landmarks, among never-ending skyscrapers, museums and modern art masterpieces. The programme includes culture, science and gastronomy and will meet your every curiosity. You will start with Millennium Park, on the lakefront, and the magnificent Lurie Garden. You will then visit the Loop, a district full of daring architecture, peppered with works by artists such as Picasso, Chagall and Miró, before taking a scenic cruise. You will also visit the Art Institute of Chicago, one of the most beautiful museums in the world, as well as the observation deck offering 360° views of the city.

This programme is available before your cruise from Milwaukee, United States. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Nome, Alaska, United States Treasures of the Olympic Peninsula

*(4 nights, price: consult us)*

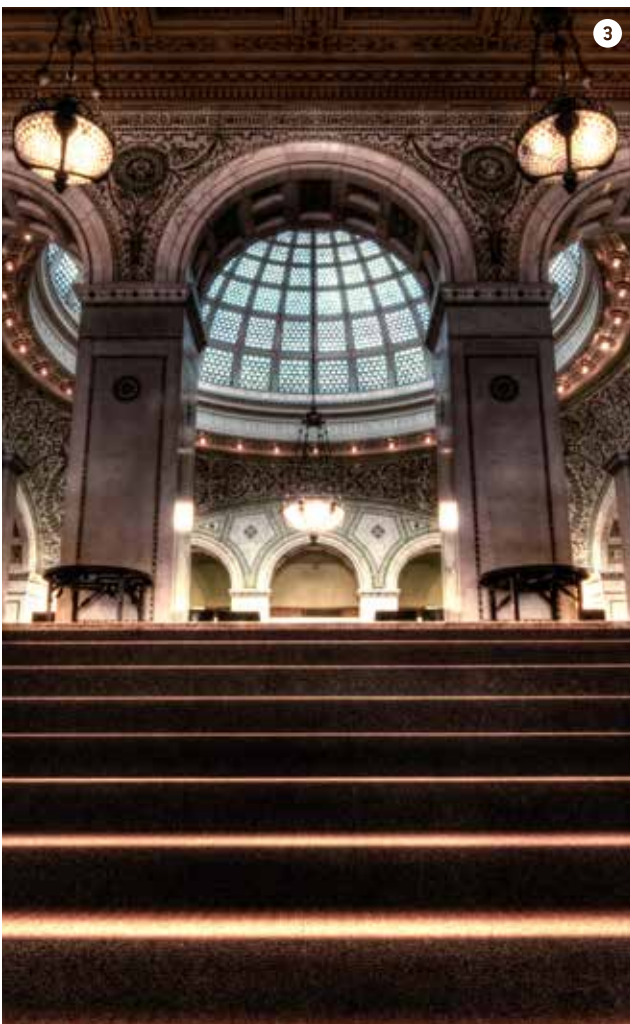
Listed as a UNESCO Biosphere Reserve and located on the eponymous peninsula in Washington State, the Olympic National Park boasts all the wonders conjured up when we mention the great American national parks. You'll be immersed in the heart of an unspoiled wilderness, made up of mountainous landscapes, primary forests and glacial lakes, all waiting to be explored along the many hiking trails as part of a tour that alternates walks and drives. You'll be introduced to the unique characteristics of the local flora and fauna and to the history of the Amerindian peoples who live in the area. With its shores stretching out to the Pacific, the peninsula's coastline will satisfy your longing for wide open spaces, ideal for contemplation and appreciation of what matters most in life.

This programme is available before your cruise from Nome, United States. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.



*These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure. Full tour programme and prices are available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure, or call your travel agent. The programmes with the logo **Escorted programme** benefit from a PONANT accompaniment. The escorted programme is subject to a minimum of 20 participants.*





1. Gullfoss 'Golden falls', Iceland.
2. Blue Lagoon, Iceland.
3. View of the interior and the dome of the Chicago Cultural Center, Loop district.
4. Olympic National Park, State of Washington, United States.





# *Northern Europe & the Atlantic*

The turbulence of the Atlantic Ocean; the wild, untamed expanses; the astonishing diversity of the landscapes and scenery: the Old Continent has a wealth of riches to offer.

# Not to be missed

Fjords, glaciers, green heaths and moors, wild coasts, volcanic islands: Europe is a multifaceted land of scenic delights. These vast spaces, historic cradles of the Napoleonic saga, the Celtic legends and the Vikings, have much to offer in the way of discovery and emotions, both for the eyes and the mind.



## Northern Europe, nature in its purest state

At the very north of Europe, the icy thrill of the polar world is tangibly present and there to be felt. Peacefully tranquil, the snow-covered island of Spitsbergen gives a foretaste of Greenland's landscapes. Close by lies mainland Norway with its dizzyingly steep and almost supernatural fjords. The Norwegians say that the stunning spectacle this provides is something everyone should see at least once in their lifetime. The verdant green hills of Ireland and Scotland are teeming with Celtic secrets and legends as old as the world itself. In Brittany, the waves of the sea break and crash on the cliffs of a rocky coastline. And further south, the Azores archipelago and its volcanic beaches add a sublime finishing touch to the diversity of Europe's landscapes.

## The towns and cities of the Baltic: the memory of Europe

With their richly flavoured blend of Germanic and Soviet heritage, the towns and cities of the Baltic are veritable capitals of culture. The Baltic coastal cities of Riga and Tallinn, with their mazes of little cobbled streets, offer a disparate collection of medieval architectural styles combined with an astonishingly cool and trendy party atmosphere, as exemplified by the Bohemian district of Kalamaja. In Scandinavia, you will explore the main UNESCO-listed cities of the Hanseatic League, visiting walled towns, ancient warehouses and merchants' houses at places such as Visby, on the Swedish island of Gotland, and Lübeck in Germany. These Baltic cities have managed to preserve their historic traditions whilst at the same time looking to the future through the use of new technologies.

## Exploring Celtic legends

The green landscapes of Ireland, Scotland and Brittany, France, bastions of the Celts, evoke the enchanted imaginary world of fairytales. From the Giant's Causeway and the forest of Brocéliande to the Highlands of Scotland or Queen Maeve's Grave, plains, hills and steep-cliffed islands simply invite the visitor to walk in the traces of ancient peoples. A building of natural grey stone with arrow slits suggests ancient battles waged in suits of armour. Iona Abbey and Nunnery, built in 563 as a centre of Celtic Christianity, still stands today. A voyage to the heart of Celtic lands replete with epic legends.



## Things to see, do and experience

- ✓ **The world's longest wooden staircase** in Lysefjord at Flørli: 4,444 steps leading up to a maximum height of 740 metres.
- ✓ **The high-gabled merchants' houses**, with their colourful façades, in Riga, Travemünde and Gdańsk: symbols of the cultural heritage of the Hanseatic League.
- ✓ **The walled town of Visby**, Scandinavia's very first fortified settlement and a UNESCO World Heritage Site.
- ✓ **The Giant's Causeway**, a site associated with popular Celtic legends and to which Belfast serves as the gateway.
- ✓ **Tallinn, one of the best preserved medieval cities in Europe**, with 1.9 kilometres of battlements and 23 towers.
- ✓ **The walls of the corsair city of Saint-Malo**, which looks out over the sometimes grey, sometimes turquoise waters of the changing tides.
- ✓ **Los Organos at La Gomera** in the Canary Islands, a remarkable natural basalt formation that now serves as a symbol of the island.
- ✓ **Vizcaya Bridge** in Spain, a remarkable construction dating from the Industrial Revolution, and the first bridge in the world to be inscribed as a UNESCO World Heritage Site.

# Ports of call and places to explore



**Through the eyes of  
Franck Ferrand**  
*Atlantic exiles*

A writer and radio and television presenter with a passion for history, Franck Ferrand is a guest of honour and lecturer on board PONANT Northern Europe and Atlantic cruises. Using the example of Napoleon exiled to Saint Helena, he shares with us his personal view of the association between islands and exile.

"There are various examples of famous people who experienced exile in the islands of the Atlantic in recent centuries. In the 19th century, the novelist Almeida Garrett was exiled to the Azores for his liberal ideas; and around a century later, the last Austro-Hungarian emperor, Charles I, twice deposed, found himself in exile on the Portuguese island of Madeira with his family. During the same epoch, the Spanish regime of Primo de Rivera exiled the writer Miguel de Unamuno to the Canaries. The case of Napoleon I is the most severe, however, as he knew from 1818 onwards that he would never leave his island alive. The mysteries surrounding the causes of the emperor's death and the repatriation of his ashes stem, for many, from the very separation and remoteness involved. Moreover, the type of long martyrdom inflicted on this political and strategic giant went on to contribute considerably to his legend.

"Islands, especially the oceanic ones, symbolise a cutting off from the world, a remoteness and separation. They offer the advantage of control and security to regimes seeking to keep a well-known figure at a distance and prevent them escaping. The beauty of the location, the tranquillity of the surroundings, the potentially gentle way of life an island offers are all undoubtedly advantages for passing tourists and holidaymakers, or for residents who have chosen their own destiny. But the isolation of an island, for an exiled person, is an unrelenting cause of moral suffering. No exile is pleasant – the very word itself contains a sacrificial dimension. However, it is certain that in the case of Victor Hugo, for example, that expatriation did not involve the idea of house arrest. Napoleon III even invited him to return to France on several occasions, in vain."

## The icy beauty of Geiranger Fjord

One of the must-see places to visit in Norway, Geiranger is stunningly beautiful and has been listed as a UNESCO World Heritage Site since 2005. Lying tucked away off one of the branches of the Storfjord, it extends for more than 100 kilometres in total. What makes this majestic place so famous are its sheer cliffs, its waterfalls – such as The Seven Sisters and The Suitor – and its dark rocks. Intrepid ramblers can access panoramic views of the entire site via the winding Eagle Road at the edge of the fjords. The little town of just 250 inhabitants and its hillside farms offer the perfect setting in which to fully enjoy the charm of the area and savour local sweet specialities.





## Olden and the last of the ice giants

Little houses, red and white wooden churches, and breathtaking views of the mouth of the Oldeelva river: Olden is a modest village set amongst Norway's most celebrated picture-postcard scenery. Jostedalbreen National Park, just a few kilometres away, is home to Europe's largest glacier. The emerald coloured lakes along the trail leading to the blue-tinged tongues of the Briksdalsbreen glacier are bordered by immense mountains, creating a perfect contrast between the softness of the water and the starkness of the fjords. The sight of an environment fashioned over the ages is enough to make one feel both humble and minuscule.



## Meditation and contemplation on Iona

Of all the islands making up the Inner Hebrides, Iona is by far the most conducive to relaxation and the pleasure of simply enjoying and making the most of each moment. Accessible only from the sea, it feels a timeless place. Though you don't expect it, the island actually has small white sandy beaches, turquoise seas and the green and verdant vegetation typical of Scotland. A sacred Celtic land rich in history, it's here that Saint Columba landed in around 563, when he came to spread Christianity to Scotland. Iona Abbey, with its Celtic cross dating from the era in question, today stands looking out over the landscape from atop its hill, occupying the site of the ancient monastery founded by the missionary.



## The opulent merchants' houses of Visby

Visby is a former Hanseatic city located on the west coast of Gotland, a Swedish island in the Baltic Sea. Within its walls, the old town, a UNESCO World Heritage Site, has opulent merchants' houses and charming little streets lined with small wooden houses. Saint Mary's cathedral, with its bulb-topped towers, and the Gunpowder Tower, which forms part of the town walls, are some of the town's major landmarks. A stop for a break at one of the cafés festooned with roses, the city's symbolic flower, to sample the island's local speciality, red berry pancakes flavoured with saffron, is an unmissable experience.



## The volcanic sanctuary of the Azores

This string of volcanic islands sitting out in the North Atlantic has wild and unspoiled landscapes to explore and a range of ancient European colonial heritage to discover. A delightful place of exposed rock, black sandy beaches and basalt cliffs, the Azores testify to the strategic maritime position Portugal once held. The port of Ponta Delgada on São Miguel, the largest of the islands, was visited by ships sailing to the Indies in former times. The 'blue island' of Faial is home to a vast caldeira bordered by lush vegetation made up of hydrangea, cedars, beech trees, mosses and juniper bushes. Lajes do Pico, a small former whaling town, has strong historical associations with the Atlantic explorers.

# The beautiful Norwegian fjords

**BERGEN • OSLO** 3rd and 17th July 2023  
**OSLO • BERGEN** 10th and 24th July, 7th August 2023  
**LE DUMONT-D'URVILLE** 8 days/7 nights  
**From € 4,510**



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Bergen (Norway)</b> <i>Embarkation from 16.00 to 17.00</i>	
2	<b>Ålesund (Norway)</b>	<i>Afternoon</i>
3	<b>Geiranger (Norway)</b> <b>Hellesylt (Norway)</b>	<i>Morning</i> <i>Afternoon</i>
4	<b>Olden (Norway)</b>	<i>Morning</i>
5	<b>Sandnes (Norway)</b> <i>Sailing in Lysefjorden (Norway)</i>	<i>Morning</i>
6	<b>Arendal (Norway)</b>	<i>Afternoon</i>
7	<b>Göteborg (Gothenburg) (Sweden)</b>	<i>Morning</i>
8	<b>Oslo (Norway)</b> - Arrival: 08.00 <i>Disembarkation</i>	

17th July departure: **no stopover in Geiranger.**  
 7th August departure: **a 9-day cruise with a brand-new stopover in Nordfjordeid.**

## Highlights:

- Sailing in the heart of the Norwegian fjords, exploring extraordinary landscapes: steep cliffs, crystal-clear waters and lush vegetation.
- UNESCO World Heritage site: the Geiranger Fjord.
- Opportunity to walk at the foot of the most beautiful glaciers in Europe, the Briksdal, from Olden.
- Sailing in the Lysefjord – ‘fjord of light’ – flanked by granite cliffs several hundred metres high.
- A stopover in Sweden to visit the picturesque city of Gothenburg.
- Exploring of emblematic Art Nouveau architecture in Ålesund.

# Northern romanticism

MUSICAL CRUISE

**HONFLEUR • BERGEN**  
**LE BORÉAL** 12 days/11 nights  
 8th May 2023  
**From € 6,120**



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Honfleur (France)</b> - Embarkation from 15.30 to 16.30	
2	<b>Ostend (Belgium)</b>	<i>Afternoon</i>
3	<b>Antwerp (Belgium)</b>	<i>Morning</i>
4	<b>Amsterdam (Netherlands)</b>	<i>Full day</i>
5	<i>At sea</i>	
6	<b>Stavanger (Norway)</b> <i>Sailing in Lysefjorden (Norway)</i> <i>Sailing in the Hardangerfjord (Norway)</i>	<i>Morning</i>
7	<b>Ulvik (Norway)</b>	<i>Afternoon</i>
8	<b>Florø (Norway)</b>	<i>Afternoon</i>
9	<b>Ålesund (Norway)</b>	<i>Full day</i>
10	<b>Geiranger (Norway)</b> <b>Hellesylt (Norway)</b>	<i>Morning</i> <i>Afternoon</i>
11	<b>Olden (Norway)</b>	<i>Morning</i>
12	<b>Bergen (Norway)</b> - Arrival: 07.00. <i>Disembarkation.</i>	

**A musical cruise in partnership with RADIO CLASSIQUE** with the presence of **Alain Duault** and **Pascal Amoyel** (piano) and an exceptional musical line-up: Shani Diluka (piano), Emmanuelle Bertrand (cello), Thomas Bettinger (tenor), Chloé Chaume (soprano), Anna Göckel (violin) and Irina Stopina (soprano).

## Highlights:

- UNESCO World Heritage Sites: the canals of Amsterdam, the Historic Centre of Bruges (from Ostend), Bryggen, former Hanseatic port in Bergen.
- Sailing in the Lysefjord – ‘fjord of light’ – flanked by granite cliffs several hundred metres high.
- Sailing in the Hardangerfjord, considered Norway's orchard.
- Opportunity to walk at the foot of the most beautiful glaciers in Europe, the Briksdal, from Olden.



# Fjords & Spitsbergen

## BERGEN • LONGYEARBYEN

LE BORÉAL 12 days/11 nights

19th May 2023

From € 8,000



# From Scotland to Spitsbergen

## GLASGOW • LONGYEARBYEN

L'AUSTRAL 14 days/13 nights

4th May 2023

From € 8,070



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Bergen</b> (Norway) Embarkation from 16.00 to 17.00	
2	<b>Olden</b> (Norway)	Afternoon
3	<b>Geiranger</b> (Norway)	Afternoon
4	<i>At sea</i>	
5	<b>Leknes, Lofoten</b> (Norway)	Afternoon
6	<i>Sailing in Trollfjorden</i> (Norway)	
7	<b>Tromsø</b> (Norway)	Morning
8	<i>Sailing by Bjørnøya (Bear Island)</i> (Norway)	
9	<i>At sea</i>	
10	<b>Hornsund, Spitsbergen</b> (Norway)	Full day
11	<b>Bellsund, Spitsbergen</b> (Norway)	Full day
12	<b>Longyearbyen, Spitsbergen</b> (Norway) - Arrival: 07.00 Disembarkation and transfer. <b>Flight Longyearbyen/Paris.</b>	



DAY	ITINERARY
1	<b>Glasgow, Scotland</b> (United Kingdom) Embarkation from 16.00 to 17.00
2	<b>Iona, Hebrides</b> (United Kingdom)
3	<b>Portree, Isle of Skye</b> (United Kingdom)
4	<b>Mousa Broch, Shetland Islands</b> (United Kingdom) <b>Isle of Noss</b> (United Kingdom)
5, 6	<i>At sea</i>
7	<b>Reine, Lofoten</b> (Norway)
8	<b>Tromsø</b> (Norway)
9	<i>Sailing by Bjørnøya (Bear Island)</i> (Norway)
10	<b>Isbukta, Spitsbergen</b> (Norway)
11	<b>Hornsund</b> (Norway)
12	<b>Bellsund, Spitsbergen</b> (Norway)
13	<b>Isfjorden</b> (Norway)
14	<b>Longyearbyen, Spitsbergen</b> (Norway) - Arrival: 08.00 Disembarkation and transfer. <b>Flight Longyearbyen/Paris.</b>

### Highlights:

- UNESCO World Heritage sites: Bryggen, former Hanseatic port of Bergen (embarkation port), the Geiranger Fjord.
- Possibility of a walk at the foot of the most beautiful glaciers in Europe, the Briksdal, from Olden.
- Cross the Arctic Circle.
- Sail into universally known and recognised West Norwegian Fjords to the ice floe landscapes of Spitsbergen.
- Landscape: fjords, vertiginous cliffs, ice floes, jagged mountains, icebergs, ice caps, steep-sided valleys, sheer cliffs, huge glaciers.
- Wildlife: Minke whale, polar bears, Arctic foxes, Svalbard reindeer, Arctic terns, seals, walrus.

### Highlights:

- Discover four archipelagos on the same cruise: the Hebrides, Shetland Islands, Lofoten Islands, Svalbard archipelago.
- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Portree, the main town of the Isle of Skye, with its lively port and its cultural centre.
- In Shetland Islands, discover the Viking heritage and culture.
- Two brand new ports of call on the Shetland archipelago, the island of Mousa and the Isle of Noss.
- Cross the Arctic Circle.
- Wildlife: Minke whale, polar bears, Arctic foxes, Svalbard reindeer, Arctic terns, seals, walrus.

# From the Baltic Sea to the North Sea

NEW

## COPENHAGEN • OSLO

LE CHAMPLAIN 11 days/10 nights

18th August 2023

From € 6,700



# Escape to the Baltic Sea

## LONDON • STOCKHOLM

LE CHAMPLAIN 12 days/11 nights

29th May 2023

From € 7,820



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Copenhagen</b> (Denmark) Embarkation from 16.00 to 17.00	
2	<b>Karlskrona</b> (Sweden)	Morning
3	<b>Visby, Gotland</b> (Sweden)	Morning
4	<b>Riga</b> (Latvia)	Morning
5	<b>Klaipėda</b> (Lithuania)	Afternoon
6	<b>Gdańsk</b> (Poland)	Full day
7	<b>Rønne</b> (Denmark)	Afternoon
8	<b>Travemünde</b> (Germany)	Full day
9	<b>Copenhagen</b> (Denmark)	Full day and evening
10	<b>Göteborg (Gothenburg)</b> (Sweden)	Afternoon
11	<b>Oslo</b> (Norway) - Arrival: 08.00 Disembarkation	

### Highlights:

- A brand-new cruise between the Baltic Sea and the North Sea, to see beautiful scenery and emblematic cities brimming with history.
- UNESCO World Heritage sites: the Hanseatic Town of Visby, the historical centre of Riga, the Curonian Spit from Klaipėda, the Hanseatic Town of Lübeck.
- A new port of call: the Swedish city of Karlskrona, whose naval port is listed as a UNESCO World Heritage Site.
- A port of call in the charming German fishing port, Travemünde.
- A stopover in Sweden to visit the picturesque city of Gothenburg.

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>London</b> (United Kingdom) - Embarkation	
2	<b>At sea</b>	
3	<b>Crossing the Kiel Canal</b> (Germany)	
4	<b>Copenhagen</b> (Denmark)	Full day and evening
5	<b>Rønne</b> (Denmark)	Morning
6	<b>Gdańsk</b> (Poland)	Full day
7	<b>Visby, Gotland</b> (Sweden)	Afternoon
8	<b>Riga</b> (Latvia)	Afternoon and evening
9	<b>At sea</b>	
10	<b>Tallinn</b> (Estonia)	Full day and evening
11	<b>Helsinki</b> (Finland)	Morning
12	<b>Stockholm</b> (Sweden) - Arrival: 08.30 Disembarkation	

### Highlights:

- An amazing cruise through renowned cities, including six capitals (London, Copenhagen, Riga, Tallinn, Helsinki and Stockholm) of seven Northern European countries: United Kingdom, Germany, Denmark, Latvia, Estonia, Finland and Sweden.
- UNESCO World Heritage Sites: the Palace of Westminster and the Tower of London (boarding port); the Hanseatic Town of Visby, the historical centre of Riga, the old town of Tallinn; from Helsinki, the sea fortress of Suomenlinna.
- Sailing on the famous Kiel Canal, which links the North Sea to the Baltic Sea.
- A unique excursion to Bornholm, to discover the history and culture of this island of wild natural beauty.

# Celtic island escapade

MUSICAL CRUISE

**DUBLIN • GLASGOW**

**L'AUSTRAL** 8 days/7 nights

27th April 2023

From € 3,510



# British shores and Celtic heritage

**LONDON • FAIRLIE (GLASGOW)**

**LE BELLOT** 9 days/8 nights

3rd May 2023

From € 3,690



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Dublin (Ireland)</b> Embarkation from 16.00 to 17.00		
2	<b>Belfast, Northern Ireland (United Kingdom)</b>		Full day
3	<b>Fishguard (United Kingdom)</b>		Morning
4	<b>Liverpool (United Kingdom)</b>		Full day and evening
5	<b>Douglas (Isle of Man)</b>		Morning
6	<b>Iona, Hebrides (United Kingdom)</b> <b>Tobermory, Isle of Mull (United Kingdom)</b>		Morning Afternoon
7	<b>Oban, Scotland (United Kingdom)</b>		Full day
8	<b>Glasgow, Scotland (United Kingdom)</b> - Arrival: 08.00 Disembarkation		

A musical cruise in partnership with **RADIO CLASSIQUE** with the presence of **Alain Duault** and **Trio Wanderer** (piano, cello and violin) and an exceptional musical line-up: **Lise Berthaud** (alto) and **Jeanne Gérard** (soprano).

## Highlights:

- Between Dublin and Glasgow, sail into the heart of Celtic shores, lands of magic and legends.
- UNESCO World Heritage Sites: from Belfast the mysterious Giant's Causeway site and Dublin, city of literature (disembarkation port).
- The Isle of Man and its capital, Douglas, a postcard from United Kingdom of a Victorian yesteryear.
- Explore the beautiful coastal scenery of the Highlands from Oban.
- Iona, the sacred island of Scotland, and its abbey dating back to the Middle Ages.



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>London (United Kingdom)</b> - Embarkation		
2	<b>London (United Kingdom)</b>		Morning
3	<b>Cowes (United Kingdom)</b>		Afternoon
4	<b>Penzance (United Kingdom)</b>		Afternoon
5	<b>Kinsale (Ireland)</b>		Full day
6	<b>Cobh (Ireland)</b>		Full day
7	<b>Holyhead, Wales (United Kingdom)</b>		Full day and evening
8	<b>Douglas (Isle of Man)</b>		Full day
9	<b>Fairlie (Glasgow), Scotland (United Kingdom)</b> - Arrival: 07.00 Disembarkation		



Scan this pictogram or visit [www.ponant.com](http://www.ponant.com) to discover the **11th May 2023** departure, entitled **Treasures of Ireland and the British archipelagos** and connecting Fairlie (Glasgow) and Honfleur in 9 days on board *Le Bellot*.

## Highlights:

- UNESCO World Heritage Sites: the Palace of Westminster and the Tower of London (boarding port); Castles and Town Walls of King Edward in Gwynedd from Holyhead.
- A brand-new port of call, Cowes, the home of sailing, and its coastline punctuated with grandiose sites.
- From Cobh, the possibility to visit Blarney Castle, famous for its Blarney Stone.
- Kinsale, regarded as the most beautiful village in Ireland.
- Discover the history of Isle of Man, full of Celtic and Viking influences, and Douglas, its capital with a Victorian atmosphere.

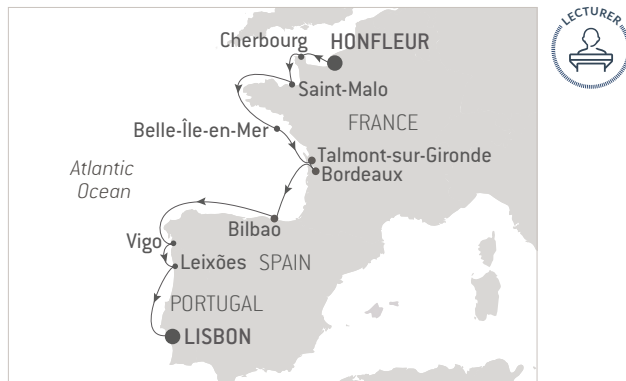
# Fortified cities of the Atlantic and the Iberian Peninsula

## HONFLEUR • LISBON

LE CHAMPLAIN 12 days/11 nights

20th September 2023

From € 4,040



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Honfleur</b> (France) Embarkation from 16.00 to 17.00		
2	<b>Cherbourg</b> (France)		Afternoon
3	<b>Saint-Malo</b> (France)		Morning
4	<b>Belle-Île-en-Mer</b> (France)		Afternoon
5	<b>Talmont-sur-Gironde</b> (France)		Afternoon and evening
6	<b>Bordeaux</b> (France)		Full day and evening
7	<b>Bordeaux</b> (France)		Morning
8	<b>Bilbao</b> (Spain)		Full day
9	At sea		
10	<b>Vigo - Santiago de Compostela</b> (Spain)		Full day
11	<b>Leixões - Porto</b> (Portugal)		Morning
12	<b>Lisbon</b> (Portugal) - Arrival: 07.30 Disembarkation		

### Highlights:

- A cruise along the Atlantic coastlines of three countries: France, Spain and Portugal.
- UNESCO World Heritage Sites: the historic centre of Porto from Leixões; Santiago de Compostela (Old Town) from Vigo; the Port of the Moon in Bordeaux; the tower of Belém and the Monastery of the Hieronymites in Lisbon (disembarkation port).
- Ports of call at Saint-Malo, Cherbourg, Belle-Île-en-Mer – three sites on the French Atlantic coast.
- Variety of landscapes and the relief of the Atlantic coast from the sea.
- An excursion in Galicia to discover Santiago de Compostela.

# Gastronomy, vineyards & grands crus

WINE & GASTRONOMY CRUISE

## LISBON • BORDEAUX

L'AUSTRAL 10 days/9 nights

10th April 2023

From € 4,500

CHATEAU LATOUR



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Lisbon</b> (Portugal) Embarkation from 16.00 to 17.00		
2	<b>Leixões - Porto</b> (Portugal)		Afternoon
3	<b>Vigo - Santiago de Compostela</b> (Spain)		Full day
4	At sea		
5	<b>Bilbao</b> (Spain)		Afternoon
6	<b>Saint-Jean-de-Luz</b> (France)		Full day
7	<b>Talmont-sur-Gironde</b> (France)		Afternoon
8	<b>Pauillac</b> (France)		Full day and evening
9	<b>Bordeaux</b> (France)		Full day and evening
10	<b>Bordeaux</b> (France) Disembarkation		

An exceptional cruise focused on wine and gastronomy, in partnership with **Château Latour**.

### Highlights:

- UNESCO World Heritage Sites: the tower of Belém and the Monastery of the Hieronymites (Jerónimos Monastery) in Lisbon (your boarding port); the historic centre of Porto from Leixões; Santiago de Compostela (Old Town) from Vigo; the Port of the Moon in Bordeaux.
- In Bilbao, it is possible to visit the famous Guggenheim Museum.
- Discover the green and historic region of the Basque Country during two ports of call: Bilbao and Saint-Jean-de-Luz.
- Opportunity to discover and taste exceptional wines during your ports of call at Pauillac and Bordeaux.
- Opportunity to visit Lisbon before your cruise.

# Canary Islands, Madeira & Andalusia

## LAS PALMAS DE GRAN CANARIA • MÁLAGA

LE LYRIAL 9 days/8 nights

18th April 2023

From € 2,880



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Las Palmas de Gran Canaria, Canary Islands (Spain)</b> <i>Embarkation from 16.00 to 17.00</i>		
2	Arrecife de Lanzarote, Canary Islands (Spain)		Morning
3	San Sebastián de la Gomera, Canary Islands (Spain)		Full day
4	Santa Cruz de Tenerife, Canary Islands (Spain)		Morning
5	Funchal, Madeira (Portugal)		Afternoon and evening
6	Funchal, Madeira (Portugal)		Morning
7	At sea		
8	Cadiz (Spain)		Afternoon
9	<b>Málaga (Spain)</b> - Arrival: 08.00 <i>Disembarkation</i>		

### Highlights:

- A cruise between the Atlantic Ocean and the Mediterranean Sea to discover exceptional cities and islands.
- UNESCO World Heritage Sites: Garajonay National Park in La Gomera; Teide National Park in Santa Cruz de Tenerife.
- The varied landscapes of two exceptional archipelagos: the Canary Islands and Madeira.
- Discover the clever irrigation system called *levadas*, Funchal and its magnificent botanical gardens, and the picturesque village of Camacha on Madeira Island.
- The possibility of observing whales on a tour (if conditions allow).
- Visit Andalusia with ports of call in Cadiz and Malaga.

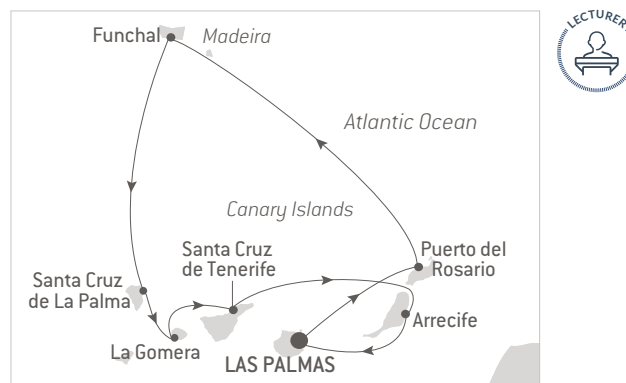
# Splendours of the Canaries and authentic Madeira

## LAS PALMAS DE GRAN CANARIA •

LAS PALMAS DE GRAN CANARIA 10 days/9 nights

LE DUMONT-D'URVILLE 4th April 2023

From € 3,480



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Las Palmas de Gran Canaria, Canary Islands (Spain)</b> <i>Embarkation from 16.00 to 17.00</i>		
2	Puerto del Rosario, Canary Islands (Spain)		Full day
3	At sea		
4	Funchal, Madeira (Portugal)		Full day and evening
5	Funchal, Madeira (Portugal)		Morning
6	Santa Cruz de La Palma, Canary Islands (Spain)		Afternoon
7	San Sebastián de la Gomera, Canary Islands (Spain)		Full day
8	Santa Cruz de Tenerife, Canary Islands (Spain)		Full day
9	Arrecife de Lanzarote, Canary Islands (Spain)		Full day
10	<b>Las Palmas de Gran Canaria, Canary Islands (Spain)</b> - Arrival: 08.00 <i>Disembarkation</i>		

### Highlights:

- A cruise between the Canary Islands and Madeira to discover exceptional islands and unique cultural landscapes.
- Landscapes: volcanoes, calderas, mountain peaks, green hills, cliffs, lakes, shrubs, flowers, forests, beaches.
- UNESCO World Heritage Sites: Garajonay National Park in La Gomera; Teide National Park in Santa Cruz de Tenerife.
- Discover Puerto del Rosario, its Canarian-style houses protected by high walls, its narrow streets and long, sandy beach.
- The magnificent botanical gardens overlooking Funchal, its churches and its ancient fortress are sure to win you over.
- Discover Arrecife in Lanzarote and its moonscapes.

# The essential Azores

## PONTA DELGADA • PONTA DELGADA

LE BELLOT 8 days/7 nights

11th April 2023

From € 4,700



# The Azores & Madeira

## PONTA DELGADA • LISBON

LE BELLOT 8 days/7 nights

18th April 2023

From € 2,710



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Ponta Delgada, Azores (Portugal)</b> Embarkation from 16.00 to 17.00	
2	Horta, Azores (Portugal)	Full day and evening
3	Praia da Graciosa, Azores (Portugal)	Full day and evening
4	Velas, Azores (Portugal)	Full day and evening
5	Praia da Vitória, Azores (Portugal)	Full day
6	Lajes do Pico, Azores (Portugal)	Full day
7	Ponta Delgada, Azores (Portugal)	Full day and evening
8	<b>Ponta Delgada, Azores (Portugal)</b> Disembarkation	

### Highlights:

- Discover six Azores islands during your cruise: São Miguel, Faial, Graciosa, São Jorge, Terceira and Pico.
- UNESCO sites: the city of Angra do Heroísmo from Praia da Vitória; the vineyard landscapes on Pico Island.
- A trip off the beaten track, combining nature and culture.
- Landscapes: volcanoes, calderas, mountain peaks, green hills, cliffs, lakes, shrubs, flowers.
- Discover Horta, often called 'the blue island' due to the myriad hydrangeas that cover most of the island during the summer months.
- A visit to the volcanic Furnas Valley on the island of São Miguel, where you can enjoy its hot springs amidst lush nature.
- From Lajes do Pico, possibility of seeing whales (if conditions allow).



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Ponta Delgada, Azores (Portugal)</b> Embarkation from 16.00 to 17.00	
2	Vila do Porto, Azores (Portugal)	Morning
3	At sea	
4	Funchal, Madeira (Portugal)	Full day and evening
5	Funchal, Madeira (Portugal)	Morning
6	At sea	
7	Lisbon (Portugal)	Afternoon and evening
8	<b>Lisbon (Portugal)</b> Disembarkation	

### Highlights:

- A cruise wholly devoted to discovering the two Portuguese archipelagos in the Atlantic: the Azores and Madeira.
- UNESCO World Heritage Sites: the tower of Belém and the Monastery of the Hieronymites (Jerónimos Monastery) in Lisbon.
- The promise of a trip off the beaten track, combining nature and culture.
- Landscapes: volcanoes, calderas, mountain peaks, green hills, cliffs, lakes, shrubs, flowers, forests, beaches.
- The possibility of observing whales on a tour (if conditions allow).
- Discover the clever irrigation system called *levadas* and the picturesque village of Camacha on Madeira Island.
- The opportunity to discover Madeira's wine culture.
- Overnight in Lisbon.

# Napoleon Bonaparte: history and heritage

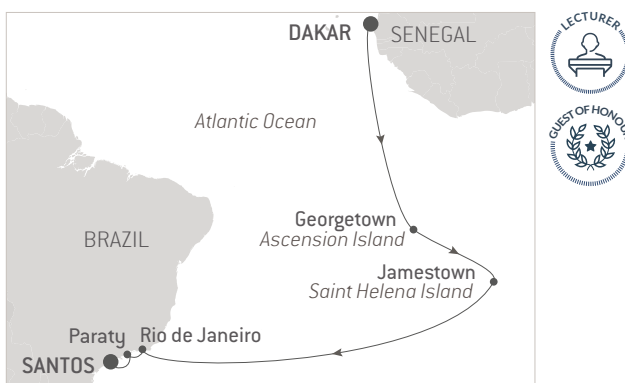
NEW

## DAKAR • SANTOS

LE LYRIAL 21 days/20 nights

14th October 2023

From € 10,020



## Napoleon Bonaparte, a legendary exile

More than two centuries after his death, Napoleon Bonaparte continues to raise questions, to appeal and to fascinate, well beyond French and European borders. On the occasion of the bicentenary of his death, whose commemorations were celebrated in May 2021, PONANT invites you on an exceptional 20-night cruise following in the footsteps of the first French emperor. Leaving from Dakar, you will sail south on the maritime route taken by *HMS Northumberland*, the ship that escorted Napoleon to Saint Helena, in 1815. Although this British territory, the site of his last exile, houses his tomb, it remains above all the place where Napoleon dictated his memoirs and sealed his legend. You will call at this mythical and emblematic island and travel through history in a luxuriant and bucolic setting. After a few days at sea, punctuated by several conferences on-board about the life of 'the little corporal', *Le Lyrial* will set sail for the Brazilian coastline.

DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Dakar</b> (Senegal) - Embarkation from 15.00 to 16.00		
2 to 5	At sea		
6	<b>Georgetown, Ascension Island</b> (British Overseas Territories)		Full day
7, 8	At sea		
9	<b>Jamestown, Saint Helena Island</b> (British Overseas Territories)		Full day and evening
10	<b>Jamestown, Saint Helena Island</b> (British Overseas Territories)		Full day and evening
11	<b>Jamestown, Saint Helena Island</b> (British Overseas Territories)		Full day
12 to 17	At sea		
18	<b>Rio de Janeiro</b> (Brazil)		Afternoon and evening
19	<b>Rio de Janeiro</b> (Brazil)		Full day and evening
20	<b>Paraty</b> (Brazil)		Full day
21	<b>Santos</b> (Brazil) - Arrival: 07.00 Disembarkation		

### Highlights:

- Two gastronomic dinners inspired by the menus and wines served to the emperor during his exile.
- A conference and two concerts featuring music of Napoleon's time, by the historian Peter Hicks.
- Screenings of historical movies and documentaries about the Napoleonic era.
- In Saint Helena, visits 'in the footsteps of Napoleon': the pavilion des Briars, Longwood House, the cottage of General Bertrand and the Valley of the Tomb.
- Discover the natural and cultural heritage of the island: Jamestown village, volcanic landscapes and the natural park.



# Scottish Isles and Norwegian Fjords voyage

**BERGEN • GLASGOW** 17th June 2023 8 days/7 nights  
**GLASGOW • BERGEN** 24th June 2023 10 days/9 nights  
**LE DUMONT-D'URVILLE**

From € 4,780  



# Celtic voyage: The Hebrides and the Irish Sea

**LONDON • GLASGOW**  
**LE DUMONT-D'URVILLE** 9 days/8 nights  
 5th May 2023

From € 4,700  



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Bergen (Norway)</b> - Embarkation from 15.00 to 16.00	
2	<b>Flåm (Norway)</b>	Morning
3	<b>Olden (Norway)</b>	Morning
4	<b>Lerwick, Shetland Islands (United Kingdom)</b>	Afternoon
5	<b>Kirkwall, Scotland (United Kingdom)</b>	Morning
6	<b>Kyle of Lochalsh, Scotland (United Kingdom)</b>	Full day
7	<b>Fort William (United Kingdom)</b>	Morning
8	<b>Glasgow, Scotland (United Kingdom)</b> - Arrival: 08.00 Disembarkation	

## Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts.
- An exceptional itinerary to discover the rugged landscapes and rich cultural heritage of the Scottish Isles and the beauty of the Norwegian fjords.
- UNESCO World Heritage sites en route: Heart of Neolithic Orkney, Geirangerfjord, and Bryggen.
- An opportunity to visit Eilean Donan castle on the Scottish mainland and to sail the waters of storied Loch Ness.
- A chance to tour a distillery and sample the region's famous scotch whisky.
- A discovery of two archipelagos in the north of Scotland – Shetland and Orkney – to delve into the Neolithic and Viking history that abounds there.
- Sailings through three spectacular fjords of Norway, including a glacier visit and a train journey on the famed Flåm Railway.



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>London (United Kingdom)</b> Embarkation from 16.00 to 17.00	
2	<b>Dover (United Kingdom)</b>	Afternoon
3	<b>Cowes (United Kingdom)</b>	Morning
4	<b>Isles of Scilly (United Kingdom)</b>	Afternoon
5	<b>Kinsale (Ireland)</b>	Morning
6	<b>Holyhead, Wales (United Kingdom)</b>	Full day
7	<b>Belfast, Northern Ireland (United Kingdom)</b>	Full day
8	<b>Iona, Hebrides (United Kingdom)</b> <b>Tobermory, Isle of Mull (United Kingdom)</b>	Morning Afternoon
9	<b>Glasgow, Scotland (United Kingdom)</b> - Arrival: 08.00 Disembarkation	

## Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts.
- Experience UNESCO World Heritage Sites along the way: Canterbury Cathedral, Edward I's Caernarfon Castle, and the Giant's Causeway on the Antrim Coast.
- Cruise the River Thames from London Bridge to the White Cliffs of Dover.
- Explore Osborne House, Queen Victoria's favourite residence, designed by Prince Albert.
- Wander through award-winning Tresco Gardens and Bodnant Garden at the height of the spring bloom.
- Discover the vibrant Celtic culture of Cork.
- Delve into the misty past of the Hebridean Isles of Iona and Mull.



# Cruising the historic cities of the Baltic Sea

## HELSINKI • COPENHAGEN

LE CHAMPLAIN 10 days/9 nights

24th July 2023

From € 7,400



# Cruising the historic cities of the Baltic Sea

## STOCKHOLM • COPENHAGEN

LE CHAMPLAIN 9 days/8 nights

10th August 2023

From € 9,210



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Helsinki</b> (Finland) - Embarkation	
2	<b>Tallinn</b> (Estonia)	Morning
3	<b>Stockholm</b> (Sweden)	Full day
4	<b>Visby, Gotland</b> (Sweden)	Morning
5	<b>Riga</b> (Latvia)	Full day
6	<b>Klaipėda</b> (Lithuania)	Afternoon
7	<b>Gdańsk</b> (Poland)	Full day
8	<b>Rønne</b> (Denmark)	Afternoon
9	<b>Copenhagen</b> (Denmark)	Afternoon and evening
10	<b>Copenhagen</b> (Denmark) - Disembarkation	

### Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts, including international affairs expert Nina Khrushcheva and Russian and East European historian Nadia Kizenko.
- Exclusive presentations and discussions aboard with former President of Poland and Nobel Peace Prize-laureate Lech Wałęsa while in Gdańsk and with former mayor of Copenhagen Bo Asmus Kjeldgaard while in Copenhagen.
- A voyage through seven countries along the Baltic Sea – Latvia, Lithuania, Estonia, Finland, Sweden, Poland, and Denmark.
- Five UNESCO World Heritage Sites en route – Fortress of Suomenlinna in Helsinki (optional pre cruise), Historic Center (Old Town) of Tallinn, Historic Center of Riga, Hanseatic Town of Visby, and Curonian Spit in Lithuania.



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Stockholm</b> (Sweden) - Embarkation	
2	<b>Helsinki</b> (Finland)	Afternoon and evening
3	<b>Tallinn</b> (Estonia)	Morning
4	<b>Riga</b> (Latvia)	Afternoon
5	<b>Visby, Gotland</b> (Sweden)	Afternoon
6	<b>Klaipėda</b> (Lithuania)	Afternoon
7	<b>Gdańsk</b> (Poland)	Full day
8	<b>Rønne</b> (Denmark)	Afternoon
9	<b>Copenhagen</b> (Denmark) - Arrival: 08.00 Disembarkation	

### Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts, including international affairs expert and author Robin Wright.
- An exclusive presentation and discussion aboard with former President of Poland and Nobel Peace Prize-laureate Lech Wałęsa while in Gdańsk.
- A voyage through seven countries along the Baltic Sea – Sweden, Finland, Estonia, Latvia, Lithuania, Poland, and Denmark.
- Five UNESCO World Heritage Sites en route – Fortress of Suomenlinna in Helsinki, Historic Center (Old Town) of Tallinn, Historic Center of Riga, Curonian Spit in Lithuania, and Hanseatic Town of Visby.



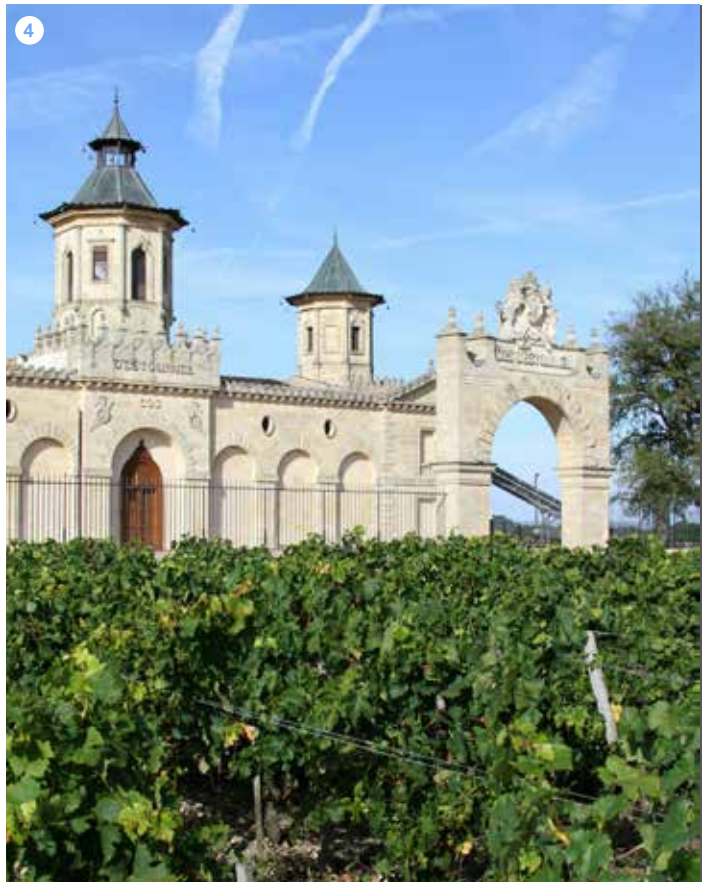
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2



3



4

1. Isle of Man, United Kingdom.
2. Château Beychevelle : unique tasting experience of four crus.
3. Saint-Émilion vineyards.
4. Château Cos d'Estournel, Saint-Estèphe appellation.

# Excursions during your cruise

On the majority of your ports of call, we invite you to enhance your trip with specially designed, high-quality optional excursions. Whether cultural (visits of sites, monuments and museums that are emblematic of the region) or sporty (hikes, excursions on bikes or kayaks), you will certainly find something to suit you among the wide range we offer.

## Overlands with reservation and pre-payment

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### Douglas, Isle of Man **The world-famous Tourist Trophy course** *(2 h, price per person: consult us)*

Discover the beauty of the Isle of Man from an unusual method of transport: a motorised trike specially designed for the island's roads. The Isle of Man has a long history of motorbike racing. And, since 1907, it has hosted the world's top road racers as they take on the legendary annual Tourist Trophy (TT) over a 37.73-mile course on public roads. Sit back and relax as your seasoned driver takes you along the routes the planet's bravest bikers travel each year.

### Pauillac, France **Château Beychevelle: secrets of the winegrowers** *(3 h, price per person: € 210)*

Immerse yourself in three centuries of history at the smart Château Beychevelle, which is surrounded by vineyards and stunning gardens in French style, making it one of the most beautiful properties in the Médoc. Find out how wine is made here with a balance of tradition and innovation in an intimate cellar session with wine professionals. Then participate in a mysterious and unique tasting experience taking in the estate's four crus.

### Pauillac, France **Château Cos d'Estournel** *(3 h 30, price per person: € 190)*

If you're a wine enthusiast, take to the road through the vineyards of the Médoc and see Château Lafitte Rothschild and Château Mouton Rothschild. During this trip any wine lover will adore, you'll visit Château Cos d'Estournel, *Deuxième Grand Cru Classé* (Médoc), before enjoying a special tasting.

### Bordeaux, France **Lunch at Château de Ferrand** *(5 h, price per person: € 190)*

Enjoy a delicious Wine Pairing workshop run by the chateau's sommelier and the Michelin-starred restaurant chef surrounded by the vineyards on this estate, which is one of Saint-Émilion's oldest. Château de Ferrand has only been owned by two families since the 17th century and was awarded *Grand Cru de Saint-Émilion* status in 2012. You'll love the charming elegant architecture and the views of the Dordogne valley that create its unique character.

### Bordeaux, France **Cooking at Château Ambe La Tour Pourret** *(5 h, price per person: € 210)*

Become the chef at Château Ambe Tour Pourret for a lunchtime! The château is on the Saint-Émilion wine route and is surrounded by 12 acres of vines. It achieved "agriculture biologique" organic certification in 2015. After visiting the site, head to the kitchens for a wonderful foodie experience. You'll make dishes using local seasonal ingredients and then eat the fruits of your labour paired with wines made by the Lannoye family, who own the estate.

### Bordeaux, France **Saint-Émilion first classified Château Pavie** *(3 h 15, price per person: € 170)*

Delve into the private world of Château Pavie, one of the most inscrutable estates in Saint-Émilion with its *Premier Grand Cru Classé "A"*, and end the visit with a wonderful tasting. The buildings have been fully renovated by the interior designer Alberto Pinto, with the stonework and transparency providing a subtle dose of contemporary sobriety and Bordeaux classicism.

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*Reservation and payment of these excursions must be made when booking your cruise or at least 60 days prior to your cruise. Prices can be changed. A minimum of participants is required to confirm.*

## Belgium

- Antwerp**, Antwerp, city of Rubens (4 h) € €
- Ostend**, Ghent & canal cruise (5 h 30) € € €

## Denmark

- Copenhagen**, Royal highlights (3 h) € €
- Rønne**, Nature and villages of Bornholm (3 h 30) € €

## Estonia

- Tallinn**, Gothic treasures of Tallinn (3 h 30) €

## Finland

- Helsinki**, Suomenlinna Fortress (3 h 30) € €

## France

### Belle-Île-en-Mer

- Hiking at Pointe des Poulains (4 h) € €

### Bordeaux

- Farm of Neuvic, French caviar producer (4 h 30) € €
- Sauternes : Château Lafaurie-Peyraguey (3 h) € € €
- Visit of Château Smith Haut Lafitte (2 h 30) € € €

### Pauillac

- Château Lafite Rothschild (2 h 15) € €
- The famous Médoc Châteaux Road (3 h) € € €

### Roscoff, Morlaix & megaliths (5 h)

€ €

### Saint-Jean-de-Luz

- La Rhune mountain train (4 h) € €
- Cristóbal Balenciaga Museum (4 h) € €

### Saint-Malo, Mont-Saint-Michel (8 h)

€ € € €

### Talmont-sur-Gironde

- Royan architecture tour (3 h 30) € €

## Isle of Man

### Douglas

- Historic Man (4 h) € € €
- Scenic southern Isle of Man panorama (4 h) € €

## Ireland

- Dublin**, Literature of Dublin (7 h 30) € € €

- Kinsale**, Panoramic Cork & Old Jameson distillery (4 h 30) € €

## Latvia

- Riga**, Charming Riga & organ recital (4 h) € €

## Norway

### Ålesund

- Ålesund & open air museum (3 h) € €
- Atlantic Ocean Park (3 h) INCLUDED

### Arendal, Coastal hike at Hove (3 h 30)

€ €

### Flåm, The Flåm Railway (3 h 30)

INCLUDED

### Geiranger

- Kayaking on Geiranger Fjord (3 h) € €
- Geiranger to Hellesylt by Land (7 h 30) INCLUDED

### Leknes, Lofoten, Leknes by RIB boat (1 h 30)

€ € € €

### Olden, Briksdal Glacier (4 h)

€ € €

### Sandnes, Nordic walk experience (3 h 30)

€ € €

### Stavanger, Utstein Monastery & music recital (3 h 30)

€ €

### Tromsø, Tromsø, Arctic capital (3 h 30)

€ € €

### Ulvik, Norwegian Nature Centre (4 h)

€ € €



## Netherlands

- Amsterdam**, The Hague & Mauritshuis (5 h) € €

## Poland

### Gdańsk

- Gdańsk city tour & Chopin concert (5 h 15) € € € €

## Portugal

### Funchal, Madeira

- Whale & dolphin watching (3 h) € €
- Levada walk (3 h 30) €
- Botanical Gardens & Monte (4 h) € €
- Monte Palace Gardens & Eira do Serrado (4 h) € €

### Horta, Azores, Whale watching (3 h 30)

€ € €

### Lajes do Pico, Azores

- Whale watching (3 h 30) € € €

Full tour programme is available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure. You can also pre-book your PONANT shore-excursions up to 2 months before your cruise, and have them billed on board. Final programme will be sent with your cruise documents.

## Leixões - Porto

- Porto city tour & wine tasting (4 h 30)

€ €

## Lisbon

- Tram tour of Lisbon (3 h)

€ €

## Praia da Graciosa, Azores

- Wonders of Graciosa (3 h 45)

€ €

## Ponta Delgada, Azores

- Furnas Valley & Hot Springs (5 h)

€ €

## Praia da Vitória, Azores

- Terceira & Angra do Heroísmo (4 h)

€ €

## Velas, Azores

- São Jorge highlights (3 h 30)

€ €



## Spain

### Arrecife de Lanzarote, Canary Islands

- Timanfaya national park & La Geria wine (4 h)

€

### Bilbao

- Oenology between modernity & traditions (9 h)
- The Basque Coastline (5 h)

€ € € € € € € €

### San Sebastián de la Gomera, Canary Islands

- Hiking in Garajonay National park (4 h)

€

### Santa Cruz de Tenerife, Canary Islands

- Teide National Park (4 h 30)

€

### Vigo - Santiago de Compostela

- Pilgrimage to Santiago de Compostela (8 h)
- Pazo de Rubianes & wine tasting (4 h 30)

€ € € € € € € €

## Sweden

### Göteborg (Gothenburg)

- Göteborg city tour (3 h)
- Panoramic Göteborg & canal cruise (3 h)

€ € € €

## United Kingdom

### Belfast, Northern Ireland

- Spectacular Giants Causeway (5 h 30)

€ €

### Cowes

- Scenic Isle of Wight by vintage car (3 h 30)
- Royal Osborne House (4 h 15)

€ € € € € € INCLUDED

### Dartmouth, Buckfast Abbey & Totnes (4 h 30)

€ € € €

### Dover

- The White Cliffs & the battle of Britain (4 h)

INCLUDED

### Fishguard, Picton Castle (3 h 30)

€ € € €

### Fort William

- Glenfinnan, the Highlands, and Whisky (4 h)

INCLUDED

### Holyhead, Wales

- Highlights of Welsh History and Culture (8 h)

INCLUDED

### Isles of Scilly, Tresco Abbey gardens (3 h)

€ €

### Iona, Hebrides

- Iona Abbey, cradle of christianity (2 h)
- Isles of Iona & Mull (7 h 15)

€ € € € € € € €

### Kirkwall, Scotland

- Orkney Treasures (4 h)
- Orkney Treasures & St Magnus Cathedral (4 h 30)

INCLUDED INCLUDED

### Kyle of Lochalsh, Scotland

- A day on Skye (8 h 30)

INCLUDED

### Lerwick, Shetland Islands

- Jarlshof Settlement & Sumburgh Head (4 h 15)

INCLUDED

### Liverpool, Iconic Liverpool (4 h)

€ €

### Oban, Scotland

- Kilmartin Glen, Scotland's Stonehenge (4 h 30)

€ €

### Penzance, Land's End & St Ives (5 h)

€ € € €

### Portree, Isle of Skye

- Isle of Skye & Museum of island life (3 h 30)

INCLUDED

### Tobermory, Isle of Mull

- Aros Park coastal walk (3 h 30)

€



Prices: € = less than €50, € € = from €50 to 100, € € € € = from €100 to 150, € € € € € € = more than €150

# Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT.

Please find below samples of the programmes available in Northern Europe and the Atlantic for Summer 2023 season.

## From Copenhagen, Denmark Copenhagen, city of art and history

*(2 nights, price : consult us)*

Facing the open sea, now a dynamic and cosmopolitan city, Copenhagen does not forget its long history and its past as a modest fishing harbour. Come and discover the Danish capital and the region's main attractions. You will visit Frederiksborg Castle, the largest palace in Scandinavia, as well as Kronborg Castle, which played a significant role in the history of Northern Europe from the 16th to the 18th century and is now a UNESCO World Heritage Site. You will have dinner in the pleasant Nyhavn district, surrounded by brightly coloured houses and located along the canal in the centre of Copenhagen. This programme also includes a guided visit of the Louisiana Museum of Modern Art.

This programme is available before your cruise from Copenhagen, Denmark. More information on our website [www.ponant.com](http://www.ponant.com), or call your travel agent.

## From Bergen and Oslo, Norway Norwegian railway adventure

*(3 nights, price : consult us)*

Discover Norway through the wondrous landscapes that form the backdrop to Northern Europe's highest railway line, the Bergensbanen. Rising to over 1,200 metres above sea level on the Hardangervidda plateau, it links Bergen and Oslo in seven hours and is one of the world's most scenic rail routes. It winds its way through mountainous landscapes, where wooded valleys and peaks, placid lakes and bubbling torrents guide the traveller's reverie. It runs along the Flåmsbanen, which skirts the Aurlandsfjord and connects the stations of Flåm and Myrdal via a steep, sinuous line offering spectacular views.

This programme is available before and after your cruise from Bergen and Oslo, Norway. More information on our website [www.ponant.com](http://www.ponant.com), or call your travel agent.

## From Dublin, Ireland Dublin and the Wicklow mountains

*(2 nights, price : consult us)*

Take a scenic drive from Ireland's capital to the heart of the Wicklow Mountains, part of a designated natural park. You'll visit the site of Glendalough, which includes the ruins of an ancient monastery, one of the country's most important places of worship. Before returning to Dublin, you will be treated to a whisky tasting. Make the most of this tour to discover the city of James Joyce and Oscar Wilde, with visits to museums dedicated to Irish culture and the history of Gaelic sports. You'll also have the chance to opt for dinner, accompanied by traditional music and dance.

This programme is available before your cruise from Dublin, Ireland. More information on our website [www.ponant.com](http://www.ponant.com), or call your travel agent.

## From Glasgow, United Kingdom Discover the Scottish Highlands

*(4 nights, price : consult us)*

Set off to explore the Highlands in search of some of the most picturesque, unspoilt landscapes in Scotland. You'll cross these remote territories to reach the Isle of Skye. Majestic mountains, vast bogs, bays and lochs shape the scenery of this island, where the elements put on an ever-changing display. During your trip, you'll have the chance to sample some whisky, the region's signature spirit. Then Edinburgh, the Scottish capital, will welcome you for an overnight stay. And you might have the opportunity to wander the city's streets before your international flight. Be sure to look up to admire the city's iconic castle, a powerful national symbol and a UNESCO World Heritage Site.

This programme is available after your cruise from Glasgow, Scotland. More information on our website [www.ponant.com](http://www.ponant.com), or call your travel agent.

*These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure. Full tour programme and prices are available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure, or call your travel agent.*



1. Railway line between Oslo and Bergen.  
2. Statue of Hans Christian Andersen in front of the Tivoli Gardens, Copenhagen.  
3. View of the Samuel Beckett Bridge in Dublin.  
4. Landscape, Isle of Skye.







# The Mediterranean

From this 'sea between lands', stories, cultures, panoramas and gastronomy have all emerged, accompanied by hospitality and human warmth: an eternal source to which one readily returns, with the greatest pleasure.

# Not to be missed

The Mediterranean is all about the unique light, the vibrant colours. It is the golden sun that colours the skin. It is the air laden with sea spray, the woody scent of pine trees, the mellow fragrance of citrus blossom, the subtle taste of olive oil. It is the lapping of the waves, the song of the cicada. And it's also the history of numerous civilisations, a cultural melting pot and an entire lifestyle. It's a whole world in itself.



## The cradle of numerous civilisations

By connecting its peoples in multiple ways, the Mediterranean basin has brought cultures together and created civilisations renowned for their philosophers, artists, writers and scientists. We simply cannot imagine the world's history without the many contributions from the Egyptian, Greek, Roman and Ottoman eras. Our oldest heritage is marked with their legacy: Rome with its Forum and Colosseum; the ancient city of Pompeii preserved in ashes; Athens, the heart of Ancient Greece; the pyramids and the Sphinx of Giza; the dynastic temple of Karnak; the fortress of Masada perched in the Judean desert; the pink city of Petra carved in the rock. And that is just a tiny sample of the sublime remains that have survived the ages.

## Easy living and beautiful blues

In the Mediterranean, the warm, sunny climate makes for a diverse abundance of plant life. There are pine forests, maquis, vineyards, fields of cereals, olive trees, citrus groves, plus thousands of plants and flowers. In this multifaceted region, the landscapes change with the seasons, the geology, and the fauna and flora. In Corsica, the limestone cliffs of Bonifacio are sculpted by the wind and the waves. In Malta, the island of Comino offers secluded coves bathed in crystal-clear water. A few miles out of Naples, the lava flows from the last eruption of Vesuvius in 1944 can still be seen. But over and over again, our gaze is drawn to the blue of the sky or of the sea.

## The mix of cultures

Shaped by their centuries-long history and their openness to the world, the great Mediterranean cities are a blend of remembrance, abandonment, and a formidable capacity for resilience. These historic cities have had to change with the times, successively recreating their urban landscapes and their aura. Festive Barcelona harbours secular gothic architecture alongside modern and surrealist works by artists such as Gaudí and Miro. Cosmopolitan Istanbul is embodied in Hagia Sophia, Topkapı Palace, the backstreets of the Galata district, the emblematic Beyoğlu or Ortaköy districts and their artists, designers, avant-garde chefs. Bustling Lisbon boasts the Belém district, with its 17th-century tower and the Hieronymites monastery, standing side by side the futuristic Parque das Nações (Park of Nations).



## Things to see, do and experience

- ✓ **The medieval citadel of Bonifacio**, set on a limestone cliff, with its cobbled streets, parapet walk and staircase carved in the rock.
- ✓ **The delicious churros** to be sampled on the Plaza de los Naranjos before a tour of Nuestra Señora de la Encarnacion church in Marbella, on the Costa del Sol.
- ✓ **The Ancient Greek theatre of Taormina**, a UNESCO World Heritage Site, with its spectacular view of the sea and Mount Etna in the background.
- ✓ **The *Gallotia galloti* lizard**, a species found only on the islands of Tenerife and La Palma, which you may be lucky enough to spot.
- ✓ **The Corinthian Canal**, with its narrow strip of water, only accessible to ships with a draught of less than eight metres.
- ✓ **La Pedamentina**, a scenic walkway including some 414 steps and offering a sweeping view of Naples and its Gulf.

# Ports of call and places to explore



**Through the eyes of Héloïse Mas**  
*The Mediterranean, the cradle of lyrical art*

In the course of her young career, the lyric mezzo-soprano Héloïse Mas has performed on numerous stages, notably in cities around the Mediterranean such as Nice, Marseille and Monte Carlo. This region, the cradle of lyrical art, is particularly close to her heart.

"Lyrical art is alive and well in the Mediterranean because it has always been supported by artists who are keen to defend it. Composers used to travel frequently from one country to another and there were many cultural exchanges within the Mediterranean basin. Lyrical art has therefore been easily shared over time. It is extraordinary music, you cannot remain insensitive to it. It never leaves you indifferent. I decided to become an opera singer because I wanted to express myself and share the emotions of music. No matter where I perform, whether it's in a closed hall, on a boat [editor's note: Héloïse Mas will be performing at the *2nd Lyric Festival at Sea* in alliance with Radio Classique

during the October 1, 2023 cruise aboard *Le Lyrial*] or in an antique theatre like the one in Orange, I love sharing this passion with my audience. It is always very powerful to sing in an arena because these are mythical stages, full of history. I have a strong relationship with the Mediterranean because my father is Spanish. I have a lot of family in Spain, on the Costa Blanca, south of Valencia, down towards Alicante. Many of my childhood memories are linked to this region. As soon as I return to the Mediterranean coast, I feel rejuvenated. I associate Spain and the Mediterranean beaches with smells and the wind. The air has a very particular smell even if it is not the same in Spain as in Nice."

## The Cyclades, lands of myths

Often mountainous, these 250 islands (24 of which are inhabited) boast idyllic coastal views. However, they also testify to cultural wealth rooted in the beliefs of the ancient Greeks: the Cyclades are nymphs who were turned into rocks by Poseidon after they provoked his ire. They owe their name to the circle – *kyklos* – that they form around the sacred island of Delos. The latter is now an uninhabited open-air museum, and is said to be the birthplace of Apollo and Artemis, born of Zeus's infidelities. Like the god or mythical character to whom it refers, each island has its own unique characteristics and its own magnificent treasures to be explored.





## Fiery Sicily

Sicily and its islands have been subject to various land movements that have constantly reshaped their horizons. The landscapes are lunar, at times grey or black, at others green or yellow, often smoky, sometimes glowing. Bordered by the sea and the mountains, Etna, one of the most active volcanoes in Europe, repeatedly unleashed its fury on Catania. The town has been rebuilt seven times. The Aeolian Islands are home to a remarkable icon: Stromboli, the beacon of the Mediterranean, still active with its island formed by lava flows. The fertile volcanic soil is ideal for vine and citrus growing.



## Dolce Vita on the Amalfi Coast

Tucked away between the Gulf of Salerno and the Gulf of Naples, the Amalfi Coast is an ode to the art of living. No one can resist its charms: enjoy strolling through the shady narrow streets around a century-old square, or sit on a terrace for an aperitivo with a breathtaking view of the sunset. Or you can sip on a glass of limoncello, made from the nectar of lemons, the region's emblematic crop cultivated on steep terraces. From the white of Amalfi to the brightly coloured houses of Positano, the villages and roads are like gems, embedded in the rocky cliffs. They form backdrops worthy of the most beautiful Italian cinema productions in which you would see Sophia Loren, Claudia Cardinale or Marcello Mastroianni holidaying in the sun.



## Age-old farming traditions in Stari Grad

The island of Hvar in Croatia is home to the country's oldest town, Stari Grad. Colonised by the Greeks in the 4th century B.C., the fertile plain that bears its name illustrates an exemplary system of agricultural layout, divided into plots with rainwater collection. Thanks to this system, vines and olives have been grown here continuously for 2,400 years. A UNESCO World Heritage site, the plain can be explored on foot or on bicycle following the vineyard trails. As you go along, you'll come across archaeological sites dating back to the time of the first Greek settlers, such as the ruins of a watchtower or a Roman house.



## Comino, Malta's wild pearl

There is a place, somewhere in the Mediterranean, that bears an uncanny resemblance to a Polynesian lagoon. To the far north of Malta, a sprinkling of islands bathe in the crystal-clear waters that alternate between shades of turquoise and emerald. Well known for its Blue Lagoon beach lined with white sand and a paradise for diving and snorkelling, Comino easily rivals with the coastal destinations of the Pacific. Its arid land is used to grow cumin — hence its name — alongside olives, fig, tamarisk, pine and acacia.

# Iberian shores

## LISBON • BARCELONA

LE CHAMPLAIN 8 days/7 nights

1st October 2023

From € 2,880



# Iberian shores & Corsica

## MÁLAGA • NICE

LE LYRIAL 9 days/8 nights 26th April 2023

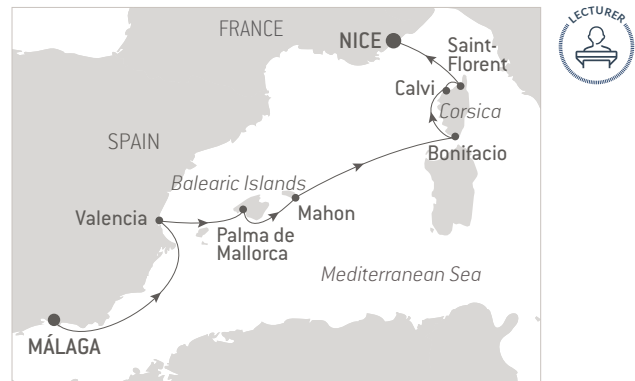
## BARCELONA • NICE

LE BOUGAINVILLE 8 days/7 nights 28th August 2023

From € 3,050



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Lisbon</b> (Portugal) Embarkation from 16.00 to 17.00		
2	At sea		
3	Cádiz (Spain)		Full day
4	Málaga (Spain)		Full day and evening
5	At sea		
6	Palma de Mallorca, Balearic Islands (Spain)		Afternoon
7	Valencia (Spain)		Full day
8	<b>Barcelona</b> (Spain) - Arrival: 08.30 Disembarkation		



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Málaga</b> (Spain) Embarkation from 16.00 to 17.00		
2	At sea		
3	Valencia (Spain)		Full day
4	Palma de Mallorca, Balearic Islands (Spain)		Full day
5	Mahon, Balearic Islands (Spain)		Morning
6	Bonifacio, Corsica (France)		Afternoon and evening
7	Calvi, Corsica (France)		Full day and evening
8	Saint-Florent, Corsica (France)		Full day
9	<b>Nice</b> (France) - Arrival: 08.00 Disembarkation		

### Highlights:

- An exceptional cruise to discover major cities of the Iberian Peninsula.
- UNESCO World Heritage Sites: the tower of Belém and the Monastery of the Hieronymites (Jerónimos Monastery) in Lisbon (embarkation port), the Silk Exchange in Valencia, the Alhambra of Granada from Málaga, the Alcázar of Seville from Cádiz, the works of Antoni Gaudí in Barcelona (disembarkation port).
- The crossing of the legendary Strait of Gibraltar, the only maritime passage between the Atlantic Ocean and the Mediterranean.
- The Andalusian city of Cádiz, one of the oldest cities in the Western Mediterranean.
- Explore the Balearic Islands including Palma de Mallorca.
- Discover Valencia, the city of Art and Science.

### Highlights:

- A Mediterranean cruise to discover the Iberian shores, the Balearic Islands and Corsica, combining cultural visits and breathtaking scenery.
- A journey from island to island to explore the treasures of the Western Mediterranean.
- UNESCO World Heritage Sites: the works of Antoni Gaudí, the Palace of Catalan Music and the Sant Pau Hospital in Barcelona (embarkation port), the Silk Exchange in Valencia.
- Discover Valencia, the city of Art and Science.
- Discover the Balearic Islands including Mahon and Palma de Mallorca, their capital.
- Discover the Isle of Beauty through three ports of call: Bonifacio, Calvi and Saint-Florent.

# From the shores of the Mediterranean to the Atlantic coast

VALLETTA • LISBON

LE CHAMPLAIN 12 days/11 nights

10th May 2023

From € 4,530



## Palma de Mallorca, Balearic Islands

Palma de Mallorca will reveal its many treasures: idyllic coves, majestic limestone cliffs that plunge into the clear sapphire- and turquoise-coloured waters of the Mediterranean, and vast plains planted with almond trees, olive trees, orange trees and vineyards. When your ship calls at the capital of the Balearic Islands, take a walk to discover its emblematic monuments, such as its famous gothic cathedral, and amble through its old streets. Here, like a painting, the island's historical heritage forms a backdrop to the lively and warm cosmopolitan atmosphere of the Mediterranean. Two excursions are available to this stopover: a tour of Valldemossa, a small and typical Majorcan village, and the discovery of Palma's main landmarks.

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Valletta (Malta)</b> Embarkation from 16.00 to 17.00	
2	<b>Trapani, Sicily (Italy)</b>	Afternoon
3	<b>Cagliari, Sardinia (Italy)</b>	Afternoon
4	At sea	
5	<b>Palma de Mallorca, Balearic Islands (Spain)</b>	Full day
6	<b>Valencia (Spain)</b>	Full day
7	<b>Cartagena (Spain)</b>	Afternoon
8	<b>Málaga (Spain)</b>	Afternoon and evening
9	<b>Marbella (Spain)</b>	Full day
10	<b>Cádiz (Spain)</b>	Full day and evening
11	At sea	
12	<b>Lisbon (Portugal) - Arrival: 07.00</b> Disembarkation	

### Highlights:

- An exceptional cruise between the Mediterranean Sea and the Atlantic Ocean to discover four countries: Malta, Italy, Spain and Portugal.
- UNESCO World Heritage Sites: Valletta (embarkation port), the *Llotja de la Seda* in Valencia, the Alhambra of Granada from Malaga, the Alcázar of Seville from Cádiz, the tower of Belém and the Monastery of the Hieronymites in Lisbon (disembarkation port).
- Discover the Balearic Islands including Palma de Mallorca, the capital.
- The ancient heritage of Cartagena.
- The Andalusian city of Cádiz, one of the oldest cities in the Western Mediterranean.
- The opportunity to discover the Puente Nuevo de Ronda from Marbella.



# From the French Riviera to Italian shores

## NICE • CIVITAVECCHIA

LE LYRIAL 7 days/6 nights

4th May 2023

From € 3,070



# Tuscan shores and *la dolce vita*

## NICE • LIVORNO

LE BOUGAINVILLE 8 days/7 nights

4th September 2023

From € 3,460



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Nice (France)</b> Embarkation from 16.00 to 17.00	
2	Calvi, Corsica (France)	Afternoon
3	Sailing along Cinque Terre (Italy) Portofino (Italy)	Afternoon and evening
4	Livorno (Italy)	Full day
5	Portoferraio, Elba (Italy)	Full day
6	Porto Santo Stefano (Italy)	Full day
7	<b>Civitavecchia (Rome) (Italy)</b> - Arrival: 07.00 Disembarkation	

### Highlights:

- A cruise from Nice to Civitavecchia (Rome) via Corsica, the Italian Riviera and Tuscany.
- Discover Calvi and its citadel on the Isle of Beauty (Corsica).
- Sailing along the Cinque Terre region, listed as World Heritage by UNESCO: discover the landscapes of villages perched along the rugged coast of the Riviera.
- Visiting Portofino, a quiet fishing village with colourful houses that has successfully retained its authenticity and traditions.
- Livorno, a port city famous for its Renaissance fortifications, whose Little Venice district, as it is known, offers a picturesque setting in which to enjoy fish and seafood.
- The island of Elba and Portoferraio, where Napoleon was exiled.
- Porto Santo Stefano, a small, discreet port on the Tyrrhenian Sea built along a hillside and surrounded by a 17th century fortress.
- Enjoy a taste of *la dolce vita*.



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Nice (France)</b> Embarkation from 16.00 to 17.00	
2	Portofino (Italy)	Afternoon and evening
3	Sailing along Cinque Terre (Italy) Porto Venere (Italy)	Afternoon
4	Portoferraio, Elba (Italy)	Full day
5	Gaeta (Italy)	Afternoon
6	Salerno (Italy)	Full day
7	Porto Santo Stefano (Italy)	Afternoon
8	<b>Livorno (Italy)</b> - Arrival: 07.00 Disembarkation	

### Highlights:

- A cruise from Nice to Livorno, from the Italian Riviera to Tuscany.
- Sailing along the Cinque Terre region, listed as World Heritage by UNESCO: discover the landscapes of villages perched along the rugged coast of the Riviera.
- Visiting Portofino, a quiet fishing village with colourful houses that has successfully retained its authenticity and traditions.
- The island of Elba and Portoferraio, where Napoleon was exiled.
- Gaeta, a renowned seaside destination in Roman times already.
- Discover the archaeological treasures of the province of Salerno.
- Porto Santo Stefano, a small, discreet port on the Tyrrhenian Sea built along a hillside and surrounded by a 17th century fortress.
- Enjoy a taste of *la dolce vita*.



# Natural riches and local produce in the Mediterranean

NEW

## VALLETTA • NICE

LE BOUGAINVILLE 11 days/10 nights  
2nd and 22nd July, 11th August 2023  
From € 5,420

## NICE • VALLETTA

LE BOUGAINVILLE 11 days/10 nights  
12th July and 1st August 2023  
From € 5,420



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Valletta (Malta)</b> Embarkation from 16.00 to 17.00		
2	<b>Valletta (Malta)</b> Mġarr, Gozo Island (Malta)		Morning Afternoon and evening
3	Mġarr, Gozo Island (Malta)		Full day and evening
4	Comino (Malta)		Morning
5	<i>Sailing in front of Stromboli (Italy)</i> Lipari, Aeolian Islands (Italy)		Full day
6	At sea		
7	Porto Ercole (Italy)		Full day and evening
8	Giglio (Italy)		Afternoon
9	Portofino (Italy)		Full day and evening
10	Calvi, Corsica (France)		Full day
11	<b>Nice (France)</b> - Arrival: 08.00 Disembarkation		

### Highlights:

- UNESCO World Heritage Sites: Valletta (embarkation port), the temples of Ġgantija on the island of Gozo, the Aeolian Islands.
- Enjoy the expertise of a team of English-speaking naturalist guides aboard ship and during activities.
- Outings and shore visits in zodiac inflatables and nautical and land-based activities.
- Brand new ports of call on Comino, renowned for its idyllic blue lagoon, and in Tuscany, on Giglio and at Porto Ercole.
- Overnights in Valletta and in Gozo island.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

## Porto Ercole, Tuscany

Landscapes of undulating hills covered in lush meadows, streets with colourful houses, and picturesque paths shaded by pines... Porto Ercole is a concentration of all of Tuscany's beauty. Overlooked by its 16th century fortress, this small village is renowned for having witnessed the final days of the famous painter Caravaggio, said to be buried there. On the Monte Argentario peninsula, you might get the chance to meet the fishermen of the Orbetello Lagoon, classed as a natural reserve, who perpetuate traditional fishing methods, or meet local wine, olive oil and cheese producers. For our sportier guests, the surrounding wild and pristine nature will provide the opportunity for a hike along the island's heights to enjoy breathtaking views.



All departures: a kid-friendly, family cruise  
**PONANT Kids' Club.**



# Wild and volcanic coasts of the Mediterranean

VALLETTA • NICE

LE LYRIAL 8 days/7 nights

17th May 2023

From € 3,200



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Valletta (Malta)</b> Embarkation from 16.00 to 17.00	
2	<b>Taormina, Sicily (Italy)</b>	Full day
3	<b>Lipari, Aeolian Islands (Italy)</b> Sailing in front of Stromboli (Italy)	Full day
4	<b>Amalfi (Italy)</b>	Full day
5	<b>Ponza (Italy)</b>	Morning
6	<b>Bonifacio, Corsica (France)</b>	Full day and evening
7	<b>Portoferraio, Elba (Italy)</b>	Afternoon
8	<b>Nice (France)</b> - Arrival: 08.00 Disembarkation	

## Highlights:

- Discover the magnificent volcanic islands of the Tyrrhenian Sea: Ponza, Lipari, and Taormina in Sicily.
- UNESCO World Heritage Sites: Valletta (embarkation port), the Amalfi coast, the Aeolian archipelago and the wonderful Greek theatre of Taormina, overlooking the sea.
- Sail by the Stromboli volcano, an active volcano whose crater regularly erupts with lava flows.
- Discover the beauty of the Amalfi Coast and enjoy a taste of *la dolce vita*.
- Like Ulysses you will be captivated by the wild contours and the hidden swimming spots of Ponza, the volcanic isle where Circe was born.
- Bonifacio, a veritable fortress sculpted by the wind and the spray, will reveal its historical centre and its long cobbled streets.
- Elba and Portoferraio, where Napoleon was exiled.

# Island hopping in the Mediterranean

VALLETTA • NICE

LE JACQUES-CARTIER 8 days/7 nights

17th May 2023

From € 3,460



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Valletta (Malta)</b> Embarkation from 16.00 to 17.00	
2	<b>Syracuse, Sicily (Italy)</b>	Full day
3	<b>Catania, Sicily (Italy)</b>	Full day
4	<b>Palermo, Sicily (Italy)</b>	Full day
5	<b>Cagliari, Sardinia (Italy)</b>	Afternoon
6	<b>Porto-Vecchio, Corsica (France)</b>	Full day
7	<b>Portoferraio, Elba (Italy)</b>	Full day
8	<b>Nice (France)</b> - Arrival: 07.00 Disembarkation	

## Highlights:

- A cruise in the Mediterranean to visit some of its most beautiful islands: Malta, Sicily, Sardinia, Corsica and Elba.
- UNESCO World Heritage Sites: Valletta (embarkation port), the old town of Syracuse, Arab-Norman Palermo and the Cathedral Churches of Cefalù and Monreale.
- In Syracuse, visit the archaeological park of Neapolis and its prestigious 5th century BC theatre.
- Palermo, where the soul of Sicily exudes the perfumes of picturesque markets.
- Cagliari, capital of Sardinia, full of charm with its shaded stairs, small squares bathed in light and remains conjuring up its medieval grandeur.
- Discover the Isle of Beauty, Corsica, and the splendid Porto-Vecchio, once a Genoese city and now a seaside resort travellers flock to for its heavenly beaches.
- The island of Elba and Portoferraio, where Napoleon was exiled.

# The charm of Italian shores

**CIVITAVECCHIA • VALLETTA**  
**LE LYRIAL** 8 days/7 nights  
 10th May 2023  
**From € 3,390**



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Civitavecchia (Rome) (Italy)</b> <i>Embarkation from 16.00 to 17.00</i>	
2	<b>Sorrento (Italy)</b>	<i>Afternoon</i>
3	<b>Amalfi (Italy)</b> <b>Positano (Italy)</b>	<i>Morning</i> <i>Afternoon</i>
4	<b>Sailing in front of Stromboli</b> <b>Lipari, Aeolian Islands (Italy)</b>	<i>Afternoon</i>
5	<b>Palermo, Sicily (Italy)</b>	<i>Full day</i>
6	<b>Taormina, Sicily (Italy)</b>	<i>Full day</i>
7	<b>Syracuse, Sicily (Italy)</b>	<i>Full day</i>
8	<b>Valletta (Malta) - Arrival: 07.00</b> <i>Disembarkation</i>	

## Highlights:

- A cruise along the Italian coast to discover the jewels of the peninsula.
- UNESCO World Heritage Sites: Rome from Civitavecchia (embarkation port), the archeological site of Pompeii from Sorrento, the Amalfi Coast, the Aeolian Islands, Mount Etna from Taormina and its Greek Theatre, the old town of Syracuse, Arab-Norman Palermo and the Cathedral Churches of Cefalù and Monreale, Valletta (disembarkation port).
- Discover the beauty of the Amalfi Coast and enjoy a taste of *la dolce vita* in Positano.
- Sailing by the Stromboli volcano.
- Lipari, the capital of the Aeolian archipelago, particularly known for its many natural and architectural gems.
- Explore Sicily's most beautiful historic cities and ancient sites: Syracuse, Taormina and its theatre, Palermo.

# Jewels of the Italian Riviera

**NICE • VENICE**  
**LE LYRIAL** 11 days/10 nights  
 29th May 2023  
**From € 4,840**



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Nice (France)</b> <i>Embarkation from 16.00 to 17.00</i>	
2	<b>Sailing along Cinque Terre</b> <b>Portofino (Italy)</b>	<i>Afternoon and evening</i>
3	<b>Livorno (Italy)</b>	<i>Full day</i>
4	<b>Porto Santo Stefano (Italy)</b>	<i>Morning</i>
5	<b>Amalfi (Italy)</b>	<i>Full day</i>
6	<b>Taormina, Sicily (Italy)</b>	<i>Afternoon</i>
7	<b>Otranto (Italy)</b>	<i>Afternoon</i>
8	<b>At sea</b>	
9	<b>Ancona (Italy)</b>	<i>Full day</i>
10	<b>Ravenna (Italy)</b>	<i>Full day</i>
11	<b>Venice (Italy) - Arrival: 07.00</b> <i>Disembarkation</i>	

## Highlights:

- Discovering the charms of the Italian dolce vita.
- UNESCO World Heritage Sites: the early Christian Monuments of Ravenna, the Cinque Terre region, Venice and its lagoon (disembarkation port).
- Visiting Portofino, a quiet fishing village with colourful houses that has successfully retained its authenticity and traditions.
- Discovering Porto Santo Stefano, a discreet port on the Tyrrhenian Sea built along a hillside and surrounded by a 17th century fortress.
- The Cathedral of Otranto, one of the city's most beautiful treasures with its magnificent 12th century ornamental mosaic tiling.

# From the French Riviera to the Turkish Riviera

**NICE • ANTALYA**

LE JACQUES-CARTIER 11 days/10 nights

24th October 2023

From € 4,240



## Bonifacio, Corsica's pearl

The spectacular town of Bonifacio, located on the very tip of southern Corsica, clings to a narrow promontory of white rock overhanging the turquoise waters of the Mediterranean. You can admire its limestone cliffs hewn out by the wind, before setting off on a cultural tour of its historic treasures. From the little paved streets in the ancient Haute Ville, to the promenade on the open-air medieval chemin de ronde, this stunning town will take you on a journey back in time. Frequented or secluded, there are numerous beaches to choose from, all in keeping with the high standards of the 'Isle of Beauty'.

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Nice (France)</b> Embarkation from 15.00 to 16.00	
2	<b>Bonifacio, Corsica (France)</b>	Morning
3	<b>Salerno (Italy)</b>	Afternoon
4	<b>Palermo, Sicily (Italy)</b>	Afternoon
5	<b>Catania, Sicily (Italy)</b>	Afternoon
6	At sea	
7	<b>Pylos (Greece)</b>	Morning
8	<b>Heraklion, Crete (Greece)</b>	Afternoon
9	<b>Patmos (Greece)</b>	Full day
10	<b>Rhodes (Greece)</b>	Full day
11	<b>Antalya (Turkey)</b> - Arrival: 09.00 Disembarkation	

### Highlights:

- A cruise in the Mediterranean between the French Riviera and Turkish shores, between stunning scenery and cultural discoveries.
- UNESCO World Heritage Sites: the Amalfi coast, Pompeii from Salerno, Arab-Norman Palermo and the Cathedral Churches of Cefalù and Monreale, the Baroque buildings of Catania, the monastery of Saint John and the Cave of the Apocalypse in Patmos, the medieval city of Rhodes.
- Discover the beauty of the Amalfi Coast.
- Visit of Sicily's most beautiful historic towns and ancient sites: Palermo and Catania.
- In the heart of the Aegean Sea, discovering the Greeks Islands: Crete, Rhodes and Patmos.



# Ancient civilisations, from Italy to Greece

## CIVITAVECCHIA • ATHENS

LE CHAMPLAIN 7 days/6 nights

16th October 2023

From € 2,540



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Civitavecchia (Rome) (Italy)</b> Embarkation from 16.00 to 17.00	
2	<b>Naples (Italy)</b>	Morning
3	<b>Catania, Sicily (Italy)</b>	Morning
4	<b>Katakolon (Greece)</b>	Afternoon
5	<b>Itea (Greece)</b> Crossing the Corinth Canal (Greece)	Morning
6	<b>Nafplion (Greece)</b>	Full day
7	<b>Athens (Greece)</b> - Arrival: 07.00 Disembarkation	

### Highlights:

- A cruise from Greece to Rome with a high concentration of must-see historical and archaeological ports of call.
- UNESCO World Heritage Sites: Rome from Civitavecchia (embarkation port), Pompeii from Naples, the Baroque buildings of Catania, the Olympia site from Katakolon, Delphi from Itea, the Mycenaean ruins and the Epidaurus theatre from Nafplion, the Acropolis in Athens (disembarkation port).
- A stop in Naples, with its rich heritage made up of Baroque churches, romantic plazas and ancient palaces dominated by Vesuvius.
- Sicily with the call at Catania: located on the slopes of Mount Etna, this beautiful town has been destroyed seven times by the volcano's eruptions.
- An unforgettable crossing of the Corinth Canal as your ship navigates along the narrow strip of water encased between tall, ochre cliffs.

# From the shores of Greece to the Maltese coast

NEW

## ATHENS • VALLETTA

LE BOUGAINVILLE 7 days/6 nights

26th June 2023

From € 3,800



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Athens (Greece)</b> Embarkation from 16.00 to 17.00	
2	<b>Hydra (Greece)</b>	Full day and evening
3	<b>Monemvasia (Greece)</b>	Full day and evening
4	<b>Gythio (Greece)</b>	Full day and evening
5	<b>At sea</b>	
6	<b>Catania, Sicily (Italy)</b>	Full day
7	<b>Valletta (Malta)</b> - Arrival: 07.00 Disembarkation	

### Highlights:

- A brand-new cruise from the Greek capital to the former headquarters of the Order of Knights Hospitaller, to enjoy idyllic landscapes and sites brimming with history.
- UNESCO World Heritage Sites: the Acropolis in Athens (embarkation port), the archaeological site of Mystras from Gythio, Catania and its Baroque buildings, the historic centre of Valletta (disembarkation port).
- The charming island of Hydra, which can only be discovered on foot.
- At the crossroads of Western and Eastern influences, Monemvasia has preserved in a magical decor the treasures of Venetian and Byzantine architecture.
- Located in the south of the Peloponnese, Gythio, the main port and naval base of ancient Sparta, is full of stairways bordered by small Neoclassic houses with steps overrun with wild flowers.
- Sicily with a stop in Catania, dominated by the majestic volcano Mount Etna.

# The best of Croatia

**VENICE • VENICE** 8 days/7 nights  
**LE LYRIAL** 8th, 15th and 22nd June, 20th August 2023  
**LE JACQUES-GARTIER** 7th, 14th and 21st June, 29th August 2023  
**From € 3,390**



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Venice (Italy)</b> - Embarkation from 15.00 to 16.00		
2	Korčula (Croatia)		Full day and evening
3	Šibenik to Krka Falls (optional) (Croatia)		Afternoon
4	Dubrovnik (Croatia)		Full day and evening
5	Kotor (Montenegro)		Full day
6	Hvar (Croatia)		Full day
7	Rovinj (Croatia)		Full day and evening
8	<b>Venice (Italy)</b> - Arrival: 08.00. Disembarkation		



22nd June departure: **8th annual Piano Festival at Sea. A musical cruise in partnership with RADIO CLASSIQUE** with the presence of **Alain Duault, Alexandre Kantorow** (pianist) and an exceptional musical line-up composed of pianists: Arthur Ancelle, Fanny Azzuro, Boris Berezowsky, Ludmila Berlinskaia, Laure Favre-Kahn and Andrei Korobeinikov.

8th and 15th June departures: **After the embarkation, the cruise will start with a stopover in Šibenik.**



20th August departure: a kid-friendly, family cruise **PONANT Kids' Club.**

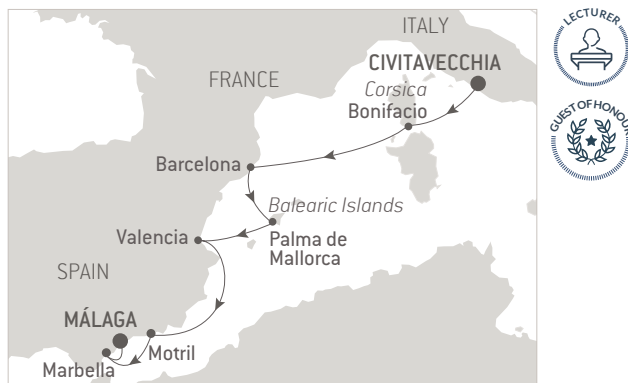
## Highlights:

- Discover, during one single cruise, five Croatian cities notable for their cultural and historic heritage and charm.
- UNESCO World Heritage Sites: the lagoon of Venice, the old town of Dubrovnik and Kotor, the Diocletian's Palace in Split.
- In Montenegro, sailing in the bay of Kotor and a one-day stop in the town of Kotor.
- From Šibenik, opportunity to explore the magnificent Krka waterfalls in Croatia during an optional excursion.

# 2nd Lyric Festival at Sea

MUSICAL CRUISE

**CIVITAVECCHIA • MÁLAGA**  
**LE LYRIAL** 8 days/7 nights  
 1st October 2023  
**From € 3,820**



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Civitavecchia (Rome) (Italy)</b> Embarkation from 16.00 to 17.00		
2	Bonifacio, Corsica (France)		Morning
3	Barcelona (Spain)		Afternoon and evening
4	Palma de Mallorca, Balearic Islands (Spain)		Afternoon
5	Valencia (Spain)		Morning
6	Motril (Spain)		Full day and evening
7	Marbella (Spain)		Full day
8	<b>Málaga (Spain)</b> - Arrival: 07.00 Disembarkation		

**A musical cruise in partnership with RADIO CLASSIQUE** with the presence of **Alain Duault, Alexandra Marcellier** (violinist and soprano) and an exceptional musical line-up: Héloïse Mas (mezzo-soprano), Antoine Palloc (pianist), Marc Scoffoni (baritone) and Valentin Thill (tenor).

## Highlights:

- UNESCO World Heritage Sites: Rome from Civitavecchia (embarkation port), the works of Antoni Gaudí in Barcelona, the *Lonja de la Seda* in Valencia, the Alhambra of Granada from Motril.
- A port of call in Corsica for cultural heritage and exquisite sea views.
- Barcelona, an open-air museum with an astonishing range of artistic treasures and museums.
- Discover the Balearic Islands including the capital, Palma de Mallorca.
- A visit to Valencia, a Mediterranean city with a harmonious blend of authenticity and the avant-garde.

# Jazz festival at sea

NEW

MUSICAL CRUISE

## VENICE • CIVITAVECCHIA

LE LYRIAL 8 days/7 nights

24th September 2023

From € 3,440



## Jazz, music for the mind

Since its emergence more than a hundred years ago, jazz has crossed space and time, infusing musical compositions with its unbridled spirit. Improvisation is one of its most basic forms of expression, endowed with a spiritual, almost metaphysical dimension linked to the creative energy, the here and now, the random, the unknown, the elusive. An all-star quintet will accompany you for some extraordinary concerts on this musical journey, in partnership with the *Jazz des Cinq Continents* festival. Raphaël Imbert (saxophone), Pierre-François Blanchard (piano), Anne Paceo (drums), Pierre Fénichel (double bass) and Célia Kameni (vocals) will fill your evenings with their captivating concerts and jam sessions. Raphaël Imbert is an in demand artist and teacher, a sought-after arranger and improviser, a researcher at the EHESS school of social sciences, and an author. On board, he will give lectures on the history of jazz, in both French and English.

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Venice (Italy)</b> Embarkation from 16.00 to 17.00	
2	Ancona (Italy)	Afternoon
3	Bari (Italy)	Afternoon
4	At sea	
5	Valletta (Malta)	Full day
6	Catania, Sicily (Italy)	Morning
7	Salerno (Italy)	Morning
8	<b>Civitavecchia (Rome) (Italy)</b> - Arrival: 07.00 Disembarkation	

### Highlights:

- A musical cruise in partnership with the Jazz des Cinq Continents festival.
- UNESCO World Heritage Sites: the lagoon of Venice, the historic centre of Valletta, Catania and Rome.
- Discovery of Ancona, birthplace of the painter Raphael: the capital of the Marche region, it offers visitors all the charm of a typical Italian historical city.
- In the Puglia region, visiting Bari, a historic and sunny port on the Adriatic Sea.
- The painted loggia and carved corbels on the tall houses will accompany you in your exploration of Valletta.
- Discovering the Baroque architecture of Catania; situated on the slopes of Mount Etna, the city has been destroyed seven times by the volcano's eruptions.
- Discover the beauty of the Amalfi Coast, where you can get a taste of *la dolce vita*.



# The charm of the Western Mediterranean

## VALLETTA • ATHENS

LE BOUGAINVILLE 8 days/7 nights

1st June 2023

From € 3,460



# Splendours of the Western Mediterranean

## ATHENS • VALLETTA 8 days/7 nights

LE BOUGAINVILLE 27th April 2023

LE JACQUES-GARTIER 26th September 2023

From € 3,460



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Valletta (Malta)</b> Embarkation from 16.00 to 17.00	
2	Catania, Sicily (Italy)	Afternoon
3	Taormina, Sicily (Italy)	Morning
4	Katakolon (Greece)	Afternoon
5	Itea (Greece) Crossing the Corinth Canal (Greece)	Morning
6	Nafplion (Greece)	Full day and evening
7	Hydra (Greece)	Afternoon
8	<b>Athens (Greece) - Arrival: 07.00</b> Disembarkation	

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Athens (Greece)</b> Embarkation from 16.00 to 17.00	
2	Patmos (Greece)	Afternoon
3	Hydra (Greece) Crossing the Corinth Canal (Greece)	Full day
4	Itea (Greece)	Morning
5	Katakolon (Greece)	Morning
6	Syracuse, Sicily (Italy)	Afternoon
7	Mġarr, Gozo Island (Malta) Valletta (Malta)	Morning Evening
8	<b>Valletta (Malta)</b> Disembarkation	

### Highlights:

- UNESCO World Heritage Site: Valletta (embarkation port), the fabulous ancient Arab-Norman and Baroque heritage of Catania, Mount Etna from Taormina and its Greek Theatre, Delphi from Itea, the Mycenae ruins and the Epidaurus theatre from Nafplion, the Acropolis in Athens (disembarkation port).
- Sicily and its treasures including Catania and Taormina, both situated in the vicinity of mount Etna.
- An unforgettable crossing of the Corinth Canal as your ship navigates along the narrow strip of water encased between tall, ochre cliffs.
- Charming port of call: Hydra, St Tropez for Athenians, which can only be discovered on foot.

### Highlights:

- UNESCO World Heritage Sites: the Acropolis in Athens (embarkation port), the Monastery of Saint John the Theologian and the Cave of the Apocalypse on the island of Patmos, Delphi from Itea, the Olympia site from Katakolon, the old town of Syracuse, the temples of Ġgantija on the island of Gozo, the historic centre of Valletta (disembarkation port).
- Sicily with the call at Syracuse.
- In the heart of the Aegean Sea, discover Patmos, an unspoiled island in the Dodecanese archipelago.
- An unforgettable crossing of the Corinth Canal as your ship navigates along the narrow strip of water encased between tall, ochre cliffs.



# At the heart of the Greek Islands

**ATHENS • ATHENS** 8 days/7 nights  
**LE LYRIAL** 3rd, 10th September 2023  
**LE BOUGAINVILLE** 8th, 15th June 2023  
**LE JACQUES-CARTIER** 5th, 19th, 26th July 2023  
**From € 3,060**



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Athens</b> (Greece) - Embarkation from 16.00 to 17.00		
2	Patmos (Greece)		Afternoon
3	Symi (Greece)		Full day
4	Amorgos (Greece)		Full day
5	Sailing in the Santorini Caldera (Greece)		
	Folegandros (Greece)		Afternoon
6	Delos (Greece)		Morning
	Mykonos (Greece)		Afternoon and evening
7	Hydra (Greece)		Afternoon
8	<b>Athens</b> (Greece) - Arrival: 07.00. Disembarkation.		



Scan this pictogram for an enriched and different itinerary, round-trip from Athens on 12th July and 22nd October 2023 **in alliance with Smithsonian Journeys**. Two Smithsonian Journeys experts will join this departure.



5th, 19th and 26th July departures: a kid-friendly, family cruise **PONANT Kids' Club**.

## Highlights:

- UNESCO World Heritage Sites: the Acropolis in Athens, the sacred island of Delos, the monastery of Saint John and the Cave of the Apocalypse in Patmos.
- The pearls of the Cyclades: Amorgos, Folegandros, Delos, Mykonos and their ancient ruins, typical landscapes and beaches.
- An exceptional sailing in the Santorini caldera.
- The island of Hydra, which can only be discovered on foot.

# Music in autumnal Greece

MUSICAL CRUISE

**ATHENS • ATHENS**  
**LE BOUGAINVILLE** 8 days/7 nights  
 25th October 2023  
**From € 3,950**



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Athens</b> (Greece) - Embarkation from 16.00 to 17.00		
2	Kuşadası (Turkey)		Afternoon
3	Delos (Greece)		Morning
	Mykonos (Greece)		Afternoon and evening
4	Patmos (Greece)		Full day
5	Rhodes (Greece)		Full day
6	Santorini (Greece)		Full day
7	Nafplion (Greece)		Full day
8	<b>Athens</b> (Greece) - Arrival: 07.00 Disembarkation		

**A musical cruise in partnership with RADIO CLASSIQUE** with the presence of **Alain Duault** and an exceptional musical line-up: Karine Deshayes (mezzo-soprano), Laure Favre-Kahn (pianist), Pierre Génisson (clarinetist), Victor Julien-Laferrrière (cellist) and Nemanja Radulović (violinist).

## Highlights:

- A varied cruise in the Aegean Sea to discover the Greek Islands, including lively cities, historic and cultural sites.
- UNESCO World Heritage Sites: the Acropolis in Athens, the historical sites of Ephesus from Kusadasi, the Mycenae ruins and the Epidaurus theatre (from Nafplion), the sacred island of Delos, the monastery of Saint John and the Cave of the Apocalypse in Patmos, the medieval city of Rhodes
- Discover the pearls of the Cyclades: Santorini, Delos, Mykonos and their ancient ruins and typical landscapes.

# Landscapes and heritage of Ancient Greece

## ATHENS • VALLETTA

LE JACQUES-CARTIER 10 days/9 nights

26th April 2023

From € 4,040



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Athens (Greece)</b> Embarkation from 16.00 to 17.00	
2	Patmos (Greece)	Afternoon
3	Delos (Greece) Mykonos (Greece)	Morning Afternoon and evening
4	Santorini (Greece)	Full day
5	Nafplion (Greece)	Full day and evening
6	Hydra (Greece)	Morning
7	Itea (Greece)	Morning
8	Katakolon (Greece)	Morning
9	Syracuse, Sicily (Italy)	Afternoon and evening
10	<b>Valletta (Malta)</b> - Arrival: 08.00 Disembarkation	

### Highlights:

- A cruise from Greece to Malta via the Sicilian coast, discovering majestic landscapes.
- A varied cruise offering stunning landscapes, historical and cultural sites, and islands with a unique charm.
- UNESCO World Heritage Sites: the Acropolis in Athens (embarkation port), the Monastery of Saint John the Theologian and the Cave of the Apocalypse on the island of Patmos, Delphi from Itea, the Epidaurus theatre from Nafplion, the Olympia site from Katakolon, the old town of Syracuse and Noto, Valletta (disembarkation port).
- In the heart of the Aegean Sea, discovering the Greeks Islands: Patmos, Delos, Mykonos and Santorini.
- Sicily with a call at Syracuse.

# Ancient treasures of the Mediterranean

## ATHENS • ISTANBUL 8 days/7 nights

LE LYRIAL 6th July 2023

LE JACQUES-CARTIER 2nd August 2023

From € 3,050



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Athens (Greece)</b> Embarkation from 16.00 to 17.00	
2	Nafplion (Greece)	Afternoon
3	Paros (Greece)	Full day and evening
4	Delos (Greece) Mykonos (Greece)	Morning Afternoon and evening
5	Patmos (Greece)	Full day
6	Kuşadası (Turkey)	Morning
7	Limnos Island (Greece) Sailing in the Dardanelles (Turkey)	Morning
8	<b>Istanbul (Turkey)</b> - Arrival: 08.00 Disembarkation	



All departures: a kid-friendly, family cruise  
**PONANT Kids' Club.**

### Highlights:

- Numerous UNESCO World Heritage Sites: the Acropolis in Athens (embarkation port), the Mycenae ruins and the Epidaurus theatre from Nafplion, the sacred island of Delos, the monastery of Saint John and the Cave of the Apocalypse in Patmos, the historical site of Ephesus from Kuşadası, Istanbul (disembarkation port).
- A varied cruise, including lively cities, historic and cultural sites and beaches of unique charm.
- Discover the pearls of the Cyclades: Paros, Delos, Mykonos and their ancient ruins and typical landscapes.
- Limnos, renowned for its olives, fruits, wheat and honey, for the authenticity of its inhabitants and for the quality of its restaurants.
- Sailing in the Dardanelles.

# From the city of gods to the canals of Venice

**VENICE • ATHENS** 8 days/7 nights  
**LE JACQUES-CARTIER** 28th June 2023  
**LE LYRIAL** 29th June and 27th August 2023  
**From € 3,200**



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Venice (Italy)</b> <i>Embarkation from 16.00 to 17.00</i>		
2	<b>Rovinj (Croatia)</b>		Full day
3	<b>Hvar (Croatia)</b>		Full day and evening
4	<b>Dubrovnik (Croatia)</b>		Full day and evening
5	<b>Kotor (Montenegro)</b>		Morning
6	<b>Corfu (Greece)</b>		Morning
7	<b>Itea (Greece)</b> <i>Crossing the Corinth Canal (Greece)</i>		Morning
8	<b>Athens (Greece)</b> - Arrival: 07.00 <i>Disembarkation</i>		

## Highlights:

- A cruise between the Adriatic, the Ionian and the Aegean seas, discovering four Mediterranean countries: Italy, Croatia, Montenegro and Greece.
- UNESCO World Heritage Sites: Venice and its lagoon (embarkation port), the plain of Stari Grad on the island of Hvar, the old towns of Dubrovnik, Kotor and Corfu, the sanctuary of Delphi (from Itea).
- Sailing in the Bay of Kotor between wooded mountains, traditions of another time and a charming little town.
- Corfu, the most famous city in the Ionian islands, protected by citadel fortifications and displaying unusual Greco-Byzantine and Venetian architecture.
- Crossing the Corinth Canal.
- The panorama on the Croatian islands: Rovinj and Hvar.

# From sublime Istanbul to Venice the Serenissima

**ISTANBUL • VENICE**  
**LE LYRIAL** 10 days/9 nights  
 4th August 2023  
**From € 3,930**



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Istanbul (Turkey)</b> - Embarkation from 16.00 to 17.00		
2	<b>Limnos Island (Greece)</b>		Afternoon
3	<b>Volos (Greece)</b>		Full day
4	<b>Crossing the Corinth Canal (Greece)</b>		
5	<b>Corfu (Greece)</b>		Morning
6	<b>Sailing in the Bay of Kotor (Montenegro)</b>		
7	<b>Dubrovnik (Croatia)</b> <b>Mijet (Croatia)</b> <b>Korčula (Croatia)</b>		Afternoon and evening Morning Afternoon and evening
8	<b>Hvar (Croatia)</b>		Full day
9	<b>Rovinj (Croatia)</b>		Afternoon
10	<b>Venice (Italy)</b> - Arrival: 07.00. Disembarkation.		



A kid-friendly, family cruise **PONANT Kids' Club**.

## Highlights:

- A Mediterranean cruise combining breathtaking scenery and exceptional cultural visits as you discover five countries: Turkey, Greece, Croatia, Montenegro and Italy.
- UNESCO World Heritage Sites: Istanbul (embarkation port), the Meteora from Volos, the old towns of Corfu and Dubrovnik, Bay of Kotor, the plain of Stari Grad on the island of Hvar, Venice and its lagoon (disembarkation port).
- An unforgettable crossing of the Corinth Canal as your ship navigates along the narrow strip of water encased between tall, ochre cliffs.
- Sailing in the Bay of Kotor between wooded mountains, traditions of another time and a charming little town.
- The panorama on the Croatian islands: Hvar and Rovinj.

# Antique wonders of the Aegean

## ISTANBUL • ISTANBUL

LE LYRIAL 12 days/11 nights

13th and 24th July 2023

From € 5,320



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Istanbul (Turkey)</b> Embarkation from 16.00 to 17.00	
2	<b>Bozcaada (Turkey)</b>	Afternoon
3	<b>Kuşadası (Turkey)</b>	Full day and evening
4	<b>Bodrum (Turkey)</b>	Afternoon and evening
5	<b>Symi (Greece)</b>	Full day
6	<b>Patmos (Greece)</b>	Full day
7	<b>Adamas, Milos (Greece)</b>	Full day
8	<b>Paros (Greece)</b>	Full day
9	<b>Hydra (Greece)</b>	Full day and evening
10	<b>Nafplion (Greece)</b>	Full day
11	<b>At sea</b>	
12	<b>Istanbul (Turkey)</b> - Arrival: 07.00 Disembarkation	



All departures: a kid-friendly, family cruise  
**PONANT Kids' Club.**

### Highlights:

- UNESCO World Heritage Sites: Istanbul (port of embarkation and disembarkation), the historical sites of Ephesus from Kuşadası, the Monastery of Saint John and the Cave of the Apocalypse on the Island of Patmos, the Mycenae ruins and the Epidaurus theatre from Nafplion.
- A new call in Bozcaada, an island in the Aegean Sea prized by Stamboulians for its picturesque atmosphere and idyllic beaches.
- The port of call at Bodrum, an elegant seaside resort.
- A sail past the island of Polyaiagos, remarkable for its light-bathed blonde rocks.
- The possibility of visiting Istanbul before or after your cruise.

# Ancient civilisations of the Eastern Mediterranean

## AQABA • VALLETTA

LE CHAMPLAIN 11 days/10 nights

15th April 2023

From € 5,000



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Aqaba (Jordan)</b> Embarkation from 16.00 to 17.00	
2	<b>Eilat (Israel)</b>	Full day and evening
3	<b>At sea</b>	
4	<b>Ain Sokhna (Egypt)</b>	Full day
5	<b>Crossing the Suez Canal (Egypt)</b>	
6	<b>At sea</b>	
7	<b>Rhodes (Greece)</b>	Full day
8	<b>Kuşadası (Turkey)</b>	Morning
9	<b>Heraklion, Crete (Greece)</b>	Morning
10	<b>At sea</b>	
11	<b>Valletta (Malta)</b> - Arrival: 08.00 Disembarkation	

### Highlights:

- A cruise between the shores of the Levant and the Maltese capital, to discover six Mediterranean countries: Jordan, Israel, Egypt, Greece, Turkey and Malta.
- UNESCO World Heritage Sites: Petra and Wadi Rum from Aqaba (embarkation port), from Eilat the majestic fortress of Massada looming over the Dead Sea, the sacred island of Delos, the medieval city of Rhodes, the Pyramids of Gizeh from Ain Sokhna, the historical sites of Ephesus from Kuşadası, Valletta (disembarkation port).
- Crossing the Suez Canal.
- Kuşadası, an old fishing village with history going back 5,000 years, now one of the country's most famous seaside resorts.

# From the Aegean to the Red Sea

## ATHENS • AQABA

LE CHAMPLAIN 11 days/10 nights

29th October 2023

From € 5,000



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Athens</b> (Greece) Embarkation from 16.00 to 17.00	
2	<b>Nafplion</b> (Greece)	Full day
3	<b>Syros</b> (Greece)	Full day
4	<b>Patmos</b> (Greece)	Full day
5	<b>Rhodes</b> (Greece)	Morning
6	At sea	
7	Crossing the Suez Canal (Egypt)	
8	<b>Safaga</b> (Egypt)	Afternoon and evening
9	<b>Safaga</b> (Egypt)	Full day and evening
10	At sea	
11	<b>Aqaba</b> (Jordan) - Arrival: 07.00 Disembarkation	

### Highlights:

- An amazing Mediterranean cruise, on the steps of two major ancient civilisations: Greece and Egypt.
- UNESCO World Heritage sites: the Acropolis in Athens (embarkation port), the Mycenae ruins and the Epidaurus theatre (from Nafplion), the medieval city of Rhodes, the Monastery of Saint John the Theologian and the Cave of the Apocalypse on the Island of Patmos, Petra and Wadi Rum (from Aqaba).
- Crossing the Suez Canal.
- Cruising on the Red Sea.
- Port of call in Safaga, gate to the marvels of Ancient Egypt: Karnak, Luxor and Hatshepsut temples, as well as Medinet Habu, the Colossi of Memnon and the Valley of the Kings.

# Wonders of the Orient

## ANTALYA • AQABA

LE JACQUES-GARTIER 10 days/9 nights

3rd November 2023

From € 4,500



DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Antalya</b> (Turkey) Embarkation from 15.00 to 16.00	
2	At sea	
3	Crossing the Suez Canal (Egypt)	
4	<b>Ain Sokhna</b> (Egypt)	Full day
5	<b>Hurghada</b> (Egypt)	Afternoon
6	<b>Safaga</b> (Egypt)	Full day and evening
7	<b>Safaga</b> (Egypt)	Full day and evening
8	At sea	
9	<b>Eilat</b> (Israel)	Full day and evening
10	<b>Aqaba</b> (Jordan) - Arrival: 07.00 Disembarkation	

### Highlights:

- A cruise to the Near East, between the Mediterranean Sea and the Red Sea, discovering the splendours of the region's great civilisations.
- UNESCO World Heritage Sites: the Great Pyramids of Giza, Memphis and Sakkara from Ain Sokhna, from Eilat the majestic fortress of Massada looming over the Dead Sea, Petra and Wadi Rum (from Aqaba).
- Crossing the Suez Canal.
- Sail in the Red Sea, surrounded by some of the world's most renowned seabeds.
- Port of call in Safaga, gateway to the marvels of Ancient Egypt: Karnak, Luxor and Hatshepsut temples, the Colossi of Memnon and the Valley of the Kings.

# Cruising the Dalmatian Coast and the Ionian Sea: Athens to Venice

**ATHENS • VENICE**

LE LYRIAL 8 days/7 nights

17th September 2023

From € 3,900



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Athens (Greece)</b> - Embarkation from 16.00 to 17.00 <i>Crossing the Corinth Canal (Greece)</i>		
2	<b>Itea (Greece)</b>		Morning
3	<b>Saranda (Albania)</b>		Full day
4	<b>Kotor (Montenegro)</b>		Full day
5	<b>Dubrovnik (Croatia)</b>		Full day and evening
6	<b>Ploče (Croatia)</b>		Full day and evening
7	<b>Hvar (Croatia)</b>		Morning
8	<b>Venice (Italy)</b> - Arrival: 08.30 <i>Disembarkation</i>		

## Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts.
- Explore as many as six UNESCO World Heritage sites, spanning the millennia from the mythic past (Delphi) to the 20th century (Mostar).
- Combine visits of historic cities with forays into the idyllic countryside.
- Sample local wines in Albania and Croatia.
- Engage with the contemporary culture of these cities, towns and villages as you discover their past.

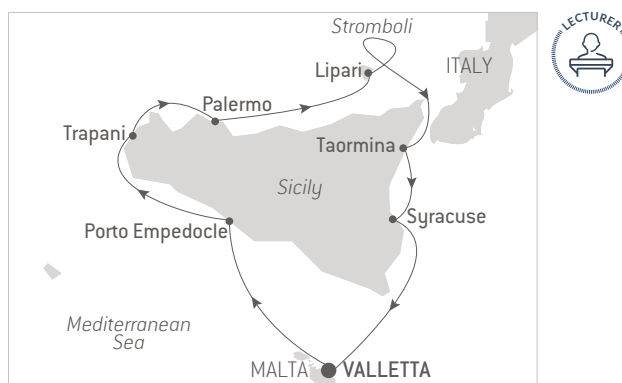
# A Circumnavigation of Sicily

**VALLETTA • VALLETTA**

LE BOUGAINVILLE 8 days/7 nights

4th May 2023

From € 5,160



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Valletta (Malta)</b> <i>Embarkation from 16.00 to 17.00</i>		
2	<b>Porto Empedocle, Sicily (Italy)</b>		Afternoon
3	<b>Trapani, Sicily (Italy)</b>		Full day
4	<b>Palermo, Sicily (Italy)</b>		Full day and evening
5	<b>Lipari, Aeolian Islands (Italy)</b> <i>Sailing in front of Stromboli</i>		Morning
6	<b>Taormina, Sicily (Italy)</b>		Full day
7	<b>Syracuse, Sicily (Italy)</b>		Full day
8	<b>Valletta (Malta)</b> - Arrival: 07.00 <i>Disembarkation</i>		

## Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts.
- Well-preserved Greek ruins in Agrigento, Segesta, Taormina and Syracuse.
- Norman cathedral churches in Erice and Monreale.
- Stunning Byzantine-Arab mosaics in the Cappella Palatina in Palermo.
- UNESCO World Heritage Sites: Palermo, Monreale, the Aeolian Islands, Taormina, and Syracuse.
- The active volcanoes of Stromboli and Etna.

# Southern France and the Italian Riviera by Sea

**BARCELONA • CIVITAVECCHIA**

LE CHAMPLAIN 9 days/8 nights

8th October 2023

From € 4,580



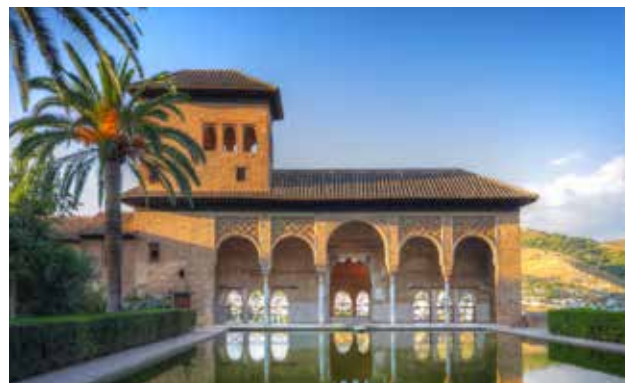
# Cruising from Morocco to Spain's Andalusian Coast

**CASABLANCA • LISBON**

LE DUMONT D'URVILLE 8 days/7 nights

20th April 2023

From € 4,020



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Barcelona (Spain)</b> Embarkation from 16.00 to 17.00		
2	<b>Sète (France)</b>		Full day
3	<b>Marseille (France)</b>		Full day
4	<b>Nice (France)</b>		Full day
5	<b>Portofino (Italy)</b>		Afternoon and evening
6	<b>Sailing along Cinque Terre</b> <b>Porto Venere (Italy)</b>		Full day
7	<b>Livorno (Italy)</b>		Full day
8	<b>Bonifacio, Corsica (France)</b>		Full day
9	<b>Civitavecchia (Rome) (Italy)</b> - Arrival: 07.00 Disembarkation		



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Casablanca (Morocco)</b> Embarkation from 16.00 to 17.00		
2	<b>Casablanca (Morocco)</b>		Full day
3	<b>Tanger (Morocco)</b>		Full day
4	<b>Málaga (Spain)</b>		Full day and evening
5	<b>Marbella (Spain)</b>		Full day
6	<b>Cádiz (Spain)</b>		Full day
7	<b>At sea</b>		
8	<b>Lisbon (Portugal)</b> - Arrival: 07.00 Disembarkation		

## Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts.
- UNESCO World Heritage sites in Carcassonne, Avignon, Florence, and the Cinque Terre.
- The art of Chagall, Bonnard, Miró, and more in Nice and St. Paul de Vence.
- The Palace of the Popes in Avignon.
- An evening in the resort town of Portofino.
- Pisa's Leaning Tower and the Duomo of Florence.
- The natural beauty of the Riviera.

## Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts.
- An overnight in port in Casablanca with a visit to the Hassan II Mosque.
- A full day in Málaga on the Costa del Sol.
- An exclusive private evening tour of the UNESCO World Heritage Alhambra in Granada.
- A visit to the Reservatauro bull-breeding farm in Ronda.
- Seville's Alcázar, a UNESCO World Heritage Site.
- Flamenco performances in either Marbella or Cádiz.

# Excursions during your cruise

On the majority of your ports of call, we invite you to enhance your trip with specially designed, high-quality optional excursions. Whether cultural (visits of sites, monuments and museums that are emblematic of the region) or sporty (hikes, excursions on bikes or kayaks), you will certainly find something to suit you among the wide range we offer.



1



2

1 - The Alhambra palace, by night.  
2 - The village of Positano.

## Overlands with reservation and pre-payment

Amalfi, Italy

### Positano and gastronomic lunch

(6 h, price per person: consult us)

Head along the Amalfi coast to reach Positano, travel on a narrow road alongside the sea taking in the spectacular views of the Italian Riviera. You'll marvel at the rocks rising from the sea and spot little boats bobbing in the sheltered sandy coves. In Positano, a village suspended between the land and the sea, you'll stroll around the narrow pedestrian streets, passing the shop windows of designer boutiques and art galleries. You'll then be driven to the legendary Il San Pietro hotel. Located in the south of Positano, the hotel takes its name from a chapel set on the side of the cliff. In this setting, away from the crowds, frequented by a discerning clientele, you'll enjoy a gourmet three-course meal.

Málaga, Spain

### Exclusive visit of the Alhambra by night

(9 h 30, price per person: consult us)

Set off to discover an exclusive night tour of the Alhambra palace, one of the most incredible groups of Arab-Andalusian palaces, showcasing glorious examples of Mudéjar architecture. You'll visit the Generalife, a small summer palace surrounded by beautiful gardens. At the entrance to the site you'll walk along an avenue of majestic cypress trees, and once inside you'll be amazed by the meticulously kept lawns with various stone fountains. Nestled in the foothills of the Spanish Sierra Nevada, this Nasrid palace is one of the most stunning examples of Islamic art. The ceilings are crowded with stucco stalactites, and each room is more richly decorated than the next. Admire the delicate marble columns, elegant archways and the incredible artwork as you stroll around the Sultans' "Heaven on Earth".

*Reservation and payment of these excursions must be made when booking your cruise or at least 60 days prior to your cruise. Prices can be changed. A minimum of participants is required to confirm.*



## Croatia

### Dubrovnik

- City walls & Lokrum Island kayaking (3 h 45)
- Treasures & panorama of Dubrovnik (3 h)

€ €  
€ €

### Hvar

- Hvar 4WD adventure (4 h)
- Palmizana Island by boat (4 h 30)
- Sea kayaking (3 h)

€ € €  
€ €  
€ €

### Korčula

- The history of Korčula (2 h)
- Korčula hiking tour (3 h 30)

€  
€ €

### Rovinj

- Rovinj & its cathedral (2 h)
- Poreč & wine tasting (4 h 30)

€  
€ €

### Šibenik to Krka Falls (optional)

- Krka waterfalls & lunch (return Split) (5 h 45)

€ €

### Split

- Split & the Diocletian Palace (2 h)
- Dalmatia, between flavors & culture (3 h 45)

€  
€ €



## Egypt

### Ain Sokhna

- Memphis & Sakkara (11 h 30)
- The Grand Egyptian Museum & the Pyramids (11 h)

€ € € €  
€ € € € €

### Safaga, Snorkelling in the Red Sea (4 h 30)

€ €

## France

### Bonifacio, Corsica

- Bonifacio highlights (2 h 30)
- The Lavezzi Islands & marine caves (3 h)

€ €  
€ €

### Calvi, Corsica

- Old villages of Balagna (4 h 30)
- Walking tour of Calvi (2 h)

€ €  
€

### Porto-Vecchio, Corsica

- Lavezzi Islands by boat (4 h 15)
- Sartène, the oldest Corsican village (5 h)

€ € € € €  
€ €

### Saint-Florent, Corsica

- Hiking between vineyard and old stones (3 h)
- Nebbio and wine tasting (4 h 30)

€  
€ €

## Greece

### Amorgos, The unspoiled beauty of Amorgos (4 h)

€ €

### Corfu

- Achillion palace & Corfu town (4 h)
- Corfu's local delicacies (3 h)

€ €  
€ € €

### Delos, The archaeological site of Delos (3 h)

INCLUDED

### Heraklion, Crete

- Minoan Palace & archaeological museum (4 h)

€ €

### Hydra

- History of Hydra (3 h)
- Hike & swim (2 h 30)

€  
€

### Itea

- Sacred site of Delphi (4 h)
- Monastery of Saint Lucas & Arachova (4 h)

€ €  
€ €

### Katakolon, Olympia & its museum (4 h 15)

€ €

### Limnos Island

- Limnos boat tour (4 h)
- Poliochni archaeological site & winery (3 h 15)

€ €  
€ €

### Mykonos, The archaeological site of Delos (4 h 15)

€ €

### Nafplion

- Epidaurus & Mycenae (4 h 30)
- Ancient Corinth & Canal crossing (6 h 30)

€ €  
€ € € €

### Paros

- Paros by boat & swimming (4 h)
- Panorama & winery (4 h 45)

€ € €  
€ €

Prices: € = less than €50, € € = from €50 to 100, € € € = from €100 to 150, € € € € € = more than €150

Full tour programme is available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure. You can also pre-book your PONANT shore-excursions up to 2 months before your cruise, and have them billed on board. Final programme will be sent with your cruise documents.

## Patmos

- Saint John Monastery & Apocalypse Cave (2 h 30) € €
- Photo safari in Patmos (3 h 30) € €

**Pylos**, The hidden treasures of Peloponnese (4 h 45) € €

**Rhodes**, Walking tour of Rhodes (2 h 30) €

## Santorini

- Oia & Fira (4 h) € €
- Akrotiri site & Oia (4 h) € €

## Volos

- Spectacular Meteora monasteries (8 h 30) € € €
- Pelion by the old-fashioned train (5 h) € € €

## Israel

### Eilat

- Masada & Dead Sea (11 h) € € € €
- Timna park & panoramic Eilat (4 h 30) € €

## Italy

### Amalfi

- A twist of Amalfi (6 h) € € €
- Amalfi & the Emerald Grotto (3 h) €
- Positano by boat & Amalfi (4 h) €
- Pompeii (6 h) € €

### Ancona

- Loreto & its sacred sites (5 h) € €
- The Renaissance city of Urbino (5 h) € €

### Bari

- Alberobello (5 h) € €
- Walking tour of Bari (4 h) € €

### Cagliari, Sardinia

- Cagliari & Nora (4 h) € €
- San Sperate, the museum-village (4 h) € €

### Catania, Sicily

- Catania & Cyclops riviera (3 h 30) € €
- Taormina & the ancient theatre (4 h 30) € €
- Sicilian flavours and tasting (3 h 30) € €
- Syracuse (5 h 30) € €

### Gaeta

- Split Mountain of Gaeta and historical centre (3 h 30) €

### Lipari, Aeolian Islands

- Lipari Island & Italian cooking (4 h) € €
- Panorama of the Aeolian Islands (3 h 30) € €
- Nature & History: Highlights of Lipari (3 h 45) INCLUDED
- Aeolian Winemaking (3 h) INCLUDED

**Livorno**, Lucca and Pisa (8 h 30) € € €

### Naples

- Historical Naples (3 h 30) €
- Pompeii (4 h) €

## Otranto

- Boat tour along the Apulian coast (4 h 30) € € €
- Lecce – Florence of southern Italy (4 h 30) € €

## Palermo, Sicily

- Cefalù (5 h 30) € €
- Palermo & Monreale (4 h 30) € €

## Ponza

- Ponza and its grottos by boat (4 h) € €
- Ponza highlights (3 h) €

## Porto Empedocle, Sicily

- Agrigento's Valley of Temples (4 h) INCLUDED

**Porto Venere**, Charms of land and sea (3 h) € € €

## Porto Santo Stefano

- Panoramic Argentario and Porto Ercole (3 h) €
- Wine tasting and Orbetello (4 h) € €
- The Tarot Garden and Orbetello (4 h) € €

## Portoferraio, Elba

- Marciana Marina and Capoliveri (3 h 45) € €
- Porto Azzurro and Napoleon's Villa (3 h 45) € €
- Porto Azzurro and Villa San Martino (3 h 30) € €

## Salerno

- Paestum (4 h 30) €
- Pompeii (4 h) € €

## Sorrento

- Herculaneum (5 h) € €
- Pompeii (5 h) € €



Prices: € = less than €50, € € = from €50 to 100, € € € = from €100 to 150, € € € € € = more than €150

## Syracuse, Sicily

- Archaeological site & Ortygia (4 h)
- Noto, Baroque town (3 h 30)
- Archaeological Park & Museum (4 h)

€ €  
€ €  
INCLUDED

## Taormina, Sicily

- Ascent of Mount Etna (5 h 30)
- Taormina & Greek Theatre (4 h)
- Mount Etna & winery visit and tasting (6 h 30)
- Viagrande & Benanti winery (4 h 30)
- Mount Etna & Benanti Winery (6 h 30)

€ € €  
€ €  
€ € € € € €  
€ € € €  
INCLUDED

## Trapani, Sicily

- Erice (4 h)
- Segesta (4 h 30)
- Medieval Erice and Ancient Segesta (8 h 30)
- Trapani & Marsala: History, Salt, and Wine (6 h)

€ €  
€ €  
INCLUDED  
INCLUDED

## Malta

### Mġarr, Gozo Island

- Highlights of Gozo (3 h 30)

€ €

### Valletta

- Palazzo Parisio & Mdina (3 h 30)
- Valletta & its Archaeological Museum (4 h 30)

€ €  
€ €



## Montenegro

### Kotor

- Perast & our Lady of the Rock (4 h)
- Bay of Kotor sea kayaking (4 h)

€ € € € €  
€ €

## Morocco

### Casablanca

- Casablanca Highlights (5 h)
- Discovering Rabat (7 h 30)

INCLUDED  
INCLUDED

### Tangier

- Discovering Tangier (4 h 45)
- Tétouan and the Handicrafts of Morocco (5 h 15)

INCLUDED  
INCLUDED

## Spain

### Cádiz

- Cádiz & flamenco show (3 h)
- Walking tour of Cádiz (3 h 30)
- Vejer de la Frontera & Cape Trafalgar (4 h)
- Andalusian Treasures: Seville & Cathedral (9 h)
- Cádiz: Gateway to Southern Spain (8 h)

€ €  
€  
€  
INCLUDED  
INCLUDED

### Cartagena

- Cartagena and Roman theatre (4 h)
- Horses of Spain (3 h 45)

€  
€ €

### Mahon, Balearic Islands

- Menorca and Talaiotic culture (3 h 30)

€

### Málaga

- Old Málaga & Picasso museum (4 h 30)
- Grenada: The Moorish Legacy of Andalusia (9 h 30)

€  
INCLUDED

### Marbella

- Ronda full day (7 h 30)
- In the Heart of Costa del Sol (6 h 30)
- Ronda and the Traditions of Bullfighting (8 h 15)

€ € € €  
INCLUDED  
INCLUDED

### Palma de Mallorca, Balearic Islands

- Discovering Palma (4 h)
- Valldemossa (4 h)

€  
€

### Valencia

- Highlights of Valencia (4 h 30)
- Palau de les Arts & Science Museum (4 h)
- Albufera natural park (3 h 30)

€  
€  
€ €

## Turkey

### Kuşadası

- Ephesus & Roman Villas (3 h 45)
- The Ephesus archaeological site (2 h 45)

€ €  
€

Full tour programme is available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure. You can also pre-book your PONANT shore-excursions up to 2 months before your cruise, and have them billed on board. Final programme will be sent with your cruise documents.

# Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT.

Please find below samples of the programmes available in the Mediterranean for Summer 2023 season.

## From Antalya, Turkey Magical Cappadocia

(3 nights, price: consult us)



Cappadocia, in central Turkey, is a fairytale-like region of unique and spectacular landscapes and scenery. Inscribed as a UNESCO World Heritage Site, it is possible to tour it aboard brightly coloured hot-air balloons, which have now become the emblem of the region. You'll have the opportunity to walk amongst the appropriately named fairy chimneys of the Pasabag Valley, surrounded by uniquely extraordinary and colourful scenery offering a perfect blend of both the perfumes and the magic of the Middle East. You'll also explore the rock-hewn sanctuaries, troglodyte villages and underground towns of the Zelve Valley in Göreme National Park, a UNESCO World Heritage Site. Both these places are veritable open-air museums within which geology, history, art and culture come together to tell their story.

This programme is available before and after your cruise from Antalya, Turkey. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Istanbul, Turkey Istanbul, between Orient and Occident

(2 nights, price: consult us)

Magnificent Istanbul welcomes you with open arms for an exceptional stay at a five-star hotel on the banks of the Bosphorus. A city straddling Europe and Asia and overflowing with energy, Istanbul is filled with architectural, historical and cultural marvels. You'll have the opportunity to wander its various quarters and immerse yourself in the different atmospheres they each have to offer and which make this cosmopolitan city a condensed melting pot of multiple cultures. You'll also be initiated into the local art of living through a special tasting of Turkish products and pastries accompanied by a tea or a coffee. And finally, you'll have the opportunity to sail on the Bosphorus and take in the lively bustle and excitement of Istanbul's river banks.

This programme is available before and after your cruise from Istanbul, Turkey. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Venice, Italy Discover the secrets of Venice

(2 nights, price: consult us)

Some of the wonderful secrets of cosmopolitan Venice and its lagoon will be revealed to you over the course of this enchanting stay. The programme includes a visit to some of the ornamental gardens hidden away behind the facades of the palaces lining the canals of *La Serenissima*. These unexpected oases residing in the middle of a city seemingly made from stone and water will astonish and surprise you. You'll also explore the market gardens of the island of Sant'Erasmus, the veritable 'Gardens of Venice', with its famously fertile soils. The tour of the island's vineyard included on this visit will be followed by a wine-tasting session. Finally, you'll have the opportunity to take part in a cookery lesson with a professional chef and a workshop during which you'll learn the secrets of how Venetian masks are made.

This programme is available before your cruise from Venice, Italy. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Aqaba, Jordan Treasures of Jordan

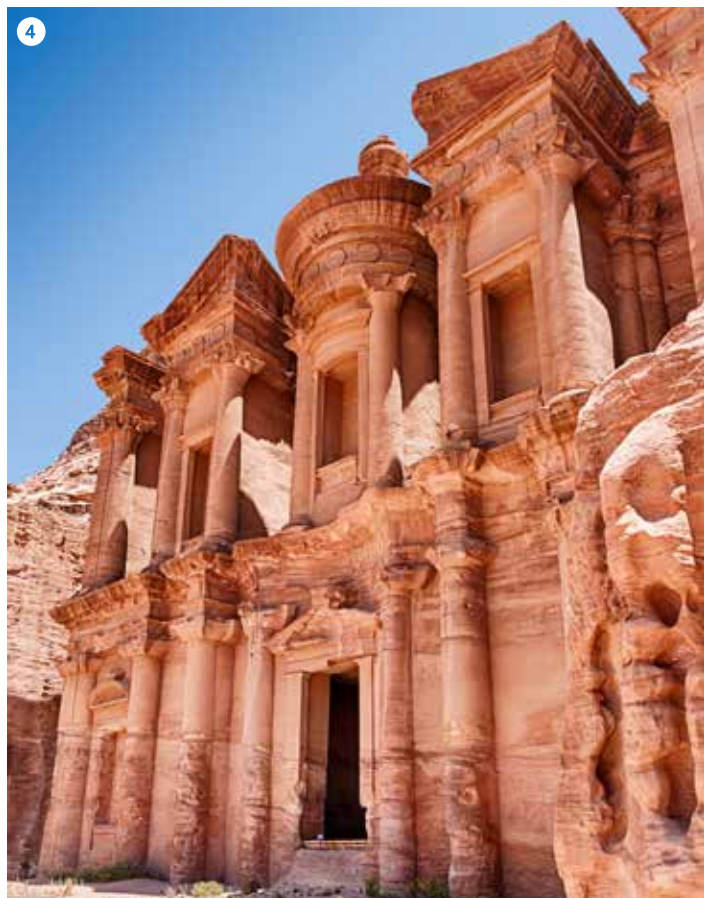
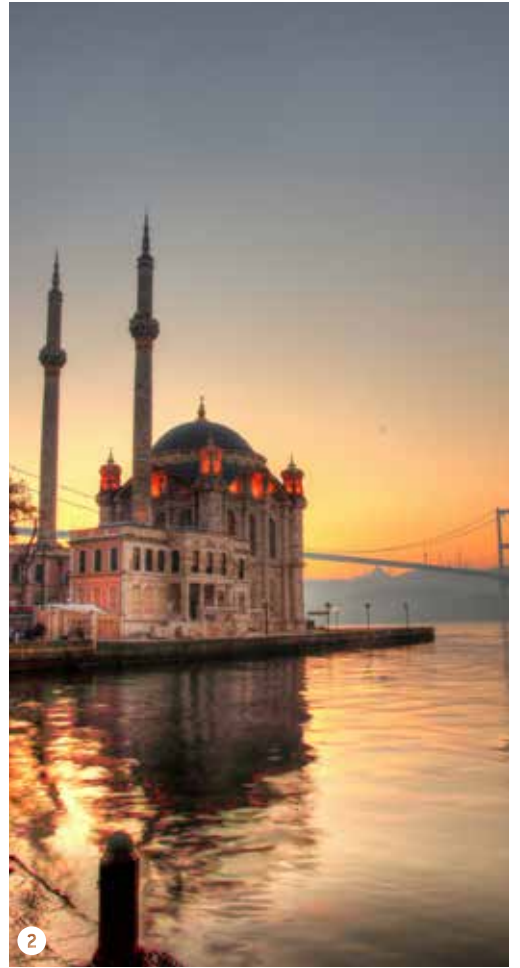
(4 nights, price: consult us)



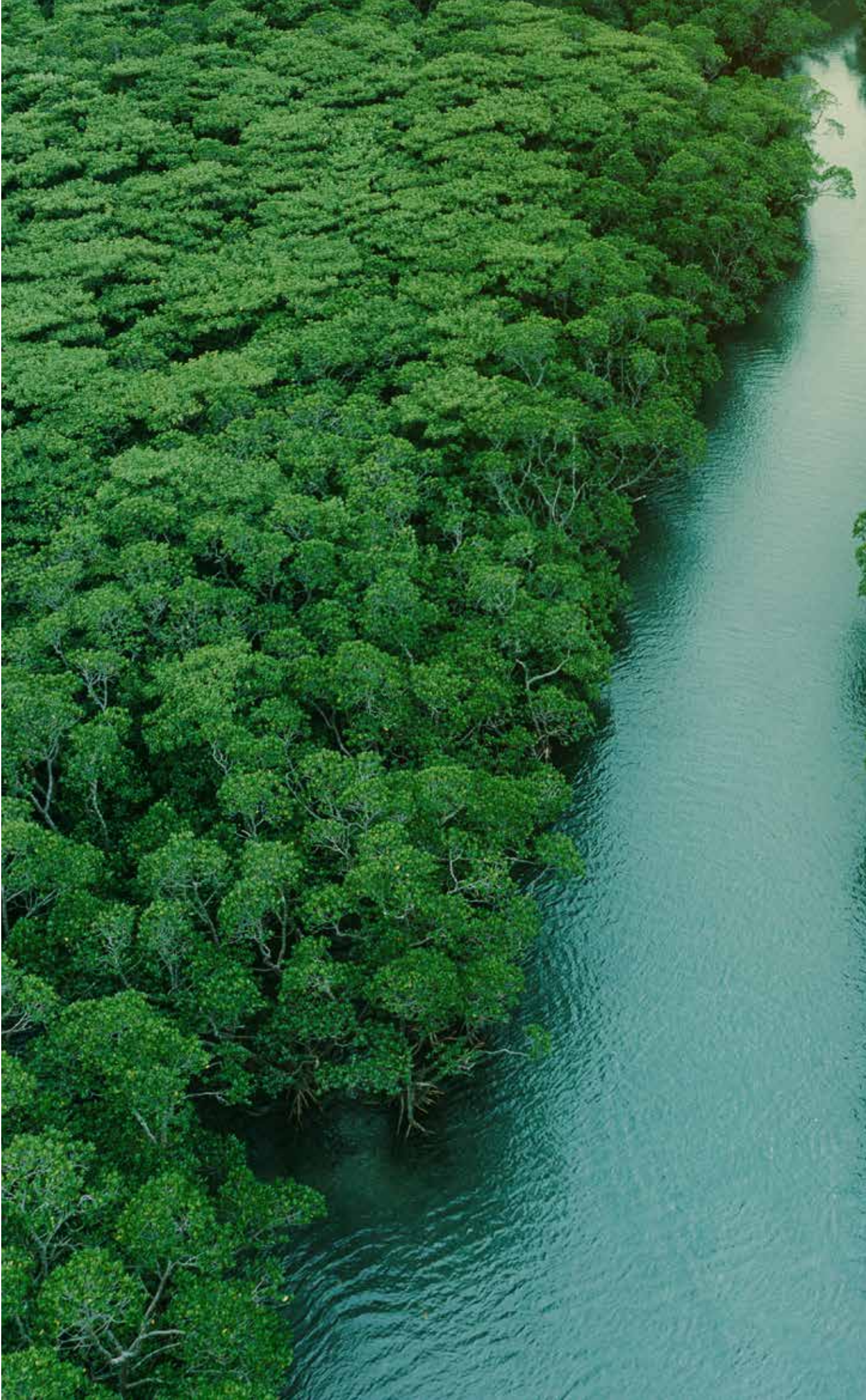
This multi-stop tour of Amman and Aqaba offers an opportunity to discover the culture, food and major sites of Jordan via a programme reserved for a small group only. You'll explore two sites inscribed as UNESCO World Heritage. Wadi Rum, an immense wild expanse known also as the 'Valley of the Moon' and consisting of flaming-coloured dunes, is sure to enchant and delight you. Petra, the spectacular city of the Nabataeans, also awaits you, hidden away behind a series of narrow passes. You'll visit the historic city of Jerash, the majestic Roman ruins of which will astonish and surprise you. The stay includes a night under the stars in the desert of Wadi Rum followed by a night near Petra, by the Dead Sea, and in the capital Amman.

This programme is available before your cruise from Aqaba, Jordan. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

*These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure. Full tour programme and prices are available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure, or call your travel agent. The programmes with the logo "Escorted programme" benefit from a PONANT accompaniment. The escorted programmes are subject to a minimum of 20 participants.*



1. Magical Cappadocia.
2. The Bosphorus, Istanbul.
3. Venice, *La Serenissima*.
4. The archaeological site of Petra, Jordan.





*Asia, Oceania  
and Polynesia*

A journey back in time and surprising discoveries: such are the promises of these exceptional landscapes.

# Not to be missed

The intoxicating scent of the tiaré flower of Polynesia, the wide-open spaces and Horizontal Falls of Australia, the ancient temples, the Japanese desert: these are just some of the many treasures the Pacific has to offer. A veritable plunge into history, landscapes and ancestral traditions.



## Japan, a surprisingly unexpected archipelago

A country balanced between unrestrained modernity and still deeply rooted ancestral traditions, the “Land of the Rising Sun” is brimming with unfamiliar and little-explored treasures. Far from the ultra-connected megalopolises normally representative of modern Japan, unusual idyllic landscapes reach out to welcome travellers, off the beaten track. From a sandy desert reminiscent of the Sahara to traditional little fishing villages, an exotic and otherworldly sense of a complete change of scenery is guaranteed.

At the extreme south of the country's 3,900 islets and four main islands lies the Okinawa archipelago, a place of white sandy beaches and a subtropical climate. Timeless and thousands of years old, Japan is a multifaceted country of enchanting, unexpected beauty.

## Kimberley, Australia in its raw state

Australia's last remaining unspoiled space, the Kimberley region is a wild and untamed destination unlike any other. Its unspoiled scenery testifies to the geological wonders of our planet and its ability to create extraordinary places and phenomena. Amongst them, the Horizontal Falls – original, to say the least, and unique in the world. Surrounded by a beautiful gorge with variable colours and textures and fed by wet season run-off, King George twin falls, the highest single-drop falls in the whole of the Kimberley, display a changing scenery that is nothing short of breathtaking. Abundant biodiversity and wildlife, vast, arid expanses and rivers flowing through impressive gorges combine to form ochre and ruby coloured panoramic scenery that is simply not to be missed.

## Polynesia, the paradise at the end of the world

An earthly paradise lying isolated out in the middle of the Pacific, the atolls of Polynesia evoke idyllic, almost imaginary landscapes. Tahiti and its lagoons are the very embodiment of this, enchanting all who venture there. Under the tropical winds, the blue shades of the ocean extend as far as the eye can see, its waves breaking on beaches lined with coconut palms. Rich and frenetic, the underwater wildlife of the atolls offers the delightful spectacle of hundreds of brightly coloured fish around your feet in the water, surrounded by the beauty of the coral reefs.

If you want to explore the lush vegetation of the ancient volcanoes, simply head off on a hike along the wild, steep trails. Welcome to a dream from which you won't want awake.





## Things to see, do and experience

- ✓ **Montgomery, the world's largest reef**, lying 130 kilometres off the coast of Australia and renowned for its impressive tidal movements.
- ✓ **The mysterious ancient caves of Kimberley**, filled with rock paintings created by the Aborigines who lived there in former times.
- ✓ **The Tuamotu sandpiper**, a small bird endemic to the region and that inhabits the Fakarava atoll.
- ✓ **The blue or pearly-white tinged cultured pearl** harvested only in the lagoons of Polynesia.
- ✓ **Samurai culture**, of which the south of the island of Honshū, with its perfectly preserved former warriors' houses, is the birthplace.
- ✓ **Japan's longest waterfalls and the primal forest of Bijodaira**, which spreads out along the entire Tateyama Kurobe Alpine Route.
- ✓ The very rare species native to Iriomote-Ishigaki National Park, such as the **Iriomote cat and the crested serpent eagle**.

# Ports of call and places to explore



**Through the eyes of Mick Fogg**  
*The Kimberley, a last great wilderness area*

For 20 years, Australian Mick Fogg, renowned photographer and Director of PONANT expeditions for Asia-Pacific, has been telling the secrets and revealing the splendours of the Kimberley to travellers. A fascinating area, home of the oldest continuing culture on earth.

“Australia’s Kimberley coast has a magnetic effect. Born by fire over two billion years ago, it is a wild land of remote, spectacular scenery spread over vast distances. The wide open plains and rugged red sandstone gorges are quintessentially Australia and like nowhere else on earth. Often referred to as the ‘Antarctica of the Tropics’, it’s the pristine environment, astounding scale and remoteness that give rise to the comparison. The sheer size and age of the landscape is humbling, and I feel privileged to experience such an untouched environment that has so many facets. It is home to the oldest continuous culture on earth, the world’s largest living reptile, the only two ‘Horizontal Falls’ on the planet, the world’s largest inshore reef and the largest

population of migrating humpback whales on the planet. Here you can also find the greatest collection of outdoor galleries in the world, with more than a million sites revealing First Nations Peoples’ rock art heritage. Today we know that the most ancient of rock art styles, *Gwion Gwion*, is a minimum of 12,000 years old and as the dating technology improves it continues to reveal paintings of an even earlier origin. From ancient landscapes, ancient cultures and ancient reptiles to spectacular scenery, unique tidal phenomena and amazing wildlife, a Kimberley coast expedition has something for even the most ardent traveller. It is a destination that everyone should experience at least once in their lifetime!”

## The secrets of the island of Huahine

Lying in an isolated location in the middle of the Pacific, Huahine feels like an island at the end of the world. Its 74 square kilometres are made up of two small islands linked by a bridge: Big Huahine to the north and Little Huahine to the south. Amidst the wild vegetation and small, hidden-away coves are *marae* to explore, very well-preserved sacred sites constructed from volcanic rock and coral. The handful of fishing villages by the coast offer wonderful opportunities to learn about local ancestral traditions, such as the ‘fish parks’ for example (a primitive form of aquaculture), thus giving you the opportunity to sample the traditional simplicity and authenticity of one of Polynesia’s most beautiful islands.





## Tottori, the unexpected desert

Did you know that there is a sand desert in Japan? Both surprising and magnificent, the dunes of Tottori extend along the coast of the Sea of Japan for more than 16 kilometres and reach a maximum height of 47 metres. These natural curiosities are the result of marine currents and winds depositing volcanic sediment from the Sendai River on the coast. Sandboarding, paragliding and horse or camel trekking offer particularly fun ways to explore this unusual and atypical environment and its scenery. Be sure to visit the Sand Museum near the dunes, where there are huge sculptures made entirely from sand and unlike anything else in the world on display!



## Timeless world of the Seto Inland Sea

The oldest maritime route in Japan and a strategic crossroads during ancient times, this region draws its entire history and riches from the sea. Certain of the perfectly preserved traditional houses encountered when wandering the winding streets of the port town of Mitarai are more than 200 years old. A little further on, fishermen can be seen sorting fish caught very early the same morning. The iconic bright red Daidō-era temples in Onomichi, such as those of Senkō-ji and Jōdo-ji, are as ancient as they are emotionally impactful and affecting. And finally, if the gentle way of life of Tomonoura seems familiar to you, it's perhaps because the town served as the inspiration for the animated film *Ponyo* by artist Hayao Miyazaki.



## The secular arts of the Marquesas Islands

The centuries go by, and the traditional arts of the Marquesas archipelago continue to be passed from generation to generation. Famous across the whole of Polynesia for their many traditional skills, the Marquesans tell local stories and legends by sculpting wood, stone and bone, or by drawing on skin. An ancient and methodically systematic art, *maori* or Polynesian tattooing is where the word tattoo actually comes from. Those who enjoy crafts can try their hand at making seed necklaces or fabricating and dyeing tapa, a cloth made from wood fibre. And finally, when it comes to living to the sensual and colourful rhythm of the archipelago, what could be more quintessentially authentic than creating your very own *kumu hei*, the bouquet of love.



## A tropical cocktail in Japan

Turquoise waters, white sand and coconut palms... No, you are not dreaming! You really are on the islands of Kikaijima and Kumejima in Japan. Known as the 'Island of Centenarians', Okinawa is actually an archipelago located in the far south of Japan, between the East China Sea and the Pacific Ocean. A haven of peace with a subtropical climate, Okinawa is strongly associated with the history of the Second World War. Its local culture subtly blends Chinese, Indonesian and Polynesian influences to adapt them to Japanese rituals. The magnificent and harmoniously curving hills of Iriomote-Ishigaki National Park offer the tantalising prospect of unforgettable onshore excursions.

# Australia's iconic Kimberley

## DARWIN • BROOME 11 days/10 nights

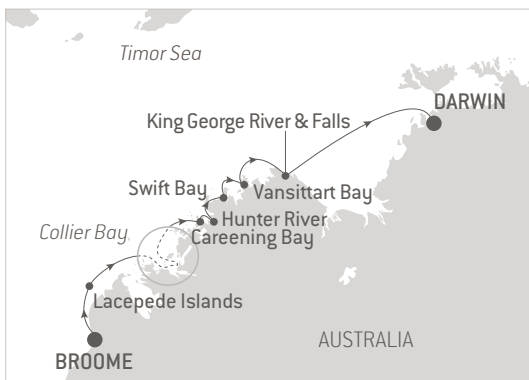
LE SOLÉAL 19th June, 9th and 29th July, 18th August, 7th and 27th September 2023  
LE LAPÉROUSE 4th and 24th May, 13th June, 3rd and 23rd July, 12th August, 1st and 21st September 2023

From € 6,530

## BROOME • DARWIN 11 days/10 nights

LE SOLÉAL 29th June, 19th July, 8th and 28th August, 17th September and 7th October 2023  
LE LAPÉROUSE 24th April, 3rd June, 22nd August and 1st October 2023

From € 6,530



## Collier Bay

Lying to the east of the Buccaneer archipelago, the ancient landscapes of Collier Bay have been shaped by the massive tidal movements the region is renowned for, creating a photographer's paradise. This impressive daily movement of water creates unique phenomena that occur nowhere else in the world. Nestled in the centre of the bay is Montgomery Reef, the world's largest inshore reef system. As the tide falls a raging torrent of water cascades off the top of the reef, creating turbulent 'rivers' and mini waterfalls. At the Southern end of the bay, Talbot Bay is home to the world's only Horizontal Falls, described by Sir David Attenborough as "One of the greatest wonders of the natural world." Hidden in the many caves and grottos of this ancient landscape are a multitude of ancient Rock Art galleries. Here you can find spectacular examples of the Wandjina and Gwion Gwion styles.

7th October departure: cruise in partnership with GEO with the presence on board of **Éric Meyer**, editor-in-chief of *GEO magazine*.

Darwin-Broome itinerary: a stop at **Ashmore Reef** marine park and biodiversity sanctuary in the Timor Sea, off the Australian coast.

### DAY ITINERARY

DAY	ITINERARY
1	<b>Broome (Australia)</b> Embarkation from 16.00 to 17.00
2	<b>Lacepede Islands (Australia)</b>
3,4	<b>Collier Bay (Australia)</b>
5	<b>Careening Bay (Australia)</b>
6	<b>Hunter River (Australia)</b>
7	<b>Swift Bay (Australia)</b>
8	<b>Vansittart Bay (Australia)</b>
9	<b>King George River (Australia)</b>
10	At sea
11	<b>Darwin (Australia)</b> - Arrival: 06.00 Disembarkation

### Highlights:

- Join our highly qualified local expedition team.
- Enjoy regular zodiac outings & shore visits to discover the heart of the Kimberley.
- Discover billions of years-old landscapes & ancient rock unique to the region.
- Listen to stories of the dreamtime from the oldest continuous culture on the planet.
- Explore pristine mangrove environments, home to the world's largest living reptile, the estuarine crocodile.
- Possibility to reach the Mitchell Falls by helicopter, from the Hunter River.
- Witness unique tidal phenomena such as the Horizontal Falls.
- Darwin-Broome itinerary, at Ashmore Reef: observation of the abundant avian and aquatic wildlife; swimming and snorkelling opportunities.



# Expedition on the Kitamae route

NEW

**OTARU • HIMEJI**

LE SOLÉAL 12 days/11 nights

11th April 2023

From € 8,940



## The Tateyama mountain range

In the centre of the island of Honshū, backing onto the Tateyama mountain range, discover the irresistible and enchanting Toyama. Gateway into the Japanese Alps, between the mountains and the crystal-clear waters of the Sea of Japan, Toyama captivates with its unique landscapes: waterfalls considered the highest in Japan, large screen nature with summits climbing over 3,000 metres high... The Kurobe Tateyama alpine route will take you on a voyage above the clouds. This will be the opportunity to cross the “Yuki no Otani”, an impressive route cut under more than 15 metres of snow. At the summit of this mythical route, you will be struck by an exceptional panorama overlooking these snow giants.

DAY	ITINERARY
1	<b>Otaru (Japan)</b> Embarkation from 15.00 to 16.00
2	At sea
3	<b>Sakata (Japan)</b>
4	<b>Sado (Japan)</b>
5	<b>Toyama (Japan)</b>
6	<b>Ine (Japan)</b>
7	<b>Tottori (Japan)</b>
8	<b>Hagi (Japan)</b>
9	<b>Busan (South Korea)</b>
10	<b>Moji, Kitakyūshū (Japan)</b>
11	<b>Mitarai (Japan)</b> <b>Tomonoura (Japan)</b>
12	<b>Himeji, Osaka (Japan)</b> - Arrival: 07.00 Disembarkation

### Highlights:

- First expedition cruise in the world in the footsteps of the merchants of the Kitamae route.
- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Varied landscapes of Sea of Japan from the rich shorelines to the Japan Alps.
- Enjoy local cuisine of the Kitamae route from rich seafood to local sake.
- Experience the rich culture along the Sea of Japan to Setouchi inland sea. A coast line that best preserves the traditional side of Japan.
- Gain an insight into the history, culture and the diversity of flora and fauna from your expert expedition team.



# Japanese subtropical Islands

NEW

**KEELUNG • OSAKA**

LE SOLÉAL 8 days/7 nights

24th March 2023

From € 4,630



DAY	ITINERARY
1	<b>Keelung (Chilung) (Taiwan)</b> Embarkation from 16.00 to 17.00
2	Ishigaki (Japan)
3	Taketomijima (Japan) Iriomotejima (Japan)
4	Kumejima (Japan)
5	Zamami (Japan)
6	Kikaijima (Japan)
7	At sea
8	<b>Osaka (Japan)</b> - Arrival: 08.00 Disembarkation

## Highlights:

- First Expedition cruise in the world that goes to the heart of the sublime landscapes of southern Japan's tropical islands.
- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- UNESCO World Heritage Site: the island of Iriomote, with its wild beaches lying alongside traditional villages.
- Local distillery visit and opportunity to taste the local cuisine of Okinawa.
- Explore the culture of Okinawa: visit to a traditional village in the Iriomote-Ishigaki National Park, traditional Eisa drumming show (Iheya Island).
- Opportunity to snorkel around the renowned coral reefs of Zamami Island.
- Possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

# Expedition in the Seto Inland Sea

NEW

**OSAKA • FUKUOKA**

LE SOLÉAL 8 days/7 nights

15th May 2023

From € 4,570



DAY	ITINERARY
1	<b>Osaka (Japan)</b> Embarkation from 16.00 to 17.00
2	Inujima (Okayama) (Japan)
3	Tomonoura (Japan) Onomichi (Japan)
4	Mitarai (Japan) Shimokamagari (Japan)
5	Hagi (Japan)
6	Tsushima (Japan)
7	Yeosu (South Korea)
8	<b>Fukuoka (Japan)</b> - Arrival: 07.00 Disembarkation

## Highlights:

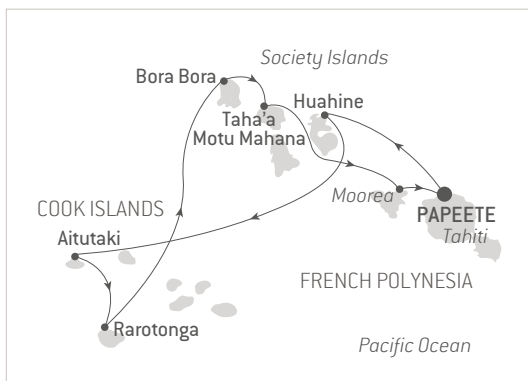
- First Expedition cruise in the world that goes in the Seto Inland Sea.
- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Varied landscapes along the Seto Inland Sea, offering stunning contrasts between land and sea.
- Enjoy a local cuisine rich in seafood and taste local saké.
- Discover the cultural richness of Japan's oldest sea route, dating back to the 7th century.
- Discover the history, cultures, and the incredible diversity of the flora and fauna thanks to our team of naturalist guides with expertise in this destination.
- In Hagi, the many *Hagi-yaki* ceramics workshops will introduce you to the region's ancient art.
- Tsushima, the natural habitat of the eponymous leopard cat, is covered by natural vegetation and mountains.

# Cook Islands & Society Islands

## PAPEETE • PAPEETE

LE PAUL GAUGUIN 12 days/11 nights  
15th April, 20th May, 1st July and 9th September 2023

From € 4,630



## Aitutaki, Cook Islands

Aitutaki is a little island of 16 km<sup>2</sup>, with a small fishing port with few motor boats, where a simple and peaceful life endures. During your visit, don't miss the opportunity to walk along this magnificent lagoon, reputed as one of the most beautiful and spectacular in the world. Snorkelling fans will discover the treasures of underwater life here. The island is specialised in the sale of black pearls and the production of coloured sarongs, as well as *tivaevae* — patchwork quilting and handiworks. This local manufacture has great value because of its careful artisanal fabrication, and the pieces made are generally offered at important occasions.

DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Papeete, Tahiti Island</b> (French Polynesia) - Embarkation from 16.00 to 17.00	
2	Huahine, Society Islands (French Polynesia)	Full day
3	At sea	
4	Aitutaki (Cook Islands)	Full day
5	Rarotonga (Cook Islands)	Full day
6	At sea	
7	Bora Bora, Society Islands (French Polynesia)	Full day and evening
8	Bora Bora, Society Islands (French Polynesia)	Full day and evening
9	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)	Full day
10	Moorea Island (French Polynesia)	Full day and evening
11	Moorea Island (French Polynesia) Papeete, Tahiti Island (French Polynesia)	Full day Evening
12	<b>Papeete, Tahiti Island</b> (French Polynesia). Disembarkation	

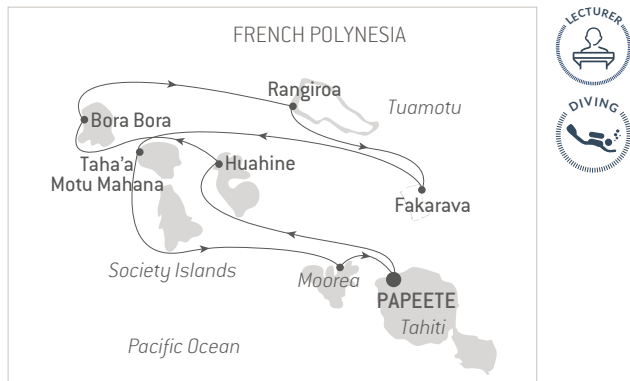
### Highlights:

- Enjoy an overnight in Bora Bora.
- Discover Rarotonga, its luxuriant Takuvaive Valley and its capital, Avarua, home to half the Cook Islands population.
- Meet the friendly local people.
- Live the life idyllic with a memorable day on *motu* Mahana, our own private slice of paradise. Treat yourself to sand between your toes, the shade of swaying palm trees, a sumptuous barbecue lunch and, of course, drinks sipped from coconuts.
- Explore Moorea, the 'magic island' that has inspired many artists.
- Fauna: lemon sharks, blacktip reef sharks, spotted eagle rays, Manta rays, superb coral, sea turtles, giant green morays, emperor angelfish, Napoleon fish, butterflyfish and more...
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.



# Society Islands & The Tuamotus

**PAPEETE • PAPEETE**  
**LE PAUL GAUGUIN** 11 days/10 nights  
 26th April, 31st May, 12th July and 20th September 2023  
**From € 4,490**

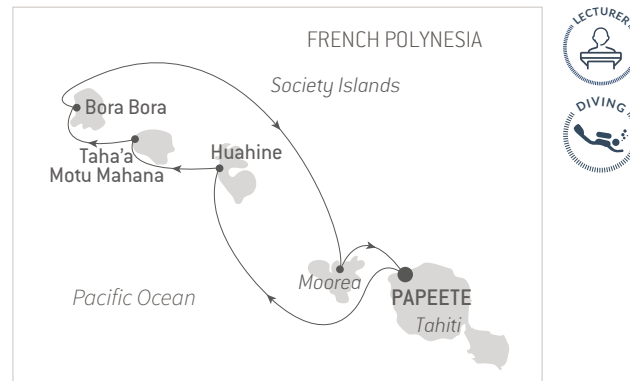


DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Papeete, Tahiti Island</b> (French Polynesia) Embarkation from 16.00 to 17.00		
2	Huahine, Society Islands (French Polynesia)		Full day
3	Bora Bora, Society Islands (French Polynesia)		Full day and evening
4	Bora Bora, Society Islands (French Polynesia)		Full day
5	Rangiroa, Tuamotu Islands (French Polynesia)		Afternoon
6	Fakarava, Tuamotu Islands (French Polynesia)		Full day
7	At sea		
8	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)		Full day
9	Moorea Island (French Polynesia)		Full day and evening
10	Moorea Island (French Polynesia)		Full day
11	<b>Papeete, Tahiti Island</b> (French Polynesia) Disembarkation		Evening

- Highlights:**
- Indulge in two full days in the Pacific paradise of Bora Bora.
  - UNESCO World Heritage Site: Fakarava, a biosphere reserve, home to unique flora and fauna, grey sharks and untouched coral reefs.
  - Live the life idyllic with a memorable day on *motu* Mahana, our own private slice of paradise. On this exclusive islet, treat yourself to a sumptuous barbecue lunch and, of course, drinks sipped from coconuts.
  - Discover the 'infinite lagoon' on Rangiroa, the biggest atoll in French Polynesia, which is famous for its 'wall of sharks'.
  - Discover Polynesia's culture and traditions.
  - Fauna: manta rays, spotted eagle rays, common eagle rays, lemon sharks, blacktip reef sharks and sea turtles.
  - Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

# Tahiti & the Society Islands

**PAPEETE • PAPEETE**  
**LE PAUL GAUGUIN** 8 days/7 nights  
 6th and 13th May, 10th, 17th and 24th June, 22nd July, 26th August and 2nd September 2023  
**From € 3,660**



DAY	ITINERARY	PORT OF CALL	DURATION
1	<b>Papeete, Tahiti Island</b> (French Polynesia) Embarkation from 16.00 to 17.00		
2	Huahine, Society Islands (French Polynesia)		Full day
3	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)		Full day
4	Bora Bora, Society Islands (French Polynesia)		Full day and evening
5	Bora Bora, Society Islands (French Polynesia)		Full day
6	Moorea Island (French Polynesia)		Full day and evening
7	Moorea Island (French Polynesia)		Full day
8	<b>Papeete, Tahiti Island</b> (French Polynesia) Disembarkation		Evening

- Highlights:**
- Slow down and let stress float away on secluded Huahine.
  - Live the life idyllic with a memorable day on *motu* Mahana, our own private slice of paradise. On this exclusive islet, treat yourself to a sumptuous barbecue lunch and, of course, drinks sipped from coconuts.
  - Enjoy an overnight in Bora Bora, which gives you ample time to explore this laid-back destination's dramatic mountain peaks, romantic lagoon, and impossibly turquoise waters.
  - Moorea, with its emerald lagoon, white sandy beaches and endemic lush gardens.
  - Discover Polynesia's traditional way of life and customs.
  - Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.



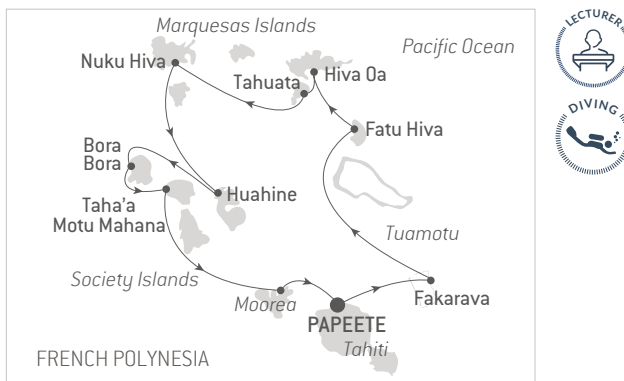
# Marquesas, The Tuamotus & Society Islands

## PAPEETE • PAPEETE

LE PAUL GAUGUIN 15 days/14 nights

1st April, 29th July, 12th August and 30th September 2023

From € 7,030



## Fakarava, Tuamotu Islands

Listed as a UNESCO Biosphere Reserve, Fakarava's coral ellipsis is a narrow stretch of land sitting on a crystal-clear sea. Travellers here are surprised by the immensity of the lagoon, whose colours evoke an infinite palette. The atoll, renowned for its immaculate beaches and preserved nature, is home to rare plants, crustaceans and bird species, including the Tuamotu sandpiper. You will disembark in zodiac inflatables and berth in front of the Veke Veke guesthouse, where you will be welcomed with garlands of flowers and traditional music. You will then be able to go for a walk along the beach or put on flippers, mask and snorkel to make the most of the warm waters of Fakarava and observe its brightly coloured coral.

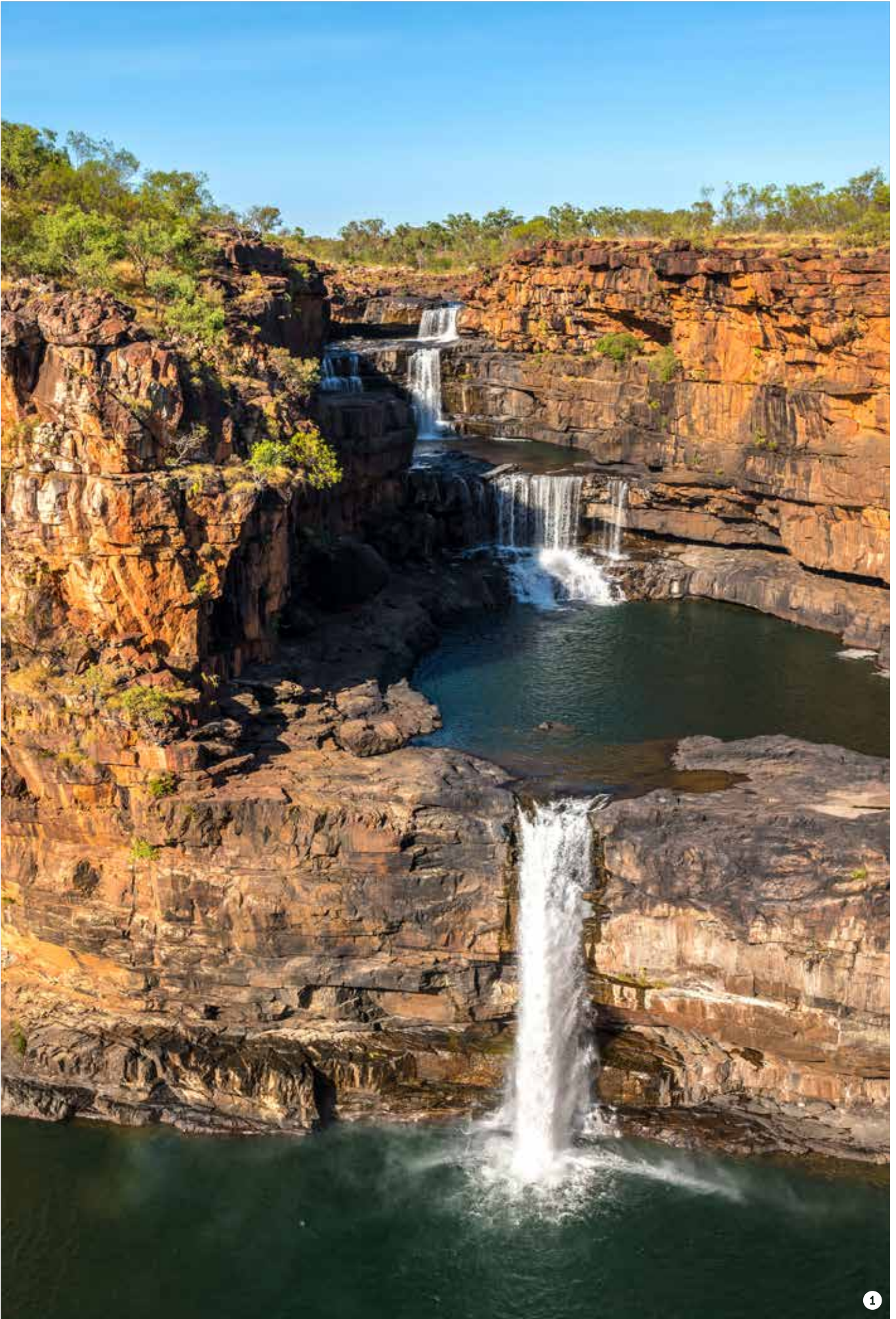
DAY	ITINERARY	PORT OF CALL DURATION
1	<b>Papeete, Tahiti Island</b> (French Polynesia) - Embarkation from 16.00 to 17.00	
2	At sea	
3	Fakarava, Tuamotu Islands (French Polynesia)	Full day
4	At sea	
5	Omoa, Fatu Hiva Island (French Polynesia)	Full day
6	Atuona, Marquesas Islands (French Polynesia)	Full day
7	Hapatonu, Tahuata Island (French Polynesia)	Full day
8	Taiohae, Nuku Hiva Island (French Polynesia)	Full day
9, 10	At sea	
11	Huahine, Society Islands (French Polynesia)	Full day
12	Bora Bora, Society Islands (French Polynesia)	Full day and evening
13	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)	Full day
14	Moorea Island (French Polynesia)	Full day
14	Papeete, Tahiti Island (French Polynesia)	Evening
15	<b>Papeete, Tahiti Island</b> (French Polynesia) - Disembarkation	



### Highlights:

- History and culture are in the forefront on the island of Hiva Oa, which is the home of the largest stone sculptures in the Marquesas.
- Discover Polynesian culture: ancient crafts in Fatu Hiva, sculpted works in Tahuata, sculpted stone *tiki* and 7,000 petroglyphs in Taiohae.
- UNESCO World Heritage Site: biosphere reserve of Fakarava.
- Live the life idyllic with a memorable day on *motu* Mahana, our own private slice of paradise.
- Landscapes: towering peaks, imposing cliffs, plantations, forests, turquoise lagoons, unspoilt beaches, deserted coves and underwater caves.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.





# Excursions during your cruise

On the majority of your ports of call, we invite you to enhance your trip with specially designed, high-quality optional excursions. Whether cultural (visits of sites, monuments and museums that are emblematic of the region) or sporty (hikes, excursions on bikes or kayaks), you will certainly find something to suit you among the wide range we offer.

## Overlands with reservation and pre-payment

Talbot Bay, Australia

### Fast boat ride through Horizontal Falls *(30 min, price per person: consult us)*

From Talbot Bay, don't miss out on a chance to see Cyclone Creek and the Horizontal Falls. This intriguing location is described as "one of the greatest wonders of the natural world". This extraordinary phenomenon occurs when powerful tidal currents push huge amounts of water through two gorges in the McLarty Range. In addition to being horizontal, the falls are also "reversible". You can therefore make the most of an opportunity to cross them on board a powerful rigid inflatable boat (RIB). Your trip among the turbulent waters around the rapids will be an exhilarating one. You will slip with speed through the arches carved by erosion in the sandstone cliffs and get as close as possible to the foaming rapids.

Hunter River, Australia

### Mitchell Falls helicopter flight & landing *(1 h 30, price per person: consult us)*

Situated on the banks of the Hunter River, Mitchell Falls can no doubt take its place as one of the most impressive natural wonders of the world. The only way to observe the falls is to take a trip by helicopter and then to land at the base. From the beach at Naturalists Island you will take your place on board a helicopter for an aerial view of the falls, before landing on Mitchell Plateau. There, you'll discover an astonishing site, still wild and extremely isolated, covered with irregular rocky outcrops. After a journey of a few minutes on foot, you'll reach superb viewing points where you can photograph the Mitchell quadruple falls. Here, you can even take a moment for relaxation and refreshment by taking a dip in the cool waters of the river.



1. Mitchell Falls, Hunter River.  
2. Horizontal Falls.

*Reservation and payment of these excursions must be made when booking your cruise or at least 60 days prior to your cruise. Prices can be changed. A minimum of participants is required to confirm.*

# Paul Gauguin shores excursions

## French Polynesia

### Bora Bora

- Lagoon cruise & Polynesian feast (5 h)
- Lagoarium – Open-air aquarium snorkelling experience (3 h 30)
- By helicopter: 30 min flightseeing Bora Bora and Tupai (1 h)
- By aquaplane: 30 min flightseeing Bora Bora and Tupai (1 h)
- Sunset Blue Lagoon escapade (2 h)

€ € € €

€ € €

€ € € €

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€ € € €

### Fakarava

- ATV guided tour (1 h 30)
- Half day to Teahatea beach (3 h 30)
- Full-day tour to South Pass with snorkelling (7 h)
- E-Bike tour of Rotoava & the North shore (2 h)

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€ € € €

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€ €

€ €

### Fatu Hiva, Scenic drive to Hanavave (3 h 30)

€ € € €

### Hiva Oa, Atuona to Taaoa (3 h 30)

### Huahine

- Motu picnic (6 h)
- Huahine exploration by 4x4 & boat (3 h 30)
- Huahine Iti by 4x4 (3 h 30)
- Sacred sites & legendary places (4 h)

€ € € €

€ € € €

€ €

€ € € €

### Moorea

- By plane: 1 h 15 Scenic flight and pilot lesson Moorea & Tetiaroa (2 h 30)
- Dolphin watching expedition (3 h 30)
- Trails of the ancients trek (4 h)
- Capture Moorea – Photo adventure (4 h)
- Catamaran sail (3 h)
- The three coconut trails of Moorea – Hiking tour (4 h)
- BBQ on motu & snorkelling (5 h)

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### Nuku Hiva, Visit of Taipivai valley (4 h)

€ € € €

### Rangiroa

- Glass-bottom boat (1 h 30)
- Snorkelling Rangiroa's 'aquarium' (1 h 30)

€ €

€ € € €

### Taha'a

- Exploration of Taha'a (3 h 30)
- Catamaran sail (3 h 30)
- Snorkel & black pearl farm adventure (3 h 30)
- Coral garden drift snorkelling (3 h 30)

€ € € €

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### Tahuata, Hapatoni discovery (3 h 30)

€ € € €

Price: € = less than € 50, € € = from € 50 to 100, € € € € = from € 100 to 150, € € € € € = More the € 150. Tours are sold on board Le Paul Gauguin in US dollar. The dollar/euro conversion is made according to the exchange rate above as of March, 2022. The final price of the excursion will be communicated to you on board.

## COMFORT AND RELAXATION

Our comfort and relaxation programmes were specially designed to allow you to rest and freely enjoy the wonderful setting of a prestigious hotel hand-selected for you. Choose the option that suits you best: for a day of relaxation with or without an overnight stay, enjoy the amenities and services provided in an exceptional setting. Unless you would prefer to enjoy the magic of Polynesia for a little longer and discover the beauty of the place at your own pace. Our three-night programmes will give you more time to spend enjoying all the wonder and beauty of these islands.

### Day use before and after your cruise

- 1 room day use at Intercontinental Tahiti

### 1 night before and after your cruise

- 1 night at Intercontinental Tahiti

### 3 nights before your cruise

- 1 night in Papeete and 2 nights at Hilton Moorea
- 1 night in Papeete and 2 nights at Intercontinental Bora Bora
- 3 nights at Intercontinental Bora Bora (valid for all cruises except for Society Islands & Tuamotus)
- 3 nights at Hilton Moorea (valid for all cruises except for Society Islands & Tuamotus)

### 3 nights after your cruise

- 3 nights at Hilton Moorea and 1 room in day use in Papeete
- 3 nights at Intercontinental Bora Bora and 1 room in day use in Papeete

Prices: consult us.





# Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT.

Please find below samples of the programmes available in Asia, Oceania and Polynesia for Summer 2023 season.

## From Darwin, Australia **Australian outback and Kakadu National Park** *(4 nights, price: consult us)*

Located in the Northern Territory, Kakadu National Park is Australia's largest such park. Included on the UNESCO World Heritage List, it is an extraordinary place, both a refuge to a huge variety of plants and animals, and a living testimony to the history and culture of the Aborigine peoples who have lived here for more than 50,000 years. The park also harbours some well-preserved archaeological remains and rock art sites, such as Ubirr, which illustrate the 'Dreamtime' legends. Its landscapes and ecosystems are unique, contrasted and well preserved. The remarkable diversity of the site will no doubt inspire an array of emotions and a real sense of wonderment. You'll stay in the wonderful Bamurru Plains safari lodge for complete immersion in this unspoilt environment.

This programme is available before and after your cruise from Darwin, Australia. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Osaka and Himeji, Japan **Kyoto and Nara, imperial heritage** *(3 nights, price: consult us)*

Enjoy three unforgettable days discovering the former capitals of traditional Japan, its temples, zen meditation and tea ceremony. In Nara, visit the Tōdai-ji temple, home to the largest Buddha in Japan, and the Kasuga Taisha, famous for its many stone and bronze lanterns. In Kyoto, admire the Golden Pavilion, enjoy the tranquility of the Kiyomizu temple, and visit the Nijō castle. Then discover Gion, Kyoto's most famous geisha district. After visiting the gold leaf-covered Kinkaku-ji temple, you will make your way to Ryōan-ji Temple and its rock garden, a masterpiece of Zen culture. Finally, on the city's edge, the Tenryū-ji temple will enchant you with its 14th-century landscape garden.

This programme is available before and after your cruise from Himeji and Osaka, Japan. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Otaru, Japan **From Tokyo, a capital with many faces, to Hokkaidō** *(3 nights, price: consult us)*

Dive into modern and traditional Japan, a blend of skyscrapers, shopping streets, temples and gardens. Tokyo will open the doors to its national museum, home to the largest collection of Japanese art in the world, as well as its urban complex, Roppongi Hills, whose 54 floors offer a panoramic view over the city. The Asakusa district, with its famous Sensō-ji Buddhist temple, and the Shinjuku Gyoen National Garden – a real oasis in the heart of the city – are some examples of the other tours included in the package. Lastly, you will fly to the island of Hokkaidō to discover its historical village: a veritable open-air museum of the traditional customs and ways of life in Japan during the Meiji and Taisho periods.

This programme is available before your cruise from Otaru, Japan. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

## From Lautoka, Fiji Islands **Relaxing sojourn in Fiji Islands** *(2 nights, price: consult us)*

With PAUL GAUGUIN cruises, extend your voyage with a relaxing interlude and make your break even more special in pleasant, comfortable surroundings. When you arrive at Lautoka, you'll be driven straight to the 5\* Sofitel Fiji Resort & Spa, where you'll benefit from all the comfort you need to unwind, whether in your hotel room, beside the pool or on the beach. The hotel boasts many amenities such as the swimming pools, of course, but also a waterside restaurant, spa and diving centre (both accessible for a supplement and subject to availability). You'll also enjoy access to the Waitui Beach Club, where you can sip on exquisite cocktails or dine on tapas as the sun goes down. A programme to help you savour the pleasures of the Pacific Islands for even longer!

This programme is available before and after your cruise from Lautoka, Fiji Islands. More information on our website [www.ponant.com](http://www.ponant.com) or call your travel agent.

*These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure. Full tour programme and prices are available on our website [www.ponant.com](http://www.ponant.com) 12 months prior to your cruise departure, or call your travel agent.*



1. Kakadu National Park, Australia.
2. Gion, Kyoto's most famous geisha district.
3. The Senso-ji Buddhist temple, Asakusa district, Tokyo.
4. Relaxation in the Pacific islands.





# Grand Voyages

Time stretches out, the horizon unfolds...  
Between discoveries and emotions, let yourself  
be tempted by a great voyage punctuated  
by unforgettable ports of call!

PONANT proposes long-distance voyages, carefully selected back-to-back cruises  
that will give you the time to savour an exceptional itinerary.

For a singular sailing experience, imbued with serenity,  
succumb to the charms of our ocean voyages.

# Polar expedition, from Spitsbergen to Baffin Bay

## LONGYEARBYEN • KANGERLUSSUAQ

L'AUSTRAL 35 days/34 nights

From 21st June to 17th July 2023

From € 32 ,970



This Grand Voyage is made up of the following cruises:

### • Fjords and glaciers of Spitsbergen

21st June 2023 - see page 55

### • Greenland of great explorers

28th June 2023 - see page 56

### • Baffin Bay secrets

12th July 2023 - see page 59



For the formalities of this Grand Voyage, please refer to the individual nominated cruises specified.



This voyage will immerse you in the immensity of the Arctic world on an unforgettable expedition spanning more than one month. Your ship will venture beyond the 80th parallel north. Upon departing Longyearbyen, you will explore the western coast of Spitsbergen, before following in the footsteps of the great French explorers as you make your way along Greenland's eastern coastline. Walrus, polar bears, cetaceans, colonies of birds: you will experience wildlife in all its glory, accompanied by our team of specialists. Encounters with the local Inuit populations on the western coast of Greenland and in the small and remote villages of Baffin Bay will leave you with lasting memories marked by sharing and emotion. The numerous fjords, offering a chance to venture further into the lands along which you have been sailing, will uncover some of the landscape's many secrets, providing the unique sensation of having arrived at the world's end and, at the same time, the chance to grasp the subtle sense of balance and the need to preserve it.

DAY	ITINERARY	COUNTRY
21/06/23	<b>Flight Paris/Longyearbyen, Spitsbergen</b> Hornsund > Bellsund, Spitsbergen > <i>Sailing toward the ice floes</i> > Måkeøyane, Spitsbergen > Monaco Glacier, Spitsbergen > Raudfjorden, Spitsbergen > Smeerenburg, Spitsbergen > Ny-Ålesund, Spitsbergen > Kongsfjorden (King Bay), Spitsbergen >	Norway
28/06/23	<b>Longyearbyen, Spitsbergen</b> Stellingfjellet, Svalbard > Isbukta, Spitsbergen > <i>at sea</i> > Jan Mayen Island, Svalbard > <i>at sea</i> > Watkins Fjord > Tugtulik > Storo Island > Sermilik Fjord > Tasiilaq > Qingminguartalik > Nansen Harbor > Skjoldungen > Prins Christian Sund > Auggpilatok > Igaliku > Narsaq Fjord > <i>at sea</i> > Evighedsfjorden >	Norway
12/07/23	<b>Kangerlussuaq</b> Sisimiut > Disko Bay > Paul-Émile Victor Base Camp, Eki Glacier > Akulleq > Karrat Fjord > Kullorsuaq > Savissivik > Pond Inlet, Nunavut > Icy Arm Fjord > Isabella Bay, Ninginganiq National Wildlife Area > Sam Ford Fjord, Nunavut > <i>at sea</i> > Evighedsfjorden >	Greenland
25/07/23	<b>Kangerlussuaq Flight Kangerlussuaq/Paris</b>	Greenland

### Highlights:

- A voyage of exploration to discover the countless riches of Svalbard and the Greenland coast.
- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- Visits to traditional villages and meetings with Inuit people.
- Sailing in the heart of the Spitsbergen fjords.
- Prins Christian Sund, a narrow passage between cliffs and glaciers.
- Exploration in untouched Greenland once trodden by the French explorers Blosseville, Charcot and Victor.
- The discovery of Disko Bay, a UNESCO World Heritage Site.
- The landscapes: fjords, mountains, glaciers, icebergs, tundra, steep cliffs, polar caps, ice floes.
- Wildlife: polar bears, reindeer, terns, musk oxen, foxes, Arctic hares, rorquals, seals, orcas, walrus, whales, puffins.

# From the Atlantic to Malta, via the islands of the Western Mediterranean

## LAS PALMAS • VALLETTA

LE LYRIAL 30 days/29 nights

From 18th April to 17th May 2023

From € 12,500



This Grand Voyage is made up of the following cruises:

- **Canary Islands, Madeira & Andalusia** - 18th April 2023 - see page 85
- **Iberian shores & Corsica** - 26th April 2023 - see page 102
- **From the French Riviera to Italian shores** - 4th May 2023 - see page 104
- **The Charm of Italian Shores** - 10th May 2023 - see page 107

For the formalities of this Grand Voyage, please refer to the individual nominated cruises specified.



Setting off from Las Palmas de Gran Canaria, you will sail along the luxurious shores of the Atlantic islands and the sparkling coastlines of the Mediterranean, after first setting a course to take in the volcanic landscapes of the Canary Islands. Its national park and biosphere reservation, both UNESCO-listed sites, promise many an astonishing discovery. You will then stop off in Madeira, before heading back to the Spanish coast, where heritage treasures and the warm lifestyle invite you to indulge in contemplation and relaxation. Some of the most beautiful ports of the Balearic Archipelago and Corsica will open up their doors to you. The subsequent stopovers, along the Ligurian and Tuscan shores, are odes to the dolce vita. The sparkling colours of the Amalfi Coast, followed by the spectacle of Stromboli's volcanic eruptions in the Aeolian Islands, are sure to deliver many an intoxicating sensation, as the most beautiful cities of Sicily patiently await with their archaeological treasures and tempting speciality cuisine. It is in Malta that this memorable sunny odyssey will draw to a close.

DAY	ITINERARY	COUNTRY
18/04/23	<b>Las Palmas de Gran Canaria, Canary Islands</b>	Spain
	Arrecife de Lanzarote, Canary Islands > San Sebastián de la Gomera, Canary Islands > Santa Cruz de Tenerife, Canary Islands > Funchal, Madeira > at sea > Cádiz >	
26/04/23	<b>Málaga</b>	Spain
	At sea > Valencia > Palma de Mallorca, Balearic Islands > Mahon, Balearic Islands > Bonifacio, Corsica > Calvi, Corsica > Saint-Florent, Corsica >	
04/05/23	<b>Nice</b>	France
	Calvi, Corsica > Sailing along Cinque Terre > Portofino > Livorno > Portoferraio, Elba > Porto Santo Stefano >	
10/05/23	<b>Civitavecchia (Rome)</b>	Italy
	Sorrento > Amalfi > Positano > Sailing in front of Stromboli > Lipari, Aeolian Islands > Palermo, Sicily > Taormina, Sicily > Syracuse, Sicily >	
17/05/23	<b>Valletta</b>	Malta

### Highlights:

- A journey combining heritage, literature, history and theatre.
- A visit to five countries: Spain, Portugal, France, Italy and Malta.
- The discovery of the most beautiful islands and archipelagos of the Mediterranean, between natural jewels and exceptional historical sites.
- UNESCO World Heritage Sites: the Silk Exchange in Valencia, the archaeological site of Pompeii from Sorrento, the Amalfi Coast, the Aeolian Islands, Mount Etna from Taormina and its Greek theatre, the old town of Syracuse, Arab-Norman Palermo and the Cathedral Churches of Cefalú and Monreale, the national parks of Garajonay on the island of La Gomera and Teide in Santa Cruz de Tenerife.
- Sailing past Stromboli and along the Cinque Terre region.

# From the Normandy coasts to the glaciers of Spitsbergen

**HONFLEUR • LONGYEARBYEN**

**LE BORÉAL** 30 days/ 29 nights

From 8th May to 6th June 2023

From € 20,500



Make your way along the Continent of Europe, to the Arctic Ocean, via the North Sea. Departing Honfleur, you will stop off at the Belgian coast, prior to sampling the delicacies of Amsterdam. A sail across the North Sea will take you to Stavanger and, from there, to the Fjords of Norway – the Lysefjord, bordered by granitic cliffs, the Hardangerfjord, known as the 'orchard of Norway', and the Geiranger Fjord, a UNESCO World Heritage Site. The Hellesylt waterfall, the Briksdal glacier, and the Hanseatic port of Bergen will be equally unmistakable points of interest along your route. You will then cross into the Arctic circle, setting a course for the Lofoten Islands, followed by the magical landscapes of Trollfjorden and the remarkable city of Tromsø. You will sail past Bear Island, a refuge for numerous species of seabird, prior to venturing into the kingdom of the polar bear. Your journey of discovery along the western coast of Spitsbergen, with its dazzling glaciers and their myriad of reflections, its astounding wildlife and its silent fjords, render this voyage somewhat of an initiation, which you will not be in a rush to forget.




This Grand Voyage is made up of the following cruises:

- Northern romanticism - 8th May 2023 - see page 80
- Fjords & Spitsbergen - 19th May 2023 - see page 81
- Fjords & glaciers of Spitsbergen - 30th May 2023 - see page 55



For the formalities of this Grand Voyage, please refer to the individual nominated cruises specified.

DAY	ITINERARY	COUNTRY
8/05/23	<b>Honfleur</b>	France
	 Ostend > Antwerp > Amsterdam > at sea > Stavanger > Sailing in Lysefjorden > Sailing in the Hardangerfjord > Ulvik > Florø > Ålesund > Geiranger > Hellesylt > Olden >	
19/05/23	<b>Bergen</b>	Norway
	Olden > Geiranger > at sea > Leknes, Lofoten > Sailing in Trollfjorden > Tromsø > Sailing by Bjørnøya (Bear Island) > at sea > Hornsund > Bellsund, Spitsbergen >	
30/05/23	<b>Longyearbyen, Spitsbergen</b>	Norway
	Hornsund > Bellsund, Spitsbergen > Sailing toward the ice floes > Måkeøyane, Spitsbergen > Monaco Glacier, Spitsbergen > Raudfjorden, Spitsbergen > Smeerenburg, Spitsbergen > Ny-Ålesund, Spitsbergen > Kongsfjorden (King Bay), Spitsbergen >	
06/06/23	<b>Longyearbyen, Spitsbergen</b> <b>Flight Longyearbyen/Paris</b>	Norway

## Highlights:

- A journey between polar exploration and classical music in an exceptional partnership with Radio Classique.
- The discovery of emblematic Northern European cities and the fjords of Scandinavia.
- Outings and shore visits in zodiac inflatables with a team of experienced naturalist guides.
- UNESCO World Heritage Sites: Bergen and the Hanseatic port of Bryggen, the canals of Amsterdam, the historic centre of Bruges, the Geiranger fjord.
- Landscapes: ice floes, jagged mountains, icebergs, ice caps, steep valleys, dizzying walls, gigantic glaciers, ice fronts.
- Wildlife: Minke whales, polar bears, Arctic foxes, Svalbard reindeer, Arctic terns, walruses, puffins.
- The discovery of Ny-Ålesund, the most northerly town in the world and the starting point of many expeditions to the North Pole since 1926 with Nobile and Amundsen.
- Sailing through the most beautiful fjords of Spitsbergen.
- Crossing the Arctic Circle.
- The possibility to walk at the foot of the Briksdal glacier, one of the most beautiful in Europe, from Olden.

# Ocean Voyages

Lovers of the sea, dreamers, meditative travellers, attentive observers of endless horizons... Step on board our ocean voyages, our non-stop crossings, for a unique experience. Share the life of the crew while still enjoying the five-star comfort and facilities of our latest generation yachts.

As the days go by, and according to the ship, make the most of the charm and the quiet offered by these exceptional crossings. On board you can choose to relax around the pool with the sky as your backdrop or keep fit in the fitness centre and hammam. The library will welcome you for a spot of reading, whilst the bar offers you a convivial place where the cosy, softly lit atmosphere will not fail to delight you.

## OUR NON-STOP OCEAN VOYAGES FOR THE SUMMER 2023 SEASON:

**BREST** (France) • **REYKJAVÍK** (Iceland)  
**LE COMMANDANT CHARCOT** 5 days/4 nights  
1st May 2023 **From € 2,240**

**OSLO** (Norway) • **EDINBURGH** (Scotland)  
**LE CHAMPLAIN** 3 days/2 nights  
28th August 2023 **From € 890**

**KOBE** (Japan) • **DARWIN** (Australia)  
**LE SOLÉAL** 14 days/13 nights  
6th June 2023 **From € 2,480**

**MALAGA** (Spain) • **DAKAR** (Senegal)  
**LE LYRIAL** 7 days/6 nights  
8th October 2023 **From € 1,280**

**BERGEN** (Norway) • **TORONTO** (Canada)  
**LE DUMONT-D'URVILLE** 14 days/13 nights  
15th August 2023 **From € 2,700**

## A guest writes

*"For years, it was just a dream... to set out on a long sea voyage, carried by the ocean winds, far away from everything. Some months ago, I made up my mind and I chose a transatlantic voyage, from Guiana to Senegal. Twenty one days at sea, living at the same rhythm as the crew. From the sunrises where the horizon seemed to be on fire, to the starry nights spent in the company of the officer on duty on the bridge, it was a truly unique experience. Each moment spent aboard the ship was an interlude, outside of real time, in the middle of the ocean. The ideal opportunity to fully embrace my passion for sailing. Meanwhile, my wife enjoyed the fitness studio, as well as the library*

*and the wonderful sight of the sea through the vast bay windows. We also loved to relax on a sun lounger on the Pool Deck, our eyes fixed on the horizon.*

*"In the evening, after sharing a chat and a drink with a couple of journalists met onboard, we sometimes ate with the officers. The captain also proved to be very willing to answer our questions and showed us some of the sailing techniques.*

*"It was one of the best journeys of my life, an experience like no other."*

Alain F., Paris







# Welcome on board

Exploring the ship is an integral part of your journey.  
Cross the world's seas in absolute comfort.

# The Sisterships:

*L' Austral, Le Boréal, Le Soléal  
and Le Lyrial*

With their streamlined silhouettes and refined decor, these four ships are faithful to the PONANT philosophy: to sail and travel on intimately sized ships offering a subtle blend of luxury, privacy and wellness.







## IN DETAIL

Length: 142 m  
Width: 18 m  
Draft: 4.7 m  
Average cruising speed: 14 knots

Number of staterooms and suites: 122 or 132  
Crew members: 145  
Installed electrical power: 6,400 KW  
Years of delivery: from 2009 to 2015



# At the heart of PONANT's DNA

The Sisterships series has revolutionised the cruise ship concept. The style of these four yachts, for which French designers such as Jean-Philippe Nuel were commissioned, is of particular significance in the PONANT story. It symbolises the company's desire to build **the ideal cruise ship** and take the French art of living to all four corners of the world. The sleek lines and contemporary layout together form a perfect synthesis between the world of the sea and the world of yachting. This is achieved through the small capacity of the ships, which makes a personalised service possible onboard – a privileged opportunity for genuine exchange and interaction with the

crew, the special guests and the expert speakers. **The intimate size of the yachts** also makes it possible to access remote, isolated destinations and ports or harbours only accessible to smaller vessels. All the company's ships are thus designed to not only preserve a high quality of service and provide an intimate onboard atmosphere, but also to minimise the invasiveness of the ship's visit to ports of call for local populations, therefore facilitating contact and interaction. **Conceived and designed for the purpose of adventure**, these four yachts are faithful to PONANT's DNA: to explore the world with a constantly renewed sense of curiosity.

## Amenities

- Individually controlled airconditioning
- Stateroom layout: king-size bed, or twin beds, communicating Staterooms available (Children welcome)
- Minibar
- Flat-screen satellite TV
- Bose™ Bluetooth speaker
- Desk with stationery
- Safe
- Hermès® bath products
- Dressing table, bath robes, hairdryer
- Direct line telephone
- 110V American (two flat pins)/220V European (round sockets with two round pins)
- 24hr room service
- Inclusive internet access Wi-Fi

## Public areas

**RECEPTION** 135 sq.m. / 1 453 sq.ft.  
Reception, customer relations and excursions desk

### LOUNGES

- **Main lounge:** 255 sq.m. / 2 745 sq.ft.  
Inside capacity: 110. Outside capacity: 30  
Afternoon tea, lounge, live music, dance floor and cocktail bar Access to the outside terrace
- **Panoramic lounge:** 110 sq.m. / 1 184 sq.ft.  
Library, internet desk, cocktail bar, live entertainment on selected evenings with direct access to the panoramic terrace
- **Open-air bar** (Pool deck): Seating: 50  
Overlooking the pool deck

### RESTAURANTS

- **Gastronomic restaurant:** 370 sq.m. / 3 982 sq.ft.  
Capacity: 268. Elegant main dining room for breakfast, lunch and dinner serving French and international cuisine, fine wine cellar

- **Grill restaurant:** 235 sq.m. / 2 530 sq.ft.  
Interior capacity: 90. Exterior capacity: 60  
Casual eating venue for breakfast, buffet lunch and themed dinner

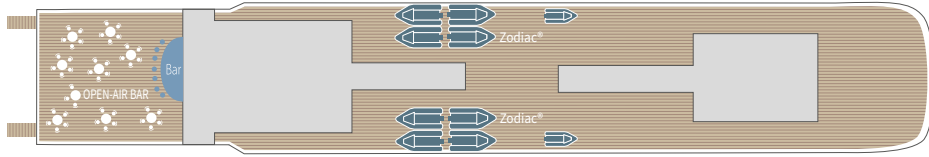
### RECREATION / RELAXATION

- **Theatre:** 250 sq.m. / 2 690 sq.ft. Capacity: 250.  
Main show room for conferences and live entertainment on selected evenings, state-of-the-art audio and video technology
- **Wellness area:** Spa in partnership with SOTHYS™ - KÉRASTASE / L'Oréal Paris hair salon; free access hamman; fitness studio
- **Leisure area**  
Studio Ponant: Special area for viewing and ordering photos/videos; Kids' Club (games area and consoles)

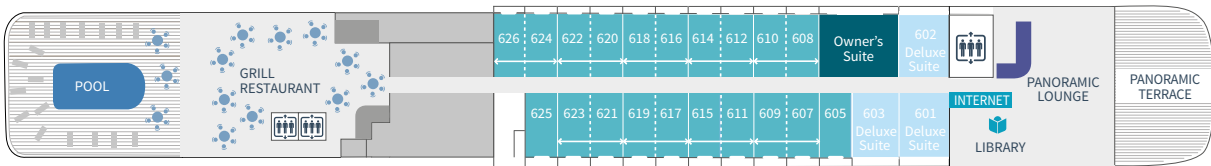
# Deck Plans

## L'Austral, Le Boréal and Le Soléal

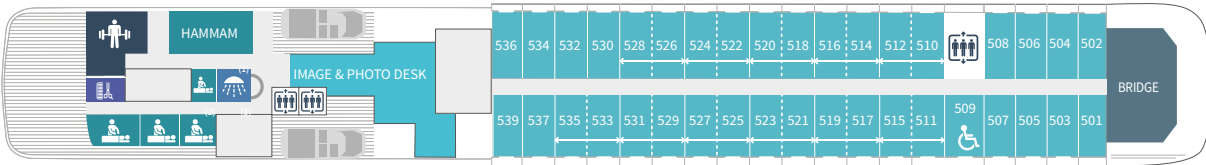
7



6

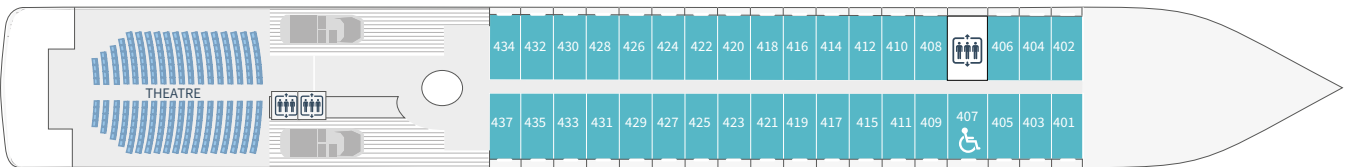


5



Configuration: L'Austral: <sup>(1)</sup> Locker <sup>(2)</sup> Hamman <sup>(3)</sup> Locker - Le Boréal: <sup>(1)</sup> Massage <sup>(2)</sup> Hamman <sup>(3)</sup> Locker - Le Soléal: <sup>(1)</sup> Hamman <sup>(2)</sup> Locker <sup>(3)</sup> Locker.

4



3



2



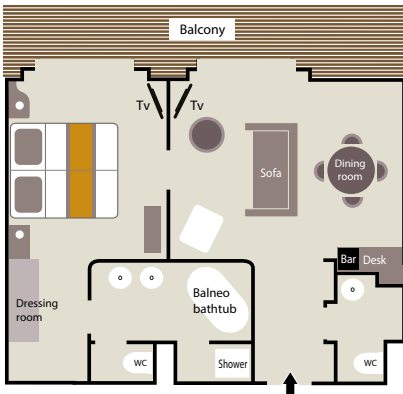
- Owner's Suite Deck 6
- Deluxe Suites Deck 6
- Deluxe Staterooms Deck 3
- Prestige Suites Deck 6 - 5
- Prestige Staterooms Deck 4 - 5 - 6
- Superiors Staterooms Deck 3

# Discover your Stateroom

## L'Austral, Le Boréal and Le Soléal

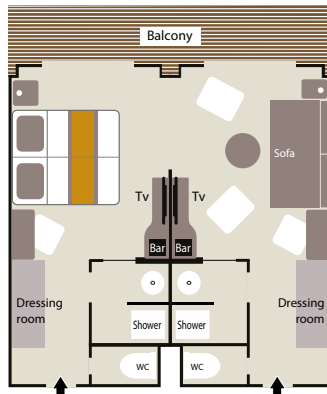
### OWNER'S SUITE

45 sq.m. + 9 sq.m. private balcony / 484 sq.ft. + 97 sq.ft. private balcony with sliding bay windows



### 20 PRESTIGE SUITES

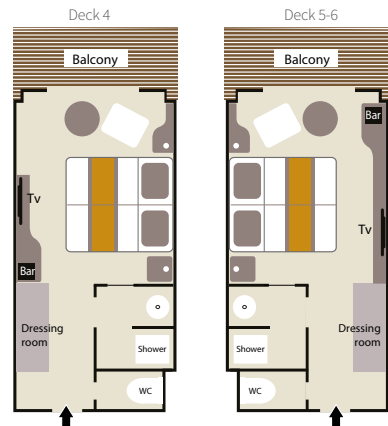
37 sq.m. + 8 sq.m. private balcony / 398 sq.ft. + 86 sq.ft. private balcony with sliding bay windows



<sup>(1)</sup> Prestige Suites aboard *Le Boréal* & *Le Soléal*: 1 shower and 1 bathtub.

### 92 PRESTIGE STATEROOMS

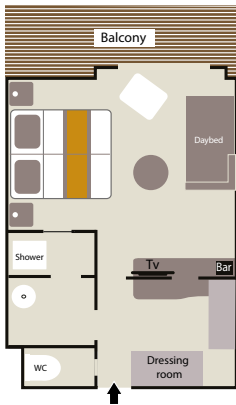
18.5 sq.m. + 4 sq.m. private balcony / 200 sq.ft. + 43 sq.ft. private balcony with sliding bay window



<sup>(2)</sup> Prestige Staterooms aboard *Le Boréal* & *Le Soléal*, decks 5 & 6: 1 shower or bathtub depends on cabins.

### 3 DELUXE SUITES

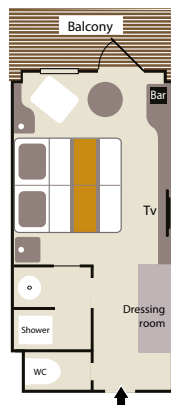
27 sq.m. + 6 sq.m. private balcony / 290 sq.ft. + 54 sq.ft. private balcony with sliding bay window



Deluxe Suites aboard *Le Boréal*: 1 shower and 1 bathtub.

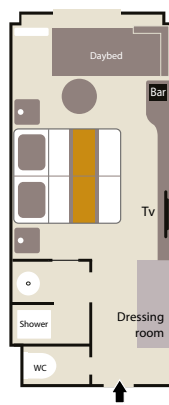
### 28 DELUXE STATEROOMS

18 sq.m. + 4 sq.m. private balcony / 200 sq.ft. + 43 sq.ft. private balcony with French window



### 8 SUPERIOR STATEROOMS

21 sq.m. / 226 sq.ft

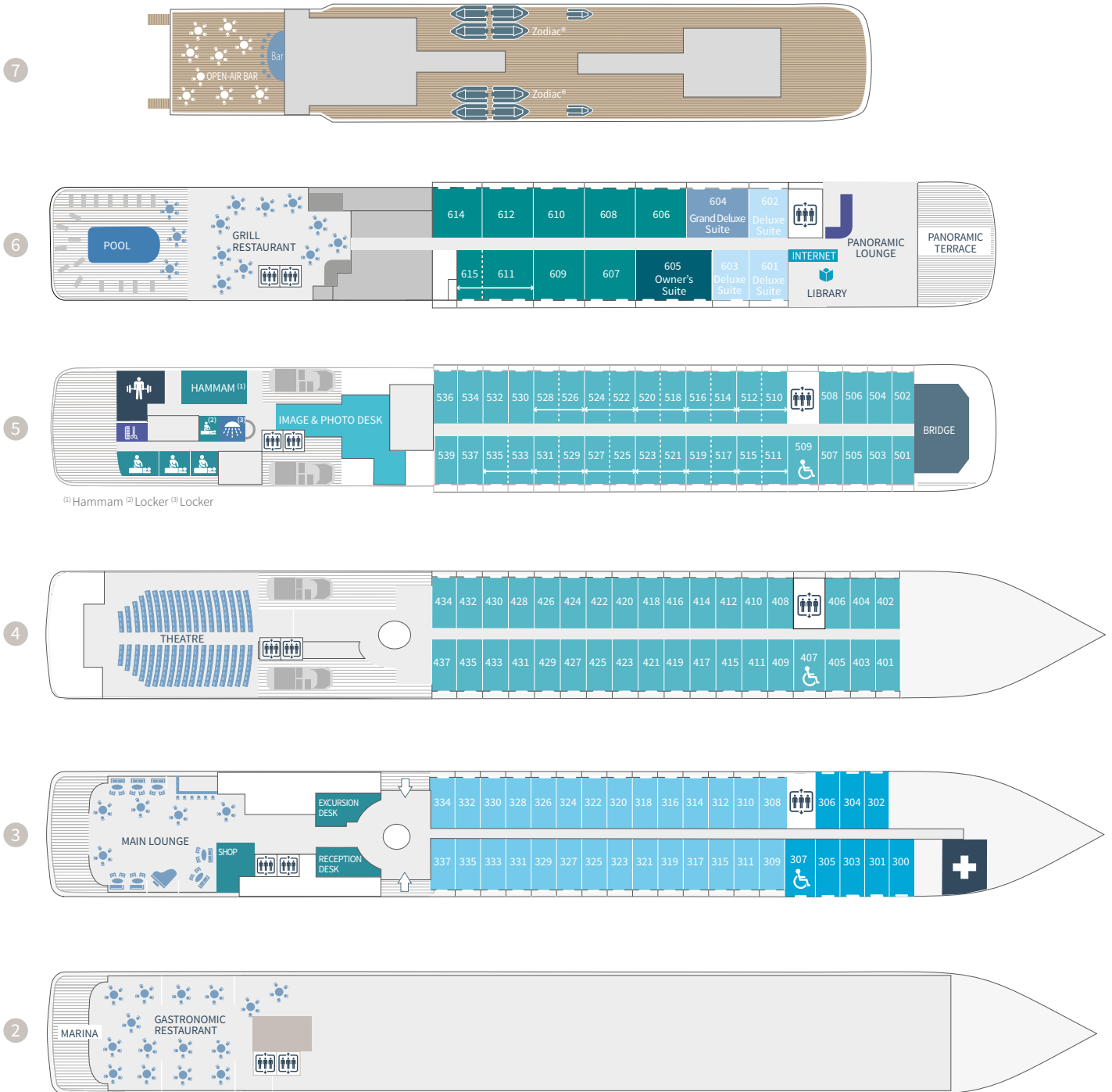


Visit *Le Soléal*  
by scanning  
this pictogram



# Deck Plans

## Le Lyrial

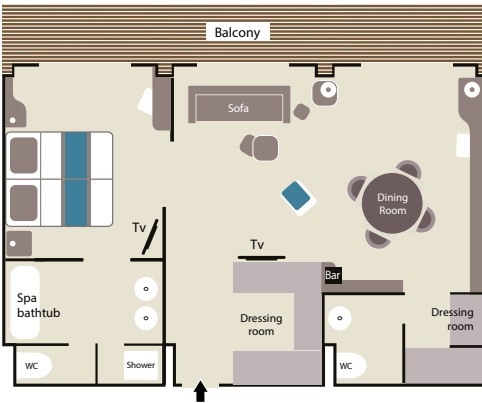


- Owner's Suite  
Deck 6
- Privilege Suites  
Deck 6
- Grand Privilege Suite  
Deck 6
- Grand Deluxe Suites  
Deck 6
- Deluxe Suites  
Deck 6
- Prestige Staterooms  
Deck 4 - 5 - 6
- Deluxe Staterooms  
Deck 3
- Superior Staterooms  
Deck 3

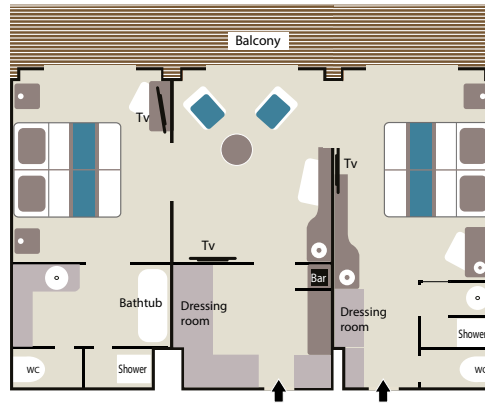
# Discover your Stateroom

## Le Lyréal

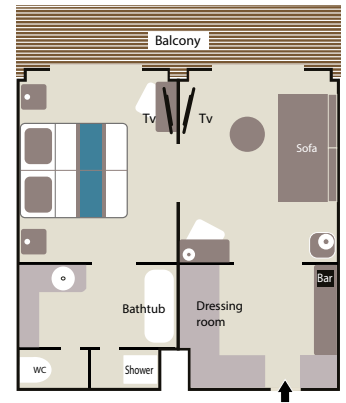
**OWNER'S SUITE** 55 sq.m + 12 sq.m. private balcony with sliding bay windows / 581 sq.ft + 129 sq.ft. private balcony with sliding bay windows



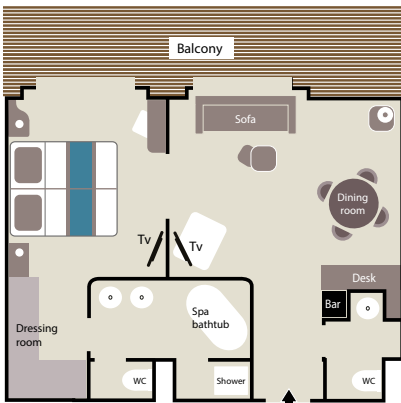
**GRAND PRIVILEGE SUITE** 55 sq.m + 12 sq.m. private balcony with sliding bay windows / 581 sq.ft + 129 sq.ft. private balcony with sliding bay windows



**8 PRIVILEGE SUITES** 37 sq.m + 8 sq.m. private balcony with sliding bay windows / 388 sq.ft. + 86 sq.ft. private balcony with sliding bay windows

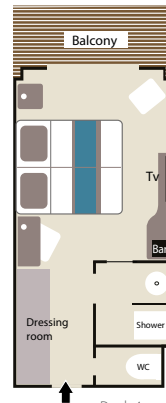
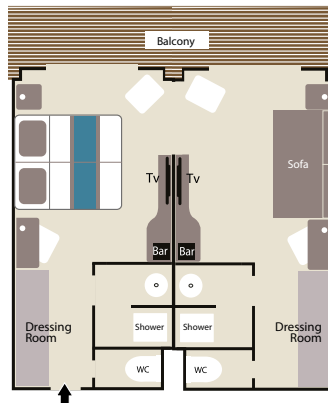


**GRAND DELUXE SUITE** 45 sq.m + 10 sq.m. private balcony with sliding bay windows / 484 sq.ft + 108 sq.ft. private balcony with sliding bay windows

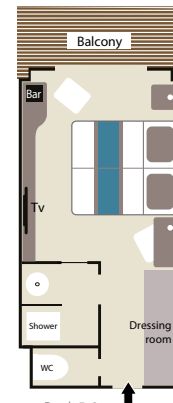


**73 PRESTIGE STATEROOMS** 18,5 sq.m. + 4 sq.m. private balcony / 194 sq.ft. + 43 sq.ft. private balcony with sliding bay window

**11 PRESTIGE SUITES** 37 sq.m. + 8 sq.m. private balcony / 388 sq.ft. + 86 sq.ft. private balcony with sliding bay windows

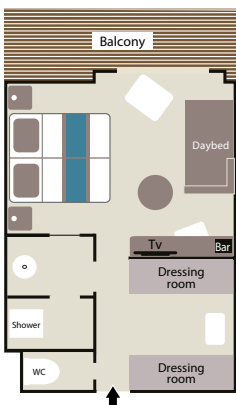


Deck 4

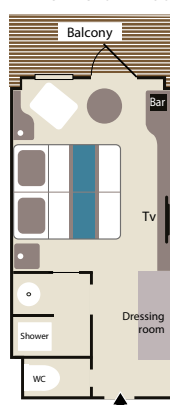


Deck 5-6

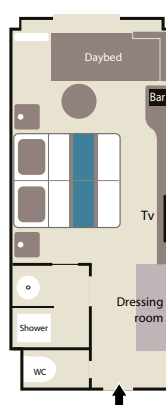
**3 SUITES DELUXE** 27 sq.m. + 6 sq.m. private balcony with sliding bay window / 291 sq.ft. + 65 sq.ft. private balcony with sliding bay window



**28 DELUXE STATEROOMS** 18 sq.m. + 4 sq.m. private balcony with French window / 194 sq.ft. + 43 sq.ft. private balcony with French window



**8 SUPERIOR STATEROOMS** 21 sq.m. / 226 sq.ft



Visit *Le Lyréal* by scanning this pictogram



# The PONANT Explorers: *Le Lapérouse, Le Champlain, Le Bougainville, Le Dumont-d'Urville, Le Bellot and Le Jacques-Cartier*

In contrast to the gigantism trend, these cruise ship, featuring just 92 cabins and suites, combine respect for the environment with distinguished design and cutting-edge technologies.  
The future of adventure at sea is here today.







## IN DETAIL

Length: 131 m  
Width: 18 m  
Draft: 4.7 m  
Average cruising speed: 13,5 knots

Number of staterooms and suites: 92  
Crew members: 118  
Installed electrical power: 6,400 KW  
Years of delivery: from 2018 to 2020



# Built for expedition

The Explorers are **a homage to the great French explorers** Jean-François de La Pérouse, Samuel de Champlain, Louis-Antoine de Bougainville, Jules Dumont d'Urville, Joseph-René Bellot and Jacques Cartier. They take you in the footsteps of these men who ventured beyond the limits of the known world in search of new lands. For PONANT, as the only cruise operator flying the French flag to venture to the world's most remote destinations, paying tribute to these men in this way was an obvious step to take. **These ships have been designed to offer an expedition experience with a difference.** Highly manoeuvrable and equipped with the latest technologies to limit their impact on the environment, they make it possible

to offer you new itineraries and to refine our knowledge of remote, isolated lands and territories. Each is equipped with an adjustable marina providing swimming and bathing access from the ship itself, and a submerged mini-port that facilitates water-based activities out in the open sea (such as kayaking and stand-up paddleboarding). And finally, each of the ships is also equipped with **a multisensory underwater lounge named the *Blue Eye***, which allows cruise guests to see, listen to and sense the subaquatic world beneath the waterline – a world first designed by Jacques Rougerie, a French architect and academician with a passionate interest in the sea.

## Amenities

- Individually controlled airconditioning
- Stateroom layout: king-size bed, or twin beds, communicating Staterooms available (Children welcome)
- Minibar
- Flat-screen satellite TV
- Video on demand
- Bose™ Bluetooth speaker
- Desk with stationery
- Safe
- Hermès® bath products
- Dressing table, bath robes, hairdryer
- Direct line telephone
- 110V American (two flat pins)/220V European (round sockets with two round pins)
- 24hr room service
- Inclusive internet access Wi-Fi

## Public areas

### RECEPTION

140 sq.m. / 1 507 sq.ft. - Reception/concierge desk, excursions desk, ship's administrative services, sales office, 50 sq.m. - 538 sq.ft shop

### LOUNGES

- **Main lounge:** 200 sq.m. / 2 153 sq.ft. than can accommodate all our passengers at once for moments of shared conviviality, and as a venue for both daytime and evening shows and entertainment
- **Blue Eye lounge:** Multisensory underwater lounge that can accommodate 40 guests
- **Panoramic lounge:** Library, internet space, bar, and live entertainment on certain evenings with direct access to the panoramic terrace

### RESTAURANTS

- **Grill restaurant:** Capacity: 70  
Grilled meats and a variety of salads and desserts. Views out over the pool deck
- **Panoramic restaurant:** Capacity: all passengers. Buffet & table service, wine cellar. Wide open on the outside.

### RECREATION / RELAXATION

- **Hydraulic platform:**  
Much easier onboard access than on any other cruise ship: easier disembarking and embarking by zodiac when participating in expeditions; swimming and bathing in the sea and various nautical sports, such as kayaking and paddleboarding
- **Pool deck:**  
A swimming pool offering panoramic views and equipped with a counter-current system; a pleasant, attractive sun deck; an exterior bar and lounge equipped with armchairs and sofas
- **Theatre:**  
Capacity: 188 seats. Cutting-edge audio and lighting technology; LED stage background wall enabling the projection of ultra-high resolution media
- **Wellness area:**  
Spa in partnership with SOTHYS™: massage and treatment cubicles, beauty care cubicle; KÉRASTASE, L'Oréal Paris hair salon; free access sauna; gym



# Discover your Stateroom

## OWNER'S SUITE

45 sq.m + 40 sq.m. private terrace\* with hot tub and sliding bay windows  
484 sq.ft + 430 sq.ft. private terrace\* with hot tub and sliding bay windows

(\*30 sq.m. of private terrace aboard *Le Lapérouse* and *Le Champlain* - 323 sq.ft. of private terrace aboard *Le Lapérouse* and *Le Champlain*)



## 3 GRAND DELUXE SUITES

45 sq.m + 30 sq.m. private terrace and sliding bay windows  
484 sq.ft + 323 sq.ft. private terrace and sliding bay windows



## 4 PRIVILEGE SUITES

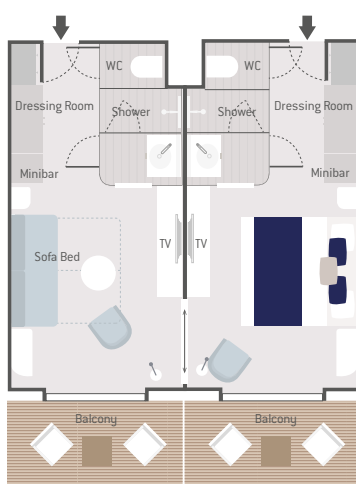
32 sq.m + 8 sq.m. private balcony with sliding bay window  
344 sq.ft + 86 sq.ft. private balcony with sliding bay window



(\*except aboard *Le Lapérouse* and *Le Champlain*)

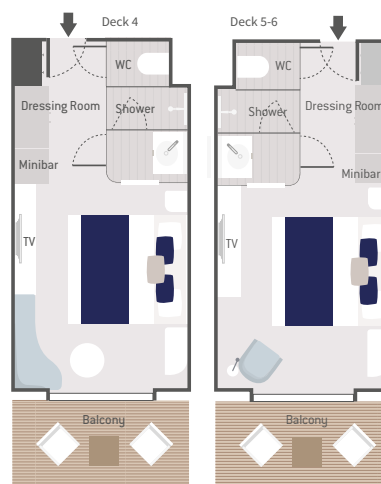
## 18 PRESTIGE SUITES

38 sq.m + 8 sq.m. private balcony with sliding bay window  
409 sq.ft + 86 sq.ft. private balcony with sliding bay window



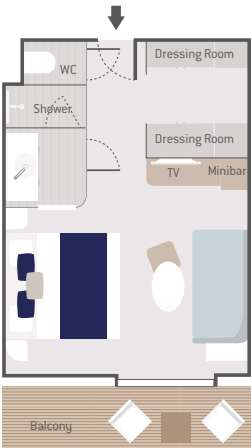
## 66 PRESTIGE STATEROOMS

19 sq.m + 4 sq.m. private balcony with sliding bay window  
204 sq.ft + 43 sq.ft. private balcony with sliding bay window



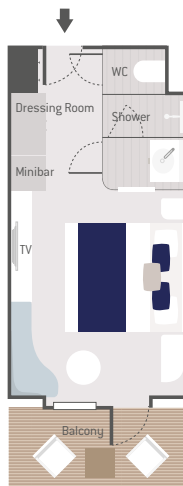
## 5 DELUXE SUITES

27,5 sq.m + 6 sq.m. private balcony with sliding bay window  
291 sq.ft + 65 sq.ft. private balcony with sliding bay window



## 13 DELUXE STATEROOMS

19 sq.m + 4 sq.m. private balcony with French window  
204 sq.ft + 43 sq.ft. private balcony with French window



Visit *Le Lapérouse*  
by scanning  
this pictogram



# *Le Commandant Charcot*

Like the 'gentleman of the poles' it is named after, this new ship takes cruise guests to visit the planet's last remaining untouched regions in both comfort and elegance. Its purpose and mission is to explore the poles with humility and a spirit of adventure.





## IN DETAIL

Length: 150 m  
Width: 28 m  
Draft: 10 m  
Average cruising speed: 15 knots

Number of staterooms and suites: 123  
Crew members: 215  
Installed electrical power: 42 MW  
Year of delivery: 2021





# An extreme polar exploration ship

Both on board and on land, *Le Commandant Charcot* is a concentrated blend of the equipment, people and knowledge essential to our global vision of sustainable development. **This responsible concept** comprises a hybrid propulsion system (liquified natural gas and electric batteries) never before seen in the polar regions; cutting-edge onboard technologies, waste and wastewater treatment systems; the creation of unique and never before available itineraries, and preliminary contact with local populations and polar organisations before cruises take place. *Le Commandant Charcot*, a ship in harmony with nature, **takes you beyond the polar circles** in complete safety and comfort. These wild, unspoiled lands are so strange and unknown that they turn your perception of the world upside

down and cause you to question your senses. In addition to cruise guests in search of the absolute, the ship is also designed to carry scientists. The two research laboratories on board enable the collection of data about the ice, the water and the fauna for use in furthering our knowledge about the poles. Cruise guests can also play an active role in this research through the use of special dedicated tools. **The onboard polar experience is enhanced through a range of exceptional services** and facilities such as the Blue Lagoon, an outdoor pool heated by via energy recuperation; the Snowroom, an invigorating snow bath to try immediately after the sauna; and a circular promenade deck equipped with heated benches and spotting scopes.

## Amenities

- Private balcony for all our Cabins and Suites
- Terrace for the Duplex Suites and the Owner's Suite
- Butler service and priority boarding: Owner's Suite, Duplex Suites, Privilege Suites and Grand Prestige Suites
- Individually controlled airconditioning
- Stateroom layout: king-size bed, or twin beds, communicating staterooms available, children welcome
- Minibar and 24hr room service
- Satellite TV channels (availability dependent on navigation); selection of videos on demand
- Bose™ Bluetooth speaker
- Safe
- Selection of Dyptique Paris top-of-the-line bath products
- Dressing table, bath robes, hairdryer
- Direct line telephone
- 110V American (two flat pins)/220V European (round sockets with two round pins)
- Internet access Wi-Fi

## Public areas

### RECEPTION

270 sq.m. / 2 906 sq.ft. reception space; the expeditions desk; the onboard administrative services; the sales office run by our reception and voyages manager; the photo area – *Studio PONANT*

### LOUNGES

- **Main lounge:**  
313 sq.m. / 3 369 sq.ft. Main Lounge - 24 sq.m. / 258 sq.ft; cigar Lounge; a tea room and bar with a programme of live music on certain evenings
- **Observation lounge:**  
bar and a 262 sq.m. / 2 820 sq.ft. observation lounge; library; reading area; live entertainment
- **Inneq outdoor bar** where you can enjoy a varied and refined range of sweet and savoury food throughout the day
- **Detox bar** with sofas and armchairs
- **A giant firepit (Inneq - le feu)**, you can enjoy the polar landscapes in complete comfort

### THE RESTAURANTS

- **Nuna Gastronomic restaurant:**  
484 sq.m. / 5 209 sq.ft. Breakfasts, lunches and dinners; French and international cuisine; fine wine cellar

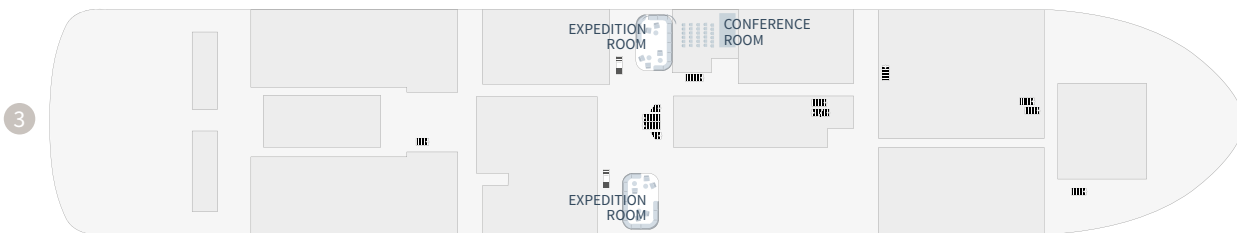
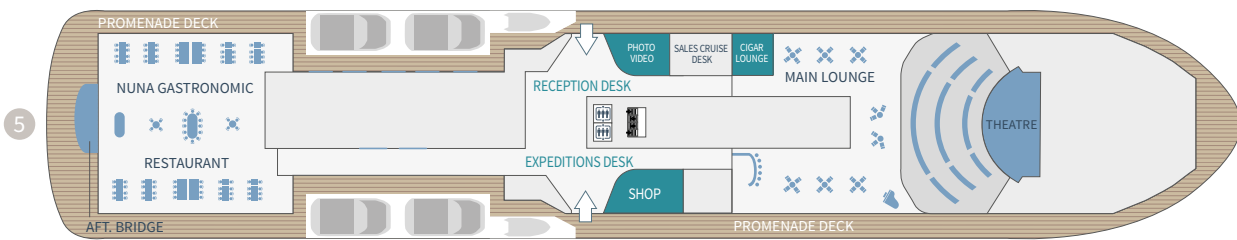
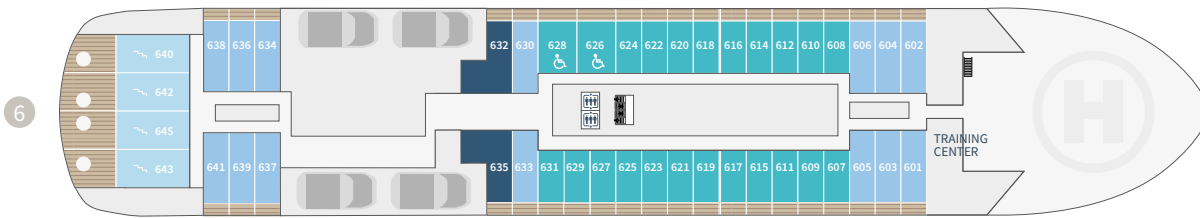
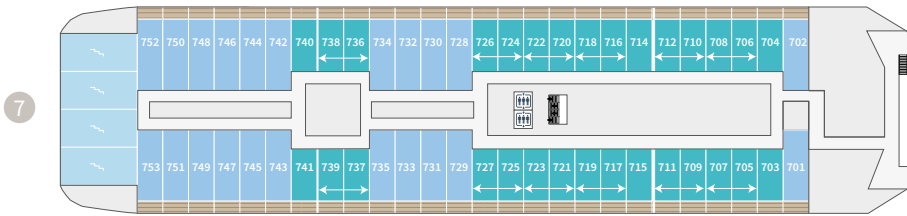
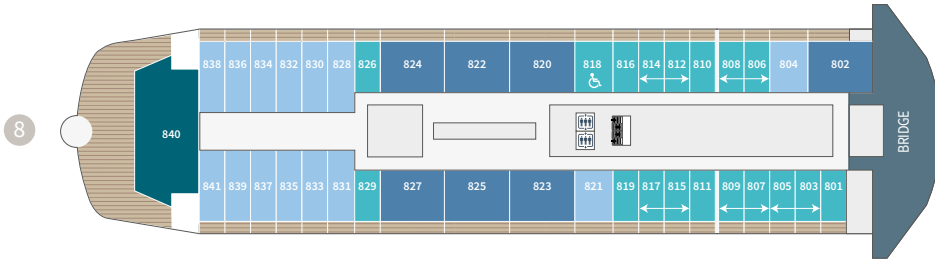
### Sila restaurant:

320 sq.m. / 3 444 sq.ft. Outside capacity Grill: 62. Outside capacity: 142; breakfasts, buffet lunches and themed dinners

### RECREATION / RELAXATION

- **Promenade deck:**  
An uninterrupted outdoor promenade deck. This means you can walk around the entire ship and get to the bow, unlike most passenger ships
- **14 Expedition zodiacs**
- **Expeditions and conferences rooms**
- **Wellness area:**  
430 sq.m. / 4 628 sq.ft. - Spa *Biologique Recherche* (3 massage and beauty cubicles, a nail salon, 2 lounges with sea view to to wait or relax after a session); hair salon with Davines products; sauna; snow Room; gym with a dedicated coach
- **Swimming pool area :**  
Heated indoor swimming pool with countercurrent swimming and a superb skylight thanks to its large glass roof; sunroom with large external-facing windows; detox bar with sofas and armchairs
- **Theatre:** Capacity for 270. Library; public areas

# Deck Plans

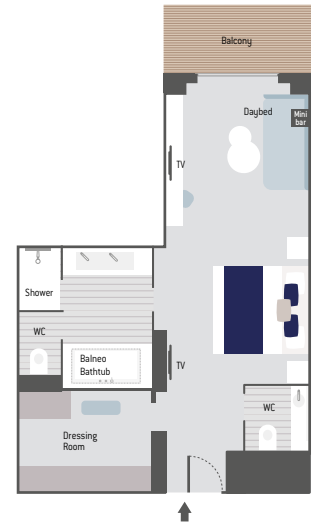
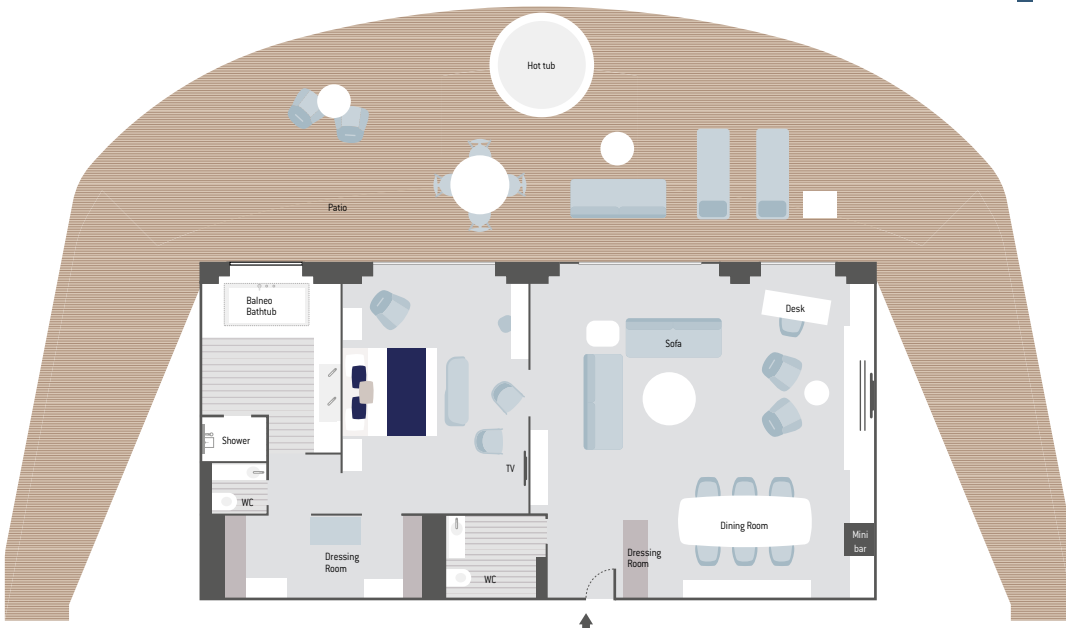


- Owner's Suite
- Grand Prestige Suites Deck 6
- Deluxe Suites Deck 6 - 7 - 8
- Duplex Suite
- Prestige Suites Deck 7 - 8
- Prestige Staterooms Deck 6 - 7 - 8
- Privilege Suites Deck 8

# Discover your Stateroom

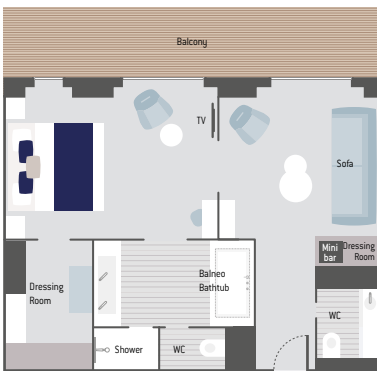
**OWNER'S SUITE** 115 sq.m. +186 sq.m. private terrace with hot tub - Balneo bathtub  
1 237 sq.ft. + 2 002 sq.ft. private terrace with hot tub - Balneo bathtub

**2 GRAND PRESTIGE SUITES**  
42 sq.m. + 5 sq.m. private balcony  
452 sq.ft. + 54 sq.ft. private balcony



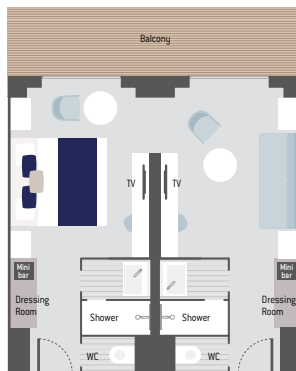
## 7 PRIVILEGE SUITES

48 sq.m. + 12.5 sq.m. private balcony - Balneo bathtub / 516 sq.ft. + 134.5 sq.ft. private balcony - Balneo bathtub



## 17 PRESTIGE SUITES

40 sq.m. + 10 sq.m. private balcony  
430 sq.ft. + 107 sq.ft. private balcony



## 4 DUPLEX SUITES

94 sq.m. + 26 sq.m. private terrace with hot tub - Balneo bathtub / 1 011 sq.ft. + 279 sq.ft. private terrace with hot tub - Balneo bathtub



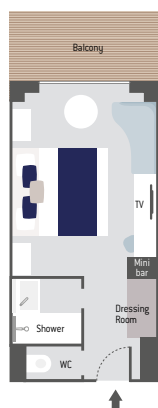
## 50 DELUXE SUITES

28 sq.m. + 5 sq.m. private balcony  
301 sq.ft. + 53 sq.ft. private balcony



## 71 PRESTIGE STATEROOMS

20 sq.m. + 5 sq.m. private balcony  
215 sq.ft. + 53 sq.ft. private balcony



Visit  
*Le Commandant Charcot*  
by scanning  
this pictogram



# *Paul Gauguin*

If we had to depict the perfect Garden of Eden, French Polynesia and the islands of the South Pacific would undoubtedly provide the most beautiful images. It is in the wild, picture-postcard beauty of the coves of these islands that our ship will moor at as we encounter and explore fascinating cultures.





## IN DETAIL

Length: 156 m  
Width: 22 m  
Draft: 5.15 m  
Average cruising speed: 18 knots

Number of staterooms and suites: 165  
Crew members: 209  
Propulsion: Diesel electric  
Year of delivery: 1998, renovated in 2021



# A dream getaway in the South Pacific

Tahiti, Moorea, Bora Bora, the Marques Islands, Rarotonga, Aitutaki, Fiji, Tonga: islands whose very names are as evocative of the exotic as is the splendour of their scenery. Their seas of myriad blues, their tropical forests and the thousand-year-old cultures kept alive by their inhabitants have shaped their myths and made them a destination capable of fully satisfying every desire for escape and getting away from it all. As a ship specially designed for sailing in the shallow waters of the South Pacific, *Paul Gauguin* is able to approach **hidden bays and lagoons**, thus providing idyllic conditions in which to enjoy scuba diving, water sports and shore excursions in these spectacular natural surroundings. Onboard, the **design and the decor,**

**which have been entirely reworked to pay homage to the tropics,** contribute to the sense of being immersed in this calmingly soothing scenery via an indoor/outdoor effect. The warm, friendly ambiance of Polynesia extends onboard the ship itself. Because the best way of fully immersing yourself in a culture is by meeting the people who live and breathe it, you will be accompanied by our Polynesian hosts throughout your cruise. **Famously depicted by Gauguin in his paintings, they will pass their *joie de vivre* and *savoir-faire* on to you** through their traditional dances and jewellery making, and by teaching you their language.

## Amenities

- 160 cm queen-size bed (except cabins with two single beds; some cabins also have a folding bed). Suites and category B have a 180 cm king size double bed
- Minibar
- 110 V/220 V electrical sockets
- Flat-screen TV, CD/DVD player
- Telephone
- Safe
- Individual air conditioning
- Marble bathroom with bathtub (except seven cabins with shower only)
- Algoterm toiletries and hairdryer
- Courtesy cotton robes and slippers
- 24-hour service
- Butler service for the Owner's Suites, the GRAND GS Suites, Veranda A and B Suites.
- Free Wi-Fi access

## Public areas

### RECEPTION AREA

Reception, excursion office, concierge service, administrative services

### LOUNGES

- **Main Lounge / Theatre:** Hosts traditional shows featuring Polynesian singers and dancers and the sounds of percussion instruments and guitars
- **La Palette lounge bar:** Open to the exterior, equipped with a piano, and featuring a rota of artists to get you up and dancing

### RESTAURANTS

- **L'Etoile gastronomic restaurant:**  
Seating capacity: 214  
Dinner only – Table service
- **La Véranda panoramic restaurant:**  
Seating capacity: 108 inside and 36 outdoors  
Open for breakfast, lunch and dinner (reservation required)

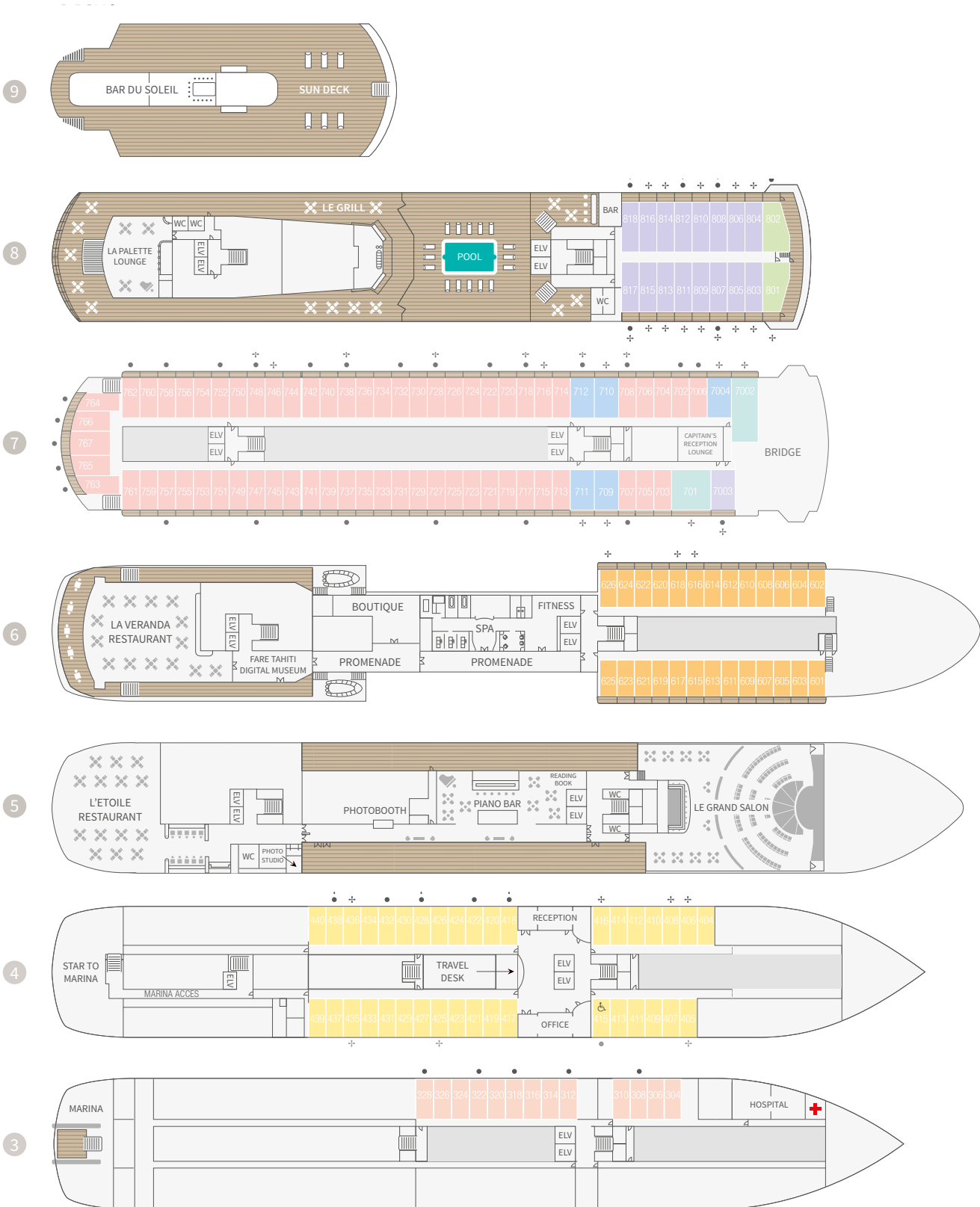
Transforms into an elegant bar serving dishes created by Michelin-starred chef Jean-Pierre Vigato in the evening

- **Le Grill:** Seating capacity: 96 in the open air by the pool; open for breakfast, lunch and dinner (Polynesian specialities available by prior reservation); buffet (grilled food, salads and fresh tropical fruit)

### LEISURE

- **The pool and its bar:** With its water delightfully merging into the surrounding scenery, the pool is the ideal place for spending relaxing moments in the sun. The bar next to it serves refreshments throughout the day
- **Wellness space:** Algoterm spa offering treatments and massages featuring the use of marine cosmetics; hairstyling services also provided. Fitness centre for those who like to keep in shape
- **La Boutique:** Tahitian black pearl jewellery, ready-to-wear fashions, beachwear, souvenirs, toiletries...
- **Fare Tahiti digital museum:** An immersive experience of Polynesian culture

# Deck Plans



- OS Owner's Suite  
Deck 7 (3)
- GS Grande Suite  
Deck 8 (2)
- A Veranda Suite  
Deck 7 (5)

- B Veranda Cabin  
Deck 8 (16)
- C Cabin with balcony  
Deck 7 (63)
- D Cabin with balcony  
Deck 6 (26)

- E Window Stateroom  
Deck 4 (37)
- F Porthole Stateroom  
Deck 3 (13)

- Denotes stateroom with two twin beds that convert to a queen. Stateroom 801 offers a king-size bed.
- + Denotes stateroom with triple occupancy.
- ♿ Stateroom 415 is wheelchair accessible.

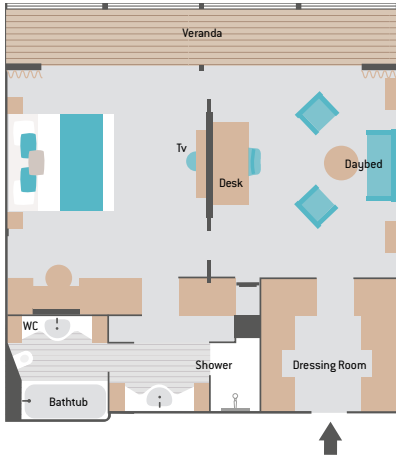
Suites and staterooms range from 200 to 588 square feet. This measurement includes balconies and verandas in categories D and above.



# Discover your Stateroom

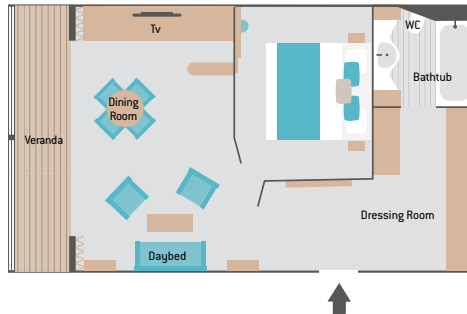
## OWNER'S SUITE 701

42 sq.m. + 7 sq.m. veranda / 457 sq.ft. + 77 sq.ft.  
The bathroom boasts a separate shower and a dressing area.



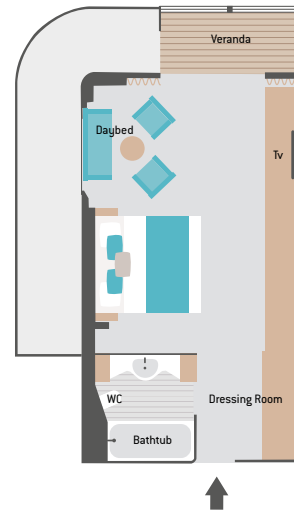
## OWNER'S SUITE 7002

49 sq.m. + 5 sq.m. veranda / 531 sq.ft. + 57 sq.ft.  
The bathroom boasts a bathtub and a dressing area.



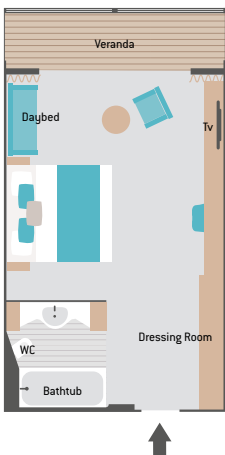
## GS GRAND SUITE

30 sq.m. + 18 sq.m. veranda / 332 sq.ft. + 197 sq.ft.  
Two suites available: the Paul Gauguin Suite (801) and the Flora Tristan Suite (802).



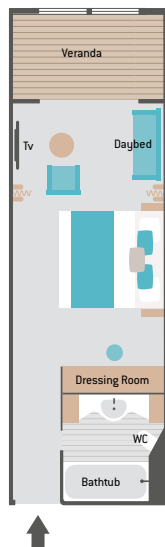
## A VERANDA SUITE

28 sq.m. + 5 sq.m. veranda / 300 sq.ft. + 58 sq.ft.  
Suites available: Tahiti Suite (709), Pont Aven Suite (710), Atuona Suite (711), Arles Suite (712).



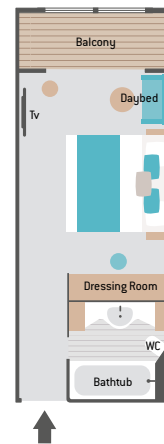
## B VERANDA STATEROOM

24 sq.m. + 5 sq.m. veranda / 249 sq.ft. + 56 sq.ft.  
Cabin 7003 has a shower cubicle and a double bed.



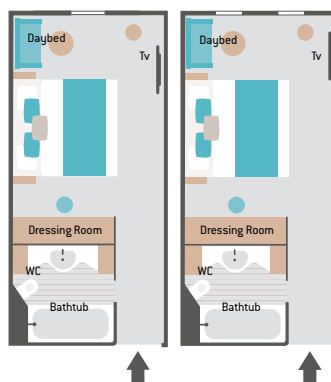
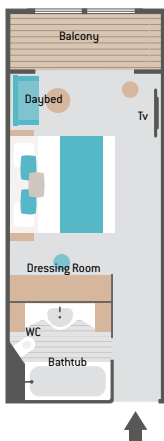
## C BALCONY STATEROOM

19 sq.m. + 3 sq.m. balcony / 202 sq.ft. + 37 sq.ft.  
Balcony Staterooms 708, 716, 718, 728, 738, 746 and 748 can accommodate a third guest in a loveseat convertible. Stateroom 7006 features a very small bathroom with shower only. Staterooms 763, 764, 765, 766 and 767 vary in size and feature shower stall with no tub.



## D BALCONY STATEROOM

19 sq.m. + 3 sq.m. balcony / 202 sq.ft. + 37 sq.ft.  
The following Balcony Staterooms can accommodate a third guest in a loveseat convertible: 616, 618 and 626.



## E WINDOW STATEROOM F PORTHOLE STATEROOM

19 sq.m. / 200 sq.ft. The following Window Staterooms can accommodate a third guest in a loveseat convertible: 405, 406, 408, 416, 418, 425, 428, 435, 436 and 438.

Discover Paul Gauguin by scanning this pictogram





# Le Ponant

Our entirely redesigned and refitted iconic yacht has been transformed into a floating world of refined comfort that redefines the very notion of luxury yachting. Come and hoist the sails with us and blaze new trails in the Mediterranean.



## IN DETAIL

**Length:** 88 m

**Width:** 12 m

**Draft:** 4 m

**Number of masts:** 3

**Total sail area:** 1212 m<sup>2</sup>+ 1000 m<sup>2</sup> spinnaker

**Number of staterooms and suites:** 16

**Crew members:** 33

**Hybrid propulsion:** sails, electric batteries, diesel engines

**Year of delivery:** 1991, renovated in 2021



# Our historic yacht

It's through it that the **PONANT** adventure began more than 30 years ago. It's through it that a new era in sailing-ship cruising is beginning in 2022. Completely refurbished to combine the comfort of an exclusive luxury cruise with the pleasure of yachting. Authentic, intimately sized and dedicated to pleasure: in its new livery, **Le Ponant is redefining the very concept of cruising** along on the water in style. Enjoy the added luxury of more spacious cabins and share moments of complicit delight with a highly attentive crew on hand to see to your every

need. Whether you are passionate about sailing or simply a lover of the *dolce vita*, you will get to experience the pleasure of harmoniously reconnecting with the elements amidst spectacular scenery. Prepare to be surprised by a range of fine gastronomy and a wide variety of water-based leisure activities. **Through its hybrid propulsion system**, *Le Ponant* guarantees unique moments of navigation conducted in harmony with the regions traversed and with complete respect for the ecosystems that inhabit them.

## Amenities

- Individual air-conditioning
- Double bed (180 cm x 200 cm) or two single beds (90 cm x 200 cm), depending on the cabin; adjoining cabins possible (child-friendly cruises)
- Minibar
- Flat-screen TV with satellite channels
- Bose™ bluetooth speaker
- Desk with writing paper
- Electronic safe
- Selection of Hermès® bath products
- Dressing table and hairdryer
- Direct phone line by satellite
- 110/220 volt electricity supply
- 24-hour room service
- Unlimited free Wi-Fi

## Public areas

### RECEPTION

### LOUNGES

- **Emeraude bar and lounge:** library, tearoom, bar, and live entertainment on certain evenings. Access to the outdoor terrace
- **The outdoor bar:** lounge area

### RESTAURANT

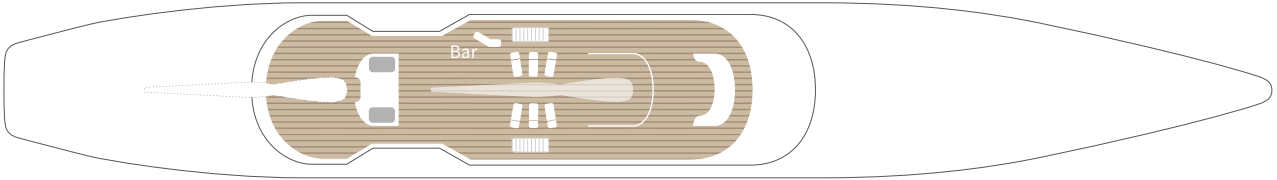
- **Le Diamant:**  
Seating capacity: 34. Panoramic restaurant serving breakfast, lunch (buffet) and dinner (gastronomic menu). Refined organic cuisine made with local ingredients, and a range of fine food and drink products

### LEASURES

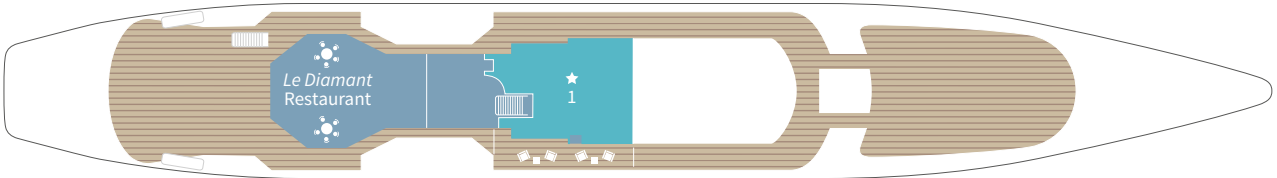
- **The wellness space:**  
Spa: massage cabin and Biologique Recherche care products. Fitness centre with dedicated fitness coach  
Yoga sessions
- **Seawater pool**
- **Four kayaks plus stand-up paddleboard**
- **Snorkelling and fishing** equipment
- **Diving equipment** (for a group of four people)
- Equipment for children (noodles, rings, armbands and safety equipment)
- Bicycles

# Deck Plans

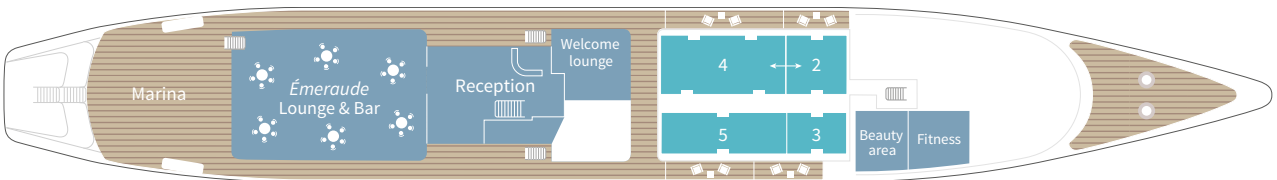
SUN DECK



ZEPHYR DECK



ALIZES DECK



MISTRAL DECK

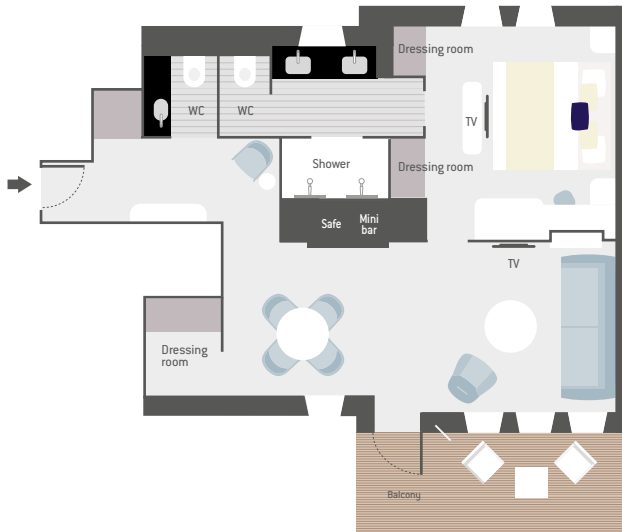


- |   |  |
|---|--|
| <b>1</b> Owner's Suite                      | <b>6 &amp; 16</b> Mistral Staterooms                         |
| <b>2</b> Alizes Stateroom                   | <b>7, 9, 12, 14, 15 &amp; 17</b> Mistral Prestige Staterooms |
| <b>3 &amp; 5</b> Alizes Prestige Staterooms | <b>8 et 11</b> Mistral Junior Suites                         |
| <b>4</b> Alizes Privilege Suite             | <b>10</b> Mistral Prestige Suite                             |
| <b>4 + 2</b> Alizes Grand Privilege Suite   |  |

# Discover your Stateroom

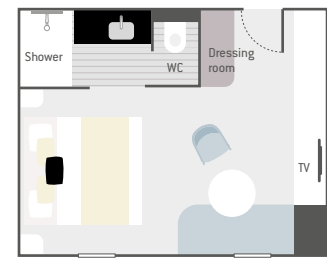
## OWNER'S SUITE

(47 sq.m. / 506 sq.ft. + 9 sq.m. / 97 sq.ft. private balcony)



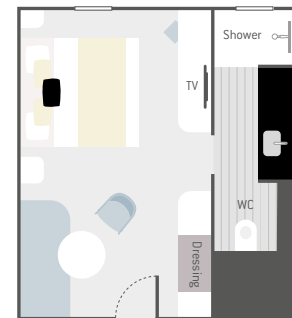
## MISTRAL PRESTIGE SUITE

(27 sq.m. / 291 sq.ft. + porthole)



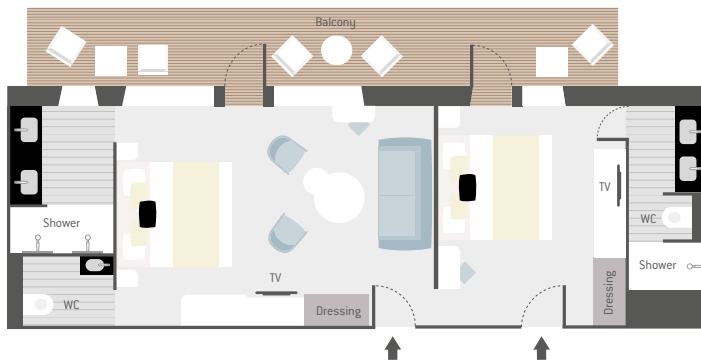
## MISTRAL JUNIOR SUITE

(22 sq.m. / 237 sq.ft. + porthole)



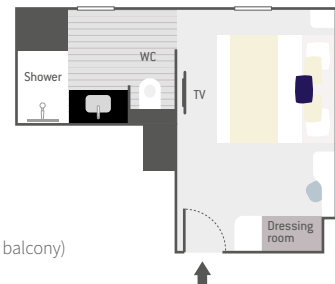
## ALIZES GRAND PRIVILEGE SUITE

(49 sq.m. / 527 sq.ft. + 13 sq.m. / 140 sq.ft. private balcony)



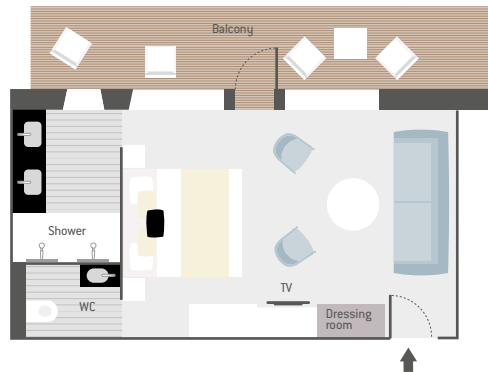
## MISTRAL PRESTIGE STATEROOM

(16 sq.m. / 172 sq.ft. + porthole)



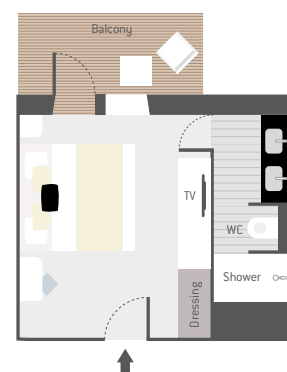
## ALIZES PRIVILEGE SUITE

(30 sq.m. / 323 sq.ft. + 9 sq.m. / 97 sq.ft. private balcony)



## ALIZES STATEROOM

(19 sq.m. / 205 sq.ft. + 4 sq.m. / 43 sq.ft. private balcony)



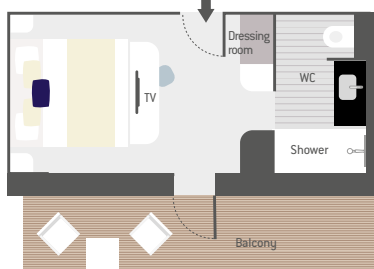
## MISTRAL STATEROOM

(14 sq.m. / 151 sq.ft. + porthole)



## ALIZES PRESTIGE STATEROOM

(16 sq.m. / 172 sq.ft. + 8 sq.m. / 86 sq.ft. private balcony)



Visit *Le Ponant*  
by scanning  
this pictogram



# Formalities

## FOR ALL CRUISES

The information below is current but subject to change at any time without advance notice from government authorities. Please consult your respective government agencies for visa and health information.

The identity card valid for three (3) months after the end of your stay is sufficient to travel within the Schengen area. Passport valid for at least six (6) months beyond the completion of your trip. Passport must contain at least two completely clear, blank, unused visa pages for each visa required, not including any amendment pages. Visa pages with stains or ink from other pages in the passport are not usable. Guests who deviate from the scheduled embarkation or disembarkation port should research the foreign entry requirements for the port country. Due to government regulations, regrettably, Ponant will have to deny boarding to any guest who fails to obtain the appropriate travel documentation for this trip.

Before departure, a medical questionnaire will be sent to you by e-mail. You will be asked to return it duly completed 45 days before the start of your cruise.

## SPECIFIC FORMALITIES

### ARCTIC

#### L'AUSTRAL

KANGERLUSSUAQ • KANGERLUSSUAQ 12th and 25th July, 10th August 2023 <sup>(3)</sup>

NOME • VANCOUVER 18th September 2023 <sup>(1)(3)</sup>

#### LE BORÉAL

KANGERLUSSUAQ • NOME 31st August 2023 <sup>(1)(3)</sup>

#### LE COMMANDANT CHARGOT

REYKJAVÍK • REYKJAVÍK 5th, 15th and 25th May, 8th June 2023 <sup>(4)</sup>

REYKJAVÍK • LONGYEARBYEN 22th June 2023 <sup>(4)</sup>

LONGYEARBYEN • LONGYEARBYEN 10th, 27th July and 11th August 2023 <sup>(4)</sup>

LONGYEARBYEN • REYKJAVÍK 26th August 2023 <sup>(4)</sup>

REYKJAVÍK • NOME 11th September 2023 <sup>(1)(3)(4)</sup>

#### LE BELLOT

REYKJAVÍK • TORONTO 20th August 2023 <sup>(3)</sup>

TORONTO • MILWAUKEE 4th September 2023 <sup>(1)(2)</sup>

MILWAUKEE – TORONTO 11th September and 9th October 2023 <sup>(1)(3)</sup>

TORONTO – GLOUCESTER 16th October 2023 <sup>(1)(2)</sup>

#### LE DUMONT-D'URVILLE

MILWAUKEE • TORONTO 16th October 2023 <sup>(1)(3)</sup>

TORONTO • GLOUCESTER 23rd October 2023 <sup>(1)(2)</sup>

TORONTO • MILWAUKEE 28th August and 9th October 2023 <sup>(1)(2)</sup>

(1) **USA:** depending on your nationality, an ESTA or Visa may be required. Please contact USA consulate website for details. A copy of your visa or ESTA must be sent to PONANT at the very latest 45 days prior to your cruise date. In case the ESTA is sufficient to enter the USA, we also ask you to keep a copy of your ESTA with your passport throughout the duration of your trip.

(2) **Canada:** entry (or transit) by air - The ETA is required for Australian and British citizens, US citizens are exempt. Other nationalities, please contact Canada consulate website for details. <http://www.canada.ca/en/index.html>. A copy of your visa or ETA must be sent to PONANT at the very latest 45 days prior to your cruise date. In case the ETA is sufficient to enter Canada, we also ask you to keep a copy of your ETA with your passport throughout the duration of your trip.

(3) **Canada:** travel by sea - The eTA is not required for US, Australian and British citizens. Other nationalities: a Visa may be required, please contact Canada consulate website for details. <http://www.canada.ca/en/index.html>

(4) Please note that for polar plunge and ice floating, an EKG (electrocardiogram) by your general practitioner in addition to the PONANT medical questionnaire will be required.

Also, for persons under 18 wishing to take part in these activities as well as kayaking, a sworn statement from the parents or legal guardians that they are able to swim will be asked. A parent or legal guardian must be present at the time of the activity.

### ATLANTIC AND NORTHERN EUROPE

#### LE LYRIAL

DAKAR • SANTOS 14th October 2023 <sup>(1)(2)</sup>

(1) **Saint Helena & Ascension Islands:** no visa required for a transit call (entry/exit by sea). Note that citizens of the following countries are not permitted to come ashore on Ascension: Belarus, China, Egypt, Hong Kong, Iran, Libya, Macau, North Korea, Russia, Syria, Taiwan, Ukraine, and Vietnam. You must be able to produce evidence (written in English) of holding comprehensive medical insurance including repatriation.

(2) **Brazil:** should you need a visa for Brazil, we strongly recommend you start the necessary application process early.

### MEDITERRANEAN

#### LE CHAMPLAIN

AQABA • VALLETTA 15th APRIL 2023 <sup>(1)(2)(3)</sup>

ATHENS • AQABA 29th October 2023 <sup>(2)(3)</sup>

#### LE JACQUES-CARTIER

ATHENS • ISTANBUL 2nd August 2023 <sup>(1)</sup>

NICE • ANTALYA 24th October 2023 <sup>(1)</sup>

ANTALYA • AQABA 3rd November 2023 <sup>(1)(2)(3)</sup>

#### LE LYRIAL

ATHENS • ISTANBUL 6th July 2023 <sup>(1)</sup>

ISTANBUL • ISTANBUL 13th and 24th July 2023 <sup>(1)</sup>

ISTANBUL • VENICE 4th August 2023 <sup>(1)</sup>

(1) **Turkey:** note that some nationalities are required to get a visa for Turkey. The visa can be obtained online at <https://www.evisa.gov.tr/en/>.

(2) **Egypt:** Visa delivered and charged onboard (25€ to date subject to change). This visa is valid for 30 days.

(3) **Jordan:** a visa is mandatory (current cost 40 JOD). The visa is included for guests participating in a PONANT pre or post-cruise programme. In order to secure your visa, please send a copy of your passport to PONANT 30 days prior to your cruise departure.

The validity of those visas are restricted to the duration of PONANT pre and post cruise programs. Groups of tourists visiting Jordan for a minimum stay of 2 consecutive nights and arriving through Amman Airport, whose programme has been organised by a Jordanian agency, benefit of a complimentary visa on condition that they are met by the local Jordanian agency at the airport. Please note that rules and regulations regarding visa subject to change by the government without any prior notice. Guests not participating on PONANT pre or post cruise programs will have to pay for the visa at the arrival or departure airport. Double entry visas can be obtained prior to the cruise and have a validity of 3 months.



## ASIA, OCEANIA AND PACIFIC

### LE SOLEAL

**BROOME • DARWIN** 29th June, 19th July, 8th and 28th August, 17th September, 7th October 2023

**DARWIN • BROOME** 19th June, 9th and 29th July, 18th August, 7th and 27th September 2023

### LE LAPÉROUSE

**BROOME • DARWIN** 24th April 2023, 3rd June, 22th August, 1st October 2023

**DARWIN • BROOME** 4th, 24th May, 13th June, 3rd and 23th July, 12th August, 1st, 21st September 2023

**Australia:** an Electronic Travel Authority (ETA) must be obtained before your arrival in Australia. For more information, please visit [www.australia.gov.au/information-and-services/immigration-and-visas](http://www.australia.gov.au/information-and-services/immigration-and-visas). Carriers should be aware that there will not be any physical evidence in your passport. A copy of your ETA must be sent to PONANT at the latest 45 days prior to your cruise date.

We also ask you to keep a copy of your ETA and keep it with your passport throughout the duration of your trip.

Australian customs regulations are very strict, especially for the import of food items such as fresh food (even sealed), fruits, eggs, meat, plants, vegetables, seeds, grains. Fur and feathers are also forbidden. We highly recommend you consult this website for further details: [www.australia.gov.au/information-and-services/immigration-and-visas/customs-clearance](http://www.australia.gov.au/information-and-services/immigration-and-visas/customs-clearance).

### LE PAUL GAUGUIN

For all departures on board Paul Gauguin

**USA:** should your flight transit via the USA, a visa or ESTA may be required. Please contact USA consulate website for details. Kindly print out a copy of your ESTA and keep it with your passport.

## IMPORTANT INFORMATION

### Visas:

Before departure, please check carefully that your visas are valid for the right date and time spent in the countries in order to avoid unpleasant situations.

### Warning about the use of drones:

The use of drones aboard PONANT ships, whether they are sailing at sea, at a port of call or anchored, is strictly forbidden. The use of drones on land in the Arctic and Antarctic regions is also strictly forbidden by international polar regulations. In other regions, it may be possible to use drones on land if

permission has been obtained from the relevant authorities of each country and each region travelled through, as well as a pilot's licence that should be obtained from your home country. Passengers are responsible for obtaining these permits; they should be able to present them at all times. Passengers who do not obtain these authorizations expose themselves to the risk of legal proceeding.

### Medication:

If you have a medical treatment, do not forget your prescription.

## POLAR EXPEDITION CRUISE

- Complimentary polar parka: For all cruises marked with the logo "parka gift", a PONANT polar water-resistant parka is offered (adult sizes only - in case of consecutive cruises, only one parka per person).
- Complimentary boots hire: Boot rental will be offered onboard (for adults only) on Expedition cruises where the logo "Free Boot Rental" appears.
- Ports of call, visited sites, outings and landings will depend on weather conditions, position of ice, winds and the state of the sea. These can force a change of plans at any time. The Captain and the Expedition Leader may at any time cancel or stop any activity, or even modify the itinerary. The final itinerary will be confirmed by the Captain, who will take into account

the touristic quality of the sites and above all, the safety of the passengers. His decision will be based on advice from experts and authorities.

- Travelling to polar/isolated regions is an exhilarating experience in remote areas: please remember that you are far from modern hospitals with full medical facilities, thus evacuation is extremely expensive. Without adequate medical coverage, all expenses will have to be immediately paid with your personal funds. We urge you to subscribe to full coverage insurance, choose your insurance company very carefully, be extremely vigilant and ensure your insurance is fully comprehensive, especially if you are insured by your credit card. PONANT offers an insurance contract with extensive guarantees, please contact us for more information.



## FOR CRUISES OFFERING SCUBA DIVING

Passengers may take part in scuba diving activities, providing certain conditions are respected, in line with the applicable health, scientific and medical conditions in force on the day of the dive.

Passengers who wish to scuba dive are required to provide the onboard diving monitor with a valid medical certificate authorising them to scuba dive, as well as their certification card and their up-to-date dive log. Within the context of the health measures relating to Covid-19, you will also be required to complete a health declaration. You will be given this form when you pre-book your dive.

For yachting cruises, The minimum level required for scuba diving is 1 star CMAS or the PADI Open Water Diver (or equivalent). The certification card, the diving log book and a recent medical certificate (less than 12 months)

must be presented at the beginning of the cruise to our main diving instructor.

For expedition cruises, The minimum level required for scuba diving is 2 star CMAS or the PADI Advanced Open Water Diver (or equivalent). The certification card, the diving log book and a recent medical certificate (less than 12 months) must be presented at the beginning of the cruise to our main diving instructor.

Process of the dives (certified divers): Mask and snorkel: for health reasons due to Covid-19, we strongly recommend that you come on board with your own mask and snorkel. As an exception, you will be able to borrow them in accordance with sanitary conditions.



Discover the general conditions of sale by scanning this pictogram

Discover the particular conditions of sale by scanning this pictogram



# PONANT's experience recognised

Our unique cruise concept, the quality of our fleet and our services have been repeatedly praised by industry professionals.

**“Best Cruise Company”**  
awarded at **the Travel d'Or 2022**



*Le Commandant Charcot* winner of the prize  
**Expedition Cruise Ship of the Year 2021**  
during the 15th Edition of the Seatrade Cruise Awards



**Guide Berlitz cruising 2020**  
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**2019 Cruise Passenger Readers' Choice Awards**  
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See the complete list of our awards on [en.ponant.com](http://en.ponant.com).

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